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APRIL 1975

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Prices quoted on editorial pages are necessarily approximate; most are slightly higher west of the Rockies and in Canada

Cover photograph by Steen Svensson. For more information on our cover see page 189

The News Makers.
(continued)

The knit news is cotton comfort with easy care. Junior fashions and junior prices by Pandora. The bottoms are new NATURAL BLEND™ knits (85% cotton 15% polyester) for comfort and extra performance. Bottoms (5-15) in white, natural, lilac, lime, peach. Shorts, $11. Pants, $19.

Tops of 100% cotton knit (S-M-L) as shown. Tube $6. Sleeved, $8.

The News Stand

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(Southern).....Miller's Outpost
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Florida
Orlando, Tampa,
St. Petersburg..... Robinson's
Georgia
Atlanta.....Davison's
Illinois
Chicago.....Wieboldt's.
Louisiana
New Orleans.....D. H. Holmes
Maine
Augusta.....The Village Shop
Portland.....Porteous Mitchell & Braun Co.
Maryland.....Miss Harper
Massachusetts
Boston.....Filene's
Mississippi
Jackson.....McRae's
New Jersey
Fair Haven.....Tops 'N Bottoms
Newark
and branches.....Hahne & Co.
New Mexico
Albuquerque.....Kistler-Collister
Carlsbad.....Cindy's
New York
Brooklyn.....Abraham & Straus
New York City.....Bloomingdale's
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Akron.....O'Neil's
Oklahoma
Oklahoma City.....Kathryn Lipe's
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NATURAL WONDER
Revlon

Advertisement

Honestly
by Bonne Bell

When I see new lipstick colors, I can't wait to try them. But I've wasted more money that way. They look right in the tube, but not on my mouth, maybe because my lips are dry. What can I do about this?

At Bonne Bell we believe cosmetics should do more than just make you look pretty. Take our Serious Lipstick, for instance. It's a creamy, non-greasy formula with emollients and moisturizing ingredients to help soften dry and chapped lips and help keep them soft. There's even a sunscreen for extra protection. And Serious Lipstick comes in 16 luscious fashion shades, so you can give your lips color and softness.

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If you have any problems we can help you with, write. Bonne Bell, Lakewood, Ohio 44107; or call toll free 1-800-321-9985. In Ohio call collect 216-221-9191.

BONNE BELL

Your Letters

Everything's O.K.

Thanks very much for the article on Olga Korbut (February). I'm sure Olga fans will agree—that was an O.K. article!

Susan Bobek, Omaha, Nebr.

The picture of Olga with makeup and a fancy hairdo is not her. She's beautiful without it. Just her work alone is great.

Sarah Silverfine, Rockaway Park, N.Y.

There is no doubt that Olga Korbut is one of the top gymnasts, but it's time we start showing support for our own women gymnasts—they're there if you only look.

Patricia L. Klug, Freeport, Tex.

You seem to have made a slight mistake in your Russian. You say, "Many stories have been told about Olga's passion for catsup—that she puts it on just about everything. *Nyet!* For Olga, catsup is an unusual treat . . ." *Nyet* is no. *Da,* or yes, seems to be the word you want. **Anne Patnode, Nyack, N.Y.**

Nyet! She loves catsup (new to her), but not on everything!—Ed.

The Real Appalachia

Peggy Sue Hobbs and her family ("Growing Up in Poverty," February) are far better off than hundreds of their fellow Americans not only in Appalachia but in America's "wealthy" cities as well—government aid or no. Please don't misunderstand me. It's obvious that Peggy Sue and her family are poor. She is not dressed in the expensive clothes my parents have been able to buy for me, nor can she hope to attend the college I'll be fortunate enough to enter this fall. But do you really believe that you have shown your readers true *poverty?*

Leslie S. P. Brown, Dayton, Ohio

I live in the heart of Appalachia and am extremely proud of it. It does not have a "dark, sad meaning" but rather individual characteristics that make it fascinating and wonderful.

Jenni Rebeck, Fairmont, W. Va.

After reading the article, I took a new and different look at myself, home and all the things I so often take for granted. Thanks to the people who did the article, because of the insight it gave me. **Betsy Akins, Brooklyn, N.Y.**

Sport Report

I have just read your article on girls' sports (February). I'm a senior, 6 feet 4½ inches, 183 pounds, and on the varsity basketball and football teams. Do you think a girl could outjump me? Outrun me? It's silly for girls to compete with boys in any sport because they are not physically capable of beating us. Now, don't jump down my back and call me a male chauvinist, because I do believe that women are equal to men—but not in all areas. It's not that girls shouldn't play sports—just not with dudes. Sorry, girls, you'll never make it.

Earle Slaughter, Kansas City, Mo.

If a girl can keep up with a particular sport, practices after school and really enjoys it, she has the right to be on that team! My best friend is on the boys' track team and enjoys it very much. I'm also signing up. The boys are really a great help to us. **Barbara Yung, River Edge, N.J.**

Postage Due

In "55 Jobs for You . . . Without College" (February), you have listed our organization as a source of information. However, there is a charge of 50¢ for our brochure, "Training and Careers in Marine Science." We regret we cannot respond to the many letters we are receiving asking for "free" brochures.

F. May Smith, The International Oceanographic Foundation, 10 Rickenbacker Causeway, Miami, Fla. 33149

Tuned Out

I would really like to know what kind of drugs Mary Walters ("Free for All," February) was addicted to. What did she mean, someone dared her to "try it for a week"? One every day? She says when she "tripped" she saw suffering, misfortune, death—yet she needed these drugs for relaxation? She also had to dash home from school to go on her trips. No true addict would leave her drugs at home if she was going to be gone for any length of time, nor could she be "cutting back gradually with the help of friends." No drug known to man could fit into her story. **Kyle Christensen, Dayton, Ohio**

Except one—TV soap. Look again.—Ed.

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The natural you...

and what you should know about contact lenses.

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Time was when a person newly fitted with contact lenses experienced weeks of gradual – and often uncomfortable – adjustment. But with new designs and softer lens materials the break-in period has been shortened, and these newer contact lenses often feel comfortable right from the start.

Contacts are not for everyone.

Contact lenses can't correct every form of vision problem or be worn by everyone, but it's

amazing how many people they *can* help. Some people will not achieve the same degree of vision correction with contact lenses as they do with eyeglasses. Naturally, you must have your eyes examined professionally to determine whether you can benefit from contact lenses. And it's reassuring to know that most common vision problems in healthy eyes that can be corrected with eyeglasses can also be corrected with contact lenses, although your particular eyes will determine which is better.

Easy to care for.

Because contact lenses rest directly on the eye, they must be kept clean and aseptic. Daily lens cleaning and asepticizing are important. These procedures are different for hard lenses and soft lenses, but either process takes only minutes a day. Caring for contact lenses is really no more taxing than good dental hygiene.

An eye examination... where everything starts.

Contact lenses may be right for you – but that can only be determined by having your eyes examined. Millions of people neglect their eyes. A regular professional examination is the best way to protect the priceless miracle of sight. Shouldn't you make a checkup appointment today?

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BRIAN BURDINE

Dear Beauty Editor

Problem-solving answers to the questions you ask

My hair is dry at the bottom, oily near the top. It won't hold a set or keep curled: What can I do?

Laurie B., Cleveland, Ohio

Dear Laurie,
Hair is normally oilier near the roots and drier at the tips. To distribute natural oils along the entire hair shaft, be sure to brush well every day. The ends won't get dry as quickly and the oil distribution will help prevent their splitting. If you have fine hair, use a setting lotion before rolling it up. And remember, small rollers are a curl's best friend.

My legs are not fat, but my inner thigh bulges. Will exercising help?

Nancy M., Sacramento, Calif.

Dear Nancy,
Normal exercise won't help bulges in the inner thighs; you need to do specific exercises to keep the area in shape. Try this exercise each morning: lie on your left side on the floor. Place left hand on the floor for support and right hand on hip. Raise right leg straight up as far as possible then lower slowly. Repeat nine times then change sides. Look for improvement after one month.

How can I make my fat cheeks appear slimmer?

Linda M., San Bernardino, Calif.

Dear Linda,
Stand in front of a mirror; purse your lips to find your natural cheek hollow. In the natural crease, apply bronzer or shader. Use blush just above the bronzer to create the illusion of a well-defined cheek structure; blend well.

I have green eyes, blond hair and a light complexion. I really like the brown eye shadows I've seen on models but are they right for me? What colors are?

Joan S., Far Rockaway, N.Y.

Dear Joan,
To make the most of your blond hair and green eyes, use green shadows which will complement both. New pastels, like peach and apricot, are also good bets. Your coloring is too fair for dark eye shadow; if you wish to use brown shades, try mochas. Keep liner and mascara in the light brown range too.

I am very athletic, usually wear jeans and believe in the natural look. My hair is short and super-curly; I just don't know what to do with it. Any suggestions?

Natalie K., Manchester, N.H.

Dear Natalie,
Being a natural girl is a good reason not to fight natural curls! Keep your hair short; get a good haircut, one that follows the natural patterns of your curls. All you'll have to do is wash, let dry naturally and go.

More on page 18

Among the professionals, Pro•Max™ is ahead by a wide nozzle.

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continued from page 16

Whenever I buy makeup, it looks terrific in the store but when I get home it's awful! I have dark brown hair, deep-set brown eyes and a fair complexion. Also, I wear glasses. What do you suggest?

Patty L., Pittsburgh, Pa.

Dear Patty,
Almost any color eye makeup is perfect with your coloring; try green, brown or blue (depending on the color of the outfit you're wearing). To bring out deep-set eyes that spend most of their time behind glasses, use light shadows in cream and shiny formulas that reflect light. The finishing touch? Pink blush. Before you buy makeup try it out on your hand from the testers on cosmetic counters; saleswomen will be happy to help you.

What can I do about unwanted hair that shows when I wear a bathing suit? It's embarrassing! Lightening it with bleaches hasn't worked.

Stacy S., Omaha, Nebr.

Dear Stacy,
Unwanted body hair should be removed, *never* dyed. The options are shaving, waxing or using a cream depilatory. See a professional beautician the first time; she can show you the safest and best method for you.

My hair is dry; the ends are split. What can I do to have long beautiful hair instead?

Sharyll H., Albany, N.Y.

Dear Sharyll,
Split ends should be trimmed off. Each time you wash your hair use a conditioning treatment. Once a month, rub olive oil on the ends of your hair, then wrap your head in a hot towel for fifteen minutes. Wash hair thoroughly to remove oil.

How can I fight acne and dry skin at the same time?

Sara P., Boise, Idaho

Dear Sara,
Your problem is not at all uncommon. Dry acne-prone skin should be kept clean and free of makeup. Cleanse with a water-rinsable cream meant especially for dry skin, then use a mild toning lotion. Be sure to remove all cream; even a trace will coat your skin, clog pores and aggravate your acne. Use a drying blemish lotion only on affected areas.

My stomach is fat but I'm not! What can I do about it?

Susie J., Grass Valley, Calif.

Dear Susie,
Excess fat along the abdominal region or weak stomach muscles cause a chubby stomach. To tone your stomach muscles, do ten sit-ups each morning; gradually work up to fifteen. You should notice some improvement within a month.

The lighting at school is fluorescent and I always look pale underneath it. What kind of makeup should I use?

Mary Ellen F., Akron, Ohio

Dear Mary Ellen,
Fluorescent light is a harsh yellow; that's why you appear pale and wan under it. To compensate, wear a pink-toned rosy makeup. Use extra blush; apply some around your hairline and lightly over your forehead for a livelier look.

What can I do about stretch marks on my hips and thighs?

Sonya E., Seattle, Wash.

Dear Sonya,
Stretch marks are literally caused by stretching of the skin. They're extremely common on the thighs and stomach and there is very little you can do about them. Marks fade with time. Use body lotion on marked areas; keeping skin soft and supple will help quicken the process.

There's only one smell I can wear anywhere.

Johnson's Baby Powder.

There's something very special about the soft smell of Johnson's Baby Powder. It's anything I want it to be. It's fresh. It's romantic. It's gentle. And it's feminine. That's why I wear it all over. Every day. Whatever I'm doing.

Besides making me smell nice, the silkiness of pure Johnson's Baby Powder leaves me feeling clean and fresh after my bath. And when my body feels nice, it helps my head feel the same way.

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Nine delicious colors to give you a healthy glow.

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Good for the skin (Vitamin A)

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Good for the nerves
(Thiamin)

Carrot Kiss
Good for the eyes
(Vitamin A)

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Good for the skin
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Good for energy
(Phosphorus)

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Good for the hair
(Protein)

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Good for the taste buds

Center—
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We have over 175 shades in all. Everything from apricots to zucchini. Most of our products are labeled with nutritional information, because the better you eat, the better you look.

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Del Monte. With beautiful ideas from apricots to zucchini.

Del Monte

Telegram

Stephanie Braxton, Fabergé Newcomer

"I just discovered Fabergé's New Broadway Baby Colors."

For Stephanie Braxton, there's no business like show business.

Her Off Broadway performances led to a big break in daytime TV with a leading role in "All My Children."

Audiences respond to her. They know something special when they see it.

Because Stephanie is an up and comer.

She's also a Fabergé Newcomer.

And she's just discovered the star quality Fabergé puts into lipsticks. She's just discovered Fabergé's new Broadway Baby Colors.

Stephanie has them all. Fabergé's six soft, frosted shades: On Stage Beige, Dramatic Peach, Playbill Brown, Ingenue Rose, Finale Red and Act I Pink. And Nude Scene, a clear gloss you wear alone or over another shade to give it glow.

Nice part is, you don't have to be a Broadway Baby to come to the Fabergé. You just have to like being in the spotlight.

come to the Fabergé

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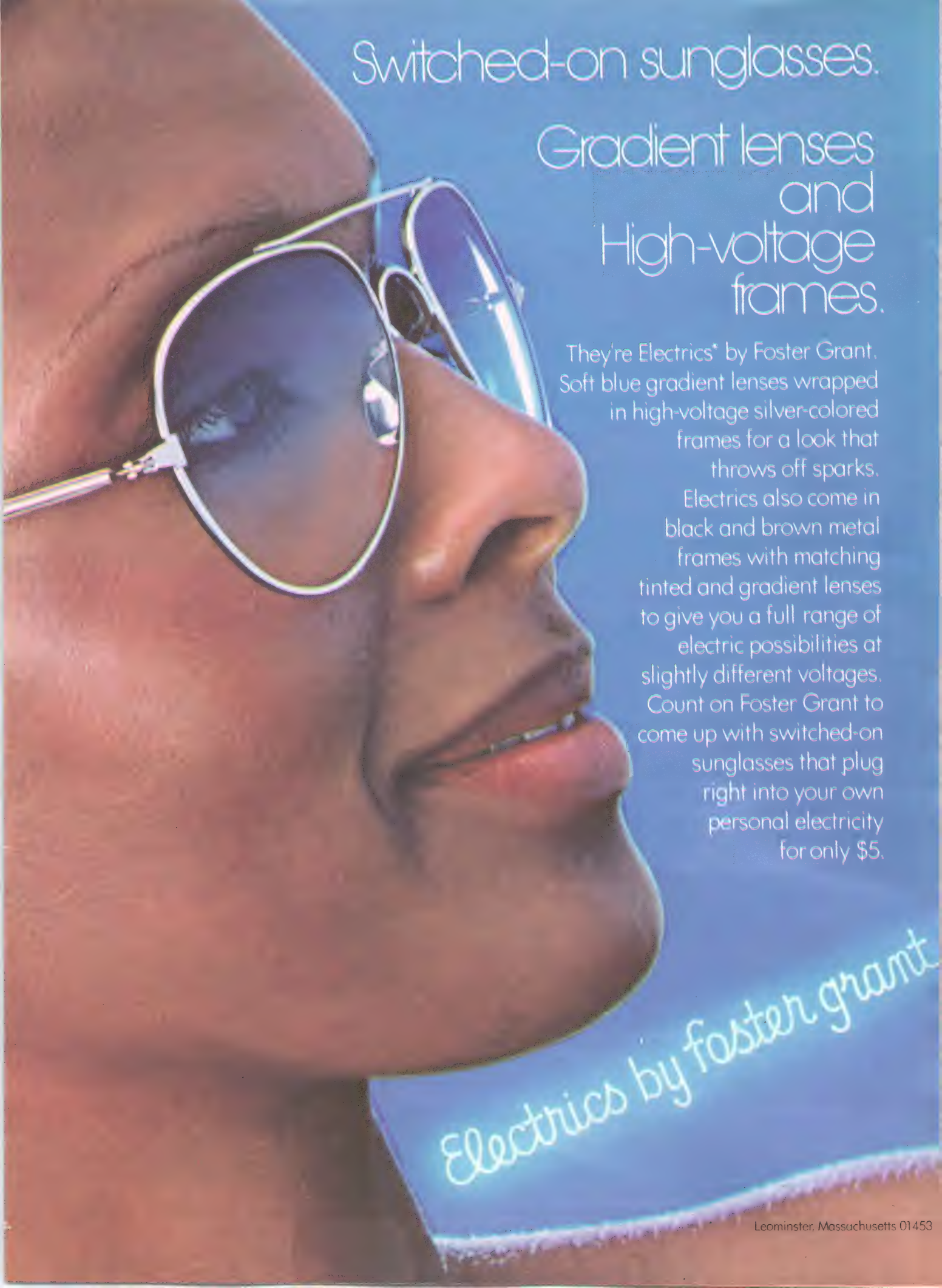
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They're Electrics® by Foster Grant. Soft blue gradient lenses wrapped in high-voltage silver-colored frames for a look that throws off sparks. Electrics also come in black and brown metal frames with matching tinted and gradient lenses to give you a full range of electric possibilities at slightly different voltages. Count on Foster Grant to come up with switched-on sunglasses that plug right into your own personal electricity for only $5.
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Flowers. Nature's most beautiful, wonderful and precious creations. The luscious fragrances nature wears herself. All gathered by Sweet Earth for you.

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All to make you as fragrant and wonderful as nature herself.

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These terrific-looking bathing suits are all made of Wambel's "Eyelet" (100% quick-drying Encron® polyester) and are available at most JCPenney stores. The bright 2-piece swimdress $12, the sunny hooded cover-up $11, the hot bikini $9.
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Sunny
Hot
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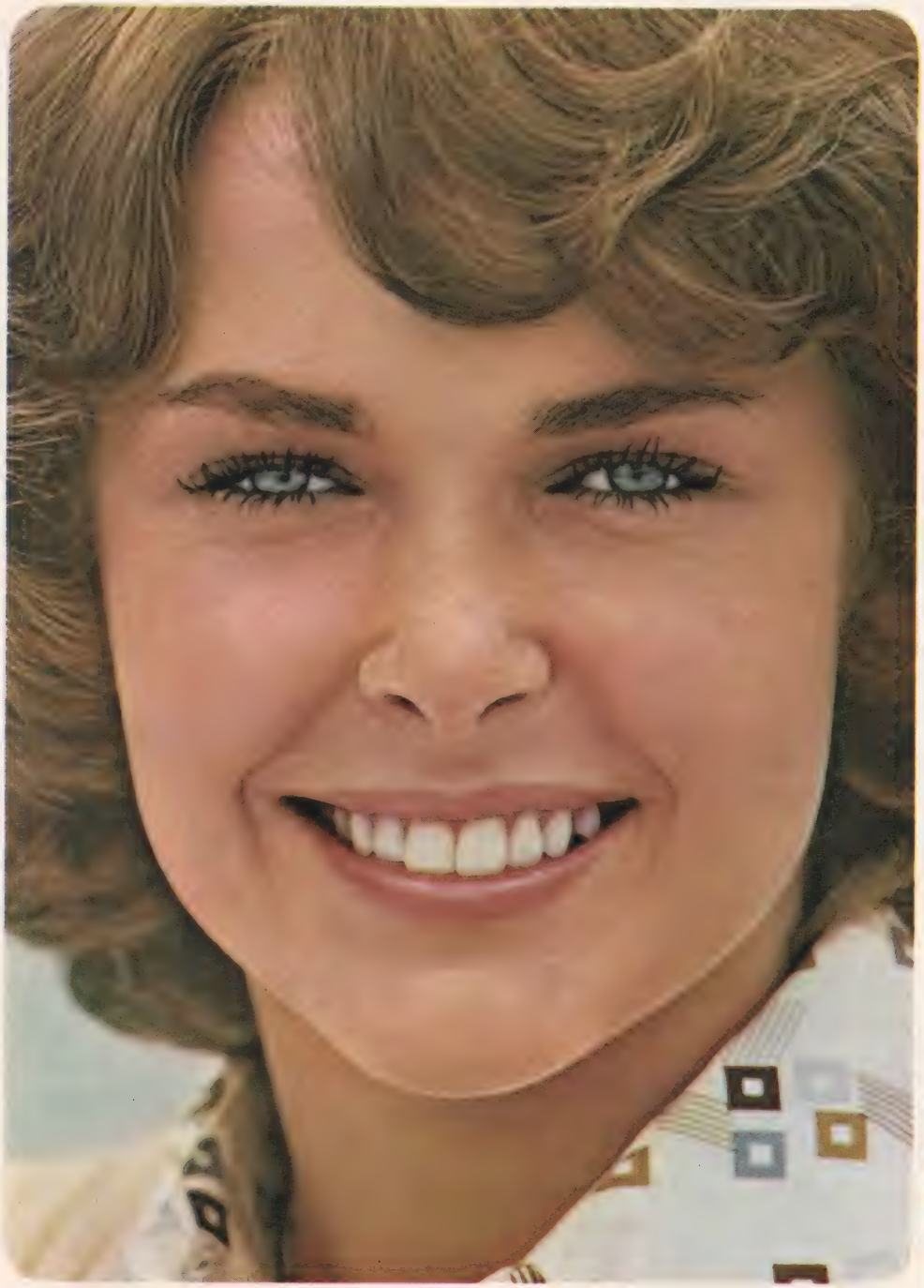
Cover Girl makes it beautiful. Noxzema makes it clean.



Clean Make-up

...and Cover Girl Sheri Dolph.

THE FACTS:

Age: "Eighteen."

Home: "Ontario, California."

Sun Sign: "Virgo with Scorpio rising."

Latest Accomplishment: "I won the CO-ED Cover Girl Contest!"

Good Points: "My smile."

Bad Points: "Occasional skin things. I'll outgrow them, but until I do, the most important thing to me is getting all the good, clean coverage I need, the best way I know how."

Make-up: "Cover Girl. Clean Make-up."

Why? "I like to feel I'm taking good care of my skin. Cover Girl has clean Noxzema ingredients, so I really feel good about my skin. Covers beautifully, too. Never looks make-up-y, just looks fresh and natural. I trust Cover Girl... it's Clean Make-up!"

Cover Girl®

Clean Make-up by Noxzema.

Regular and SuperSheer

ANOTHER FINE PRODUCT OF Noxell CORPORATION

Earthy, gritty, scrubby, sudsy. Deep cleansing Sweet Earth "Suds."

COTY Sweet Earth "SUDS"

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A new kind of facial soap. A gentle, foaming, cream soap with tiny natural cleansing granules. Granules that clean deeply. Help lift up blackheads. Take away dirt and grime and excess oil.

And a touch of chamomile. To make your skin smell even fresher.

Sweet Earth "Suds." For skin as fresh and clean as nature herself.

Sweet Earth "Suds." from Coty.

©Coty, N.Y.

Limber Up!

Here's a trio of easy warm-ups tennis buffs can swing into three minutes before the game! Exercise pro Barbara Pearlman designed them for SEVENTEEN and shows Beverly Chin, thirteen, of Forest Hills, New York, all the how-tos

Arms: Stand with feet slightly apart, racket held in front as shown. Twist body to right, back to center, then left without moving your feet. Continue for one minute.

Legs: Stand with feet apart, racket behind you. Bend forward from the waist, lifting racket as high as you can. This is great for the hamstring muscles. Repeat exercise for one minute.

ISHIMURO

Arms/legs/back: Stand with feet apart, racket in front. Lunge to the right as far as possible, keeping arms straight. Return to starting position. Lunge left. Alternate sides for one minute.

Now you can have clean hair every day of your life.

You know the feeling. You look at your hair all clean and shiny, and you feel pretty all over.

Now—whether you shampoo regularly once a week, twice a week, even three times a week—you can have that feeling every single day. All you need is Pssssssst®, the instant spray shampoo.

Pssssssst is a funny little white mist that you just spray into your hair. Wherever you need it—all over, or around your face, or maybe just on your bangs. Spray it in, fluff it up, then brush it out. You'll brush out the dirt and oils that collect from day to day.

Just a little Pssssssst keeps your hair clean and bouncy. And that's just too good a feeling to miss. Any day.

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The one and only Fresh Lemon Hair Rinse

comes in this familiar yellow package.

In a world filled with "lemon" this for your hair and "lemon" that for your hair, we've got the only lemon hair treatment that's really, truly natural. It's the fresh lemon itself. Fragrant. Juicy. And full of good things that don't come out of a laboratory.

Try our Sunkist Fresh Lemon Hair Rinse and see. After shampooing, just cut a Sunkist Fresh Lemon in half and squeeze it over your hair. Rinse thoroughly. It helps get rid of nasty soap film and excess oiliness. Leaves your hair looking squeaky clean, smelling lemon-fresh.

So why spend lots of money on imitations? There's only one fresh lemon hair rinse. It's available at your corner grocer's.

For colorful lemon wall poster with many more ideas about lemons for beauty, send 25¢ to Sunkist Growers, Inc., Dept. S-75, 14130 Riverside Dr., Sherman Oaks, Calif. 91403. Sunkist is a trademark of Sunkist Growers, Inc. © 1973.

Sunkist.

SUSAN FORD'S WHITE HOUSE DIARY

STEEN SVENSSON

The President's seventeen-year-old daughter writes her first monthly column

When we moved into the White House, I didn't think I'd like it. It all had happened so suddenly, there wasn't time to prepare myself.

It was more formal than we were used to, for one thing. When I got home from school—driven by a Secret Service agent—a butler opened the door, took my bookbag, raced to the elevator and pushed the Up button for me. When I said, "Second, please," where my parents' room is, he said, "Thank you, Miss Susan, I will take your things up to your room" (which is on the third floor).

Now that we've lived here for half a year or so, it's more relaxed. The White House staff is absolutely the greatest! But we had to work on them—to loosen them up. It seems they weren't used to an informal family like ours. We really wanted to talk to them about themselves, and treat them like people with personalities and problems of their own. But they seemed used to being anonymous shadows—always there when called, but then sinking silently into the woodwork. It didn't take long to break through to them, though. And now we regard them as warm friends.

We were just getting nicely settled into the White House, when a crisis struck. Everyone knows about my mother's operation for cancer. This was a terrible time for all of us, but we stuck in there. I wanted to spend every minute with my mother at the hospital, but she wouldn't hear of it. So I kept up with schoolwork and other necessary things.

I was really scared the evening my mother went to the hospital. But I felt better later that night after my oldest brother, Mike (twenty-five), his wife, Gayle, and Rev. Billy Zioli, a friend of the family's, flew in. Mike and I have always been very close. He is studying to be a minister. After they talked to me, I felt better—sort of peaceful and accepting.

In my English class at school, we have to make daily entries in a journal each of us keeps. What I wrote the day of Mother's cancer operation expresses how I felt better than I can express it now:

". . . I walked the halls all morning; the walls began to move inward, the carpet moved without me. Mother was in the operating room; we were waiting to hear from the doctor. Walking up and down the hall I pictured my mother waving to the public, shaking hands, dancing in the Grand Hall. The final picture was of her lying on the bed they wheeled her away in: the smile, kiss and last whispered 'I love you.' "

In the beginning I resented the fact that reporters were always standing there when we went in or out of the hospital. I felt they were invading my family's privacy, and there was no way to avoid them. But later I realized that the publicity about my mother was very good, because it has helped other women and saved so many other lives.

Things are pretty much back to "normal" for us now, although my mother still has to take it easy. Her doctor says she is coming along very well, and we're all so grateful.

Right now, I'm busy with arrangements for the senior prom at Holton Arms, the private girls' school I attend in Bethesda, Maryland. The proms are usually held at a country club or hotel, but this year my parents invited the class to hold it in the White House. The whole senior class of '75 is helping plan it.

There will be two bands—Outer Space and the Sandcastle. The class picked the first group, which is from Maine. I knew about the Sandcastle, which I had heard at a party at Hampden-Sydney College in Virginia.

The prom will be from nine to twelve on Saturday night, May 31. We may *(continued on page 32)*

There's a company that loves tennis even more than you do.
So you got yourself hooked on tennis. We understand. It happened to us, too. About 90 years ago. We're the company that's put our brand on almost every facet of the game.
Rackets for one. We've made millions of them. The Bancroft Competition is a classic example of how tough, powerful and playable a Bancroft racket can be. Its extra design features include a fiberglass reinforced throat and shoulders, perfect balance and an ideally placed sweetspot. Bancroft tenniswear is next. Designed for players to play in. New halter-top dresses with colors show a refreshing respect for the traditions of the game. A ball pocket in the ladies panty is an innovation that makes sense. Also, we can give you a pretty good pair of shoes.
Bancroft-Tretorn shoes. Your pro will probably tell you they're the finest in the world. And then you can try the Bancroft-Tretorn "lively-til-lost" tennis balls. The fact is there are 110 great Bancroft tennis products. And that's what makes us the tennis partner you can play with all your tennis life. Ask your pro or sporting goods dealer about Bancroft.
Bancroft
The Tennis Company.
Bancroft TRETORN
APPROVED I.T.A.

hold the dance in the East Room, which has huge crystal chandeliers, or outside on the South Lawn, in a big tent in which a dance was once given for Britain's Prince Charles and Princess Anne. The view from the lawn is beautiful—the sparkling South Lawn Fountain, the lighted Jefferson Memorial and the tall lighted shaft of the Washington Monument in the background. If we're lucky, maybe we'll even have a full moon!

Soft drinks and nonalcoholic punch will be served. We're still trying to decide what other refreshments to serve, and whether the boys should wear black or white tie.

I'm still also deciding who my date will be. You may have read about one of the boys I've been dating, Gardner Britt. A magazine writer recently accused him of "male chauvinism" because Gardner said he assumed I'd stay home and raise a family rather than have a career.

I don't believe Gardner's a chauvinist, and I resent the article, because I feel it took out of context things that both of us said. I tend to agree with Gardner that I'm more likely to stay home and raise a family. I think I'm not the kind of person to have a career. I love children and would like to have several.

But it's too early to tell. My life has changed so much in the last year that I don't dare say what I might be doing or thinking in another year. When I go to college next fall my mind may change about a lot of things. Maybe I'll decide to have a career—I know I enjoy photography, athletics and fashion. There are so many possibilities!

Whatever I personally decide, I believe strongly if a woman wants to work, she ought to be able to do so.

And I do disagree with Gardner about one thing. He thinks men are more capable. I think a woman can do as good a job as a man. It all depends on the job and the person.

The thing is, I feel someone has got to be at home with the children. But it doesn't have to be the mother. If the man is a family-type person who likes being with children and the woman prefers to work, that's fine—he should stay home and she should go out to a job.

Love's Fresh Lemon

Love's Fresh Lemon is the only fragrance that's so fresh it's sparkly, tangy, teasing and, frankly, mouthwatering. It's tempting, without being obvious. Luscious, yet light. It's a whole fresh approach to being sexy.

Love Cosmetics.

The subtle way to get fresh with him.

High up on the rocks, you hear them. Those whistling Wyoming winds. Murmuring and whispering, as though they were telling wild tales. And calling you higher and higher, until you can see clear to Colorado.

At Bonne Bell, we understand the urge to climb a mountain—to feel close to the sky, up where the wind blows free. But we also know that you need down-to-earth protection up there. So we've created everything you need to keep the sun and wind from drying out your skin.

Photographed at Snowy Range, Wyoming. From left: Buddy Bell, Karen Morris, Julie Bell, Bruce Miller.

There's High Altitude Cream to prevent windburn. Sun Bloc—a neat greaseless way to prevent sunburn. And Lip Smackers, the delicious fruit-flavored way to prevent chapping. So listen to the wind. And don't go outdoors without Bonne Bell.

BONNE BELL

Lakewood, Ohio 44107

Only Butterick has Instant Fashion™ Patterns

...for easy-to-make fashions and crafts

Butterick's gone ethnic! With trendy easy-to-sew, fun-to-decorate fashions. Like this beautiful back to nature big top! Sew & Go® Instant Fashion™ Pattern 3349 by Butterick. The field of fresh flowers is by Butterick, too! Iron-on embroidery transfers, plus instructions for all the necessary embroidery stitches are in Butterick Pattern 4106. All ready, set for you to sew. Look for these designs in the latest Butterick Patterns Catalog.

Great sewing ideas come from Butterick

Butterick Fashion Marketing Company, 161 Sixth Avenue, New York, New York 10013

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The legend of Muguet des bois.

Many years ago, a young man walking through the woods near Paris picked a sprig of Muguet des bois to take to his love.

And received a kiss in return.

The day was the first of May.

And to this day every May 1 in Paris, anyone given this lovely flower gives a kiss in return.

Muguet des bois, by Coty, is the fragrance that captures this legend.

May it bring you a young man and love.

Muguet des bois by Coty

New from Wella. Herbal Blossoms™ Shampoo.

It leaves your hair as clean and fragrant and beautiful as fresh blossoms.

It's excitingly new, this unforgettably fragrant shampoo from Wella. A gentle blend of delicate herbs and sweet fragrant blossoms.

Wella Herbal Blossoms Shampoo is made with organic conditioning ingredients and is pH controlled. Its rich lather leaves your hair feeling as it never has before. Gloriously fresh and clean, as alive and fragrant as a fresh flower. Full of shine, bounce and body.

To create this beautiful shampoo, we gathered camomile, clary sage and thyme from gentle sloping meadows, and spruce from deep forests. We followed the nostalgic scent of jasmin and mimosa to places where they spill over garden walls and cool pools of summer rain. And from quiet sun-warmed valleys we added nature's sweetest violets and most delicate carnations.

All for you, from Wella. New Herbal Blossoms Shampoo.

Available in three formulas: For Normal, Oily or Dry hair.

Mr. Retailer: For each coupon you accept from a consumer at time of purchase of Wella Herbal Blossoms Shampoo, The Wella Corporation will pay the face value plus 3¢ handling allowance, provided you and your customer have complied with the terms of the offer; any other application constitutes fraud. Invoices showing your purchase of sufficient stock to cover all coupons redeemed must be shown upon request; failure to comply may, at Wella's options, void all coupons submitted for redemption for which no proof of products purchased is shown. Coupon not assignable or transferable; void if prohibited, taxed, or restricted by the law. Your customer must pay sales tax. Cash value 1/20th of 1 cent. Offer good only in continental USA, Alaska and Hawaii. Redeem only by mailing to The Wella Corporation, Box 1449, Elm City, North Carolina 27898. Offer limited to one coupon per product. EXPIRES April 30, 1976.

STORE COUPON

Save 20¢
ON NEW WELLA
Herbal Blossoms™ Shampoo
7 OZ. OR 11 OZ. SIZE.
NORMAL, OILY, OR DRY FORMULA.

Sev-1 STORE COUPON

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Clean Make-up goes candid: Cover Girl SuperSheer.

ANOTHER FINE PRODUCT OF Noxell CORPORATION

It looks and feels like no make-up at all.

The look is clean.
Natural. Honest. Really candid.
The feel is clean.
Sheer. Glowy. Really fresh.
What does Cover Girl SuperSheer do?
Just enough. And that's a lot!
Cover Girl makes it beautiful.
Noxzema makes it clean.

Cover Girl

SuperSheer® make-up by Noxzema

SEVENTEEN's MINI-MAG April

Maybe You Really Have Spring Fever!

There is more to your seasonal mood than meets the eye

Spring beckons! All things to the call respond,/The trees are leaving and cashiers abscond.
—Ambrose Bierce, *Devil's Dictionary*

Spring days, like full moons, can make people behave strangely. If your mind has been wandering lately and you have to force yourself to sit still . . . if you suffer sudden urges to cut class and bolt for the outdoors . . . if you feel spurts of boundless energy only to tire more easily than usual . . . you've got it. Spring fever.

You may have shrugged it off as simply a state of mind. But there is really more to it than that.

Many authorities now tell us that those seasonal fits of lethargy and restlessness have an explanation in medical fact. There are several reasons why your vitality may be at low ebb now. Your body must adjust to the changing weather. Until it does, blood pressure may be lowered and the blood itself may be deficient in essential proteins, vitamins and minerals. Teens, being in a period of accelerated growth, are apt to feel the effects more sharply than other age groups. Says Dr. H. L. Newbold, of the Lenox Hill and Gracie Square

MARK FISHER

Hospitals in New York City, "Adolescents are more prone to spring fever because of the numerous other stresses on their system as they grow. A developing body is susceptible to the slightest shocks." (Dr. Newbold is an authority on the effect of diet on behavior as well as health.)

With the weather suddenly warmer, the body must work harder to get rid of internal heat. The arteries and capillaries of the skin dilate in order to carry more blood to the surface where the heat is given off. The process works on the same principle as a car's cooling system.

As the blood vessels expand, the body makes up to a quart of new blood to fill them. Since the plasma or liquid part of the blood is manufactured more quickly than the corpuscles, there is a temporary dilution of the blood.

Grandmas of the past knew this and often plied their children with sulphur and molasses tonic, a concoction supposed to thicken the blood.

Maybe it worked. Molasses is rich in chromium, a trace metal your body needs for carbohydrate metabolism, and also contains calcium—and you may need extra calcium now. But milk, greens and fresh vegetables are other, much richer sources of calcium.

Meanwhile, getting outdoors will invigorate *(continued on next page)*

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Mini-Mag produced and edited by Eleanor Fairclough with Annette Capone, Judsen Culbreth, Elizabeth Rosenstiel

you. The ultraviolet light in sunshine is important in producing vitamin D, which enables the body to efficiently utilize the calcium you eat.

Gradually, as your blood builds back to normal strength, you'll begin to feel like yourself again. If after a few weeks you're still moping about, your problem may be more than simple spring fever.

Your first menstruation, especially if it coincides with the seasonal transition, may leave you feeling run-down. If you're constantly fatigued, pale and your fingernails are brittle, it may be wise to see your doctor. You may be anemic.

Spring fever symptoms can also develop from crash dieting in preparation for the bathing suit season. You should be careful about strenuous dieting at any time of the year. But take special precautions in the spring, when your body can be worn down and out of shape from inactivity, harsh weather, colds and flu. Like bears sluggish after hibernation, we need to ease into spring.

Dr. Newbold suggests five ways of coping with spring fever:

- Eat a balanced diet with an emphasis on fresh food in season. Try to include iron-rich liver, apricots and peaches. You might supplement your diet with a teaspoonful of either brewer's or primary yeast (rich in minerals and B vitamins).
- Get outside in the sunshine.
- Drink extra liquids, preferably water; tomato juice and unsweetened grapefruit juice are also good.
- Exercise without overdoing it, by engaging in a physical activity you're accustomed to.
- Be sure to get plenty of sleep.

Dr. Newbold adds, "Rest is important to renew nerves and muscles prematurely tired as a result of all the chemical changes taking place in the body."

If you live sensibly, spring fever isn't serious at all—unless, in a weakened condition, you succumb to an affair of the heart!

—Jim Sirmans

Hot Lines

Tips on what's going on where

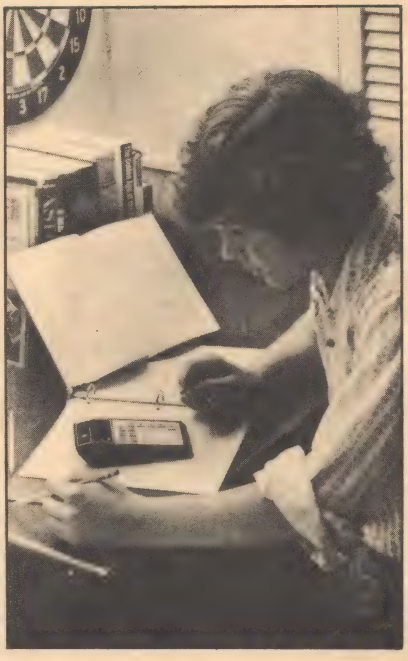
Diplomatic Overtures

What's the password to a diplomatic career? Have ambition, will travel. The State Department has put out the welcome mat, with appointments of women as foreign service officers tripling between 1971 and 1974. More flexibility in accommodating marriage and recent advances by women already in the service (including newly appointed head Carol Laise) account for this rise. The best preparation is a good general education with courses in history, government, economics, literature, a foreign language; and advanced work in international relations, economics, business administration/management, or journalism. For more information, write Department of State, Foreign Service Employment, Washington, D.C. 20520.

Going by the Book

Proof that today's publishers are thinking young: *The Handbook of Adolescence* (Dell, $1.50), a new medical guide covering everything from mono and menstrual cramps to birth-control centers and teenage clinics; *Five Cries of Youth* (Harper & Row, $6.95), investigating a critical problem among young people today—low self-esteem; *The New York Times Guide to Adventure, Travel & Study* (Quadrangle, $3.95), with over 1,000 ideas—survival expeditions, film workshops, volunteer jobs—for doing your own thing; *Sex and Sensibility* (McGraw-Hill, $6.95), promising, perhaps, not much "joy," but a good deal of hard-core facts about the pill and pregnancy; and *Your Legal Rights as a Minor* (Franklin Watts, $5.95), regarding drugs, driving, credit, schools—and how to see that those rights are respected.

Whiz Kids



TEXAS INSTRUMENTS

Newest of the new maths—push-button arithmetic, made possible by the reduction of pocket calculator prices to a student's budget level. As sales hit the thirteen-million mark, some educators complain that students who use the electronic brains will quit using their own. Others consider minicomputers valuable teaching aids and require them for courses. Debate grows and so does the number of models and price tags. If you're in the market, check for a floating decimal point, eight-digit display, separate functions including equal and percent signs, and an automatic constant. Also, you might pick up *Fingertip Math* (Texas Instruments Learning Center, $2.95) and *The Calculating Book* (Random House, $2.95).

Countdown

• Early April, time to plant a 40s style Victory Garden. Consult your local Agricultural Bureau for specific dates, and *The Living Garden Calendar* (Concern/ANS, 2233 Wisconsin Ave. N.W., Washington, D.C. 20007; $3) for how-tos.

• April 30, applications in for the Johnson & Johnson First Aid Award—a $500 scholarship given for first aid activities or rescues. Contact Instructional Materials Laboratory, 200 Madison Ave., New York 10016.

• 1979, for ratification of the Equal Rights Amendment (still five states to go). To prod a legislator, write ERA Desk, Common Cause, 2030 M St. N.W., Washington, D.C. 20036.

Show and Tell

NEW ENGLAND HISTORIC GENEALOGICAL SOCIETY

Sure to make a big bang, the **Battles of Lexington and Concord,** to be reenacted at the sites on April 18-19. (While in Lexington, see the collection of Civil War drawings at the Museum of Our National Heritage.) More Bicentennial bits: **Paul Revere's Boston** (above), April 18-October 12 at the Museum of Fine Arts in Boston. And if you're spending April in Paris, don't miss **The World of Franklin and Jefferson,** a super show returning to America in '76. Also browseworthy: over seventy drawings, paintings and sculptures by **Alberto Giacometti,** April 2-27 at the Indianapolis Museum of Art; **turn of the century advertisements** at Yesteryear, Ltd., Los Angeles.

Here's How

Kick pain, do spring jeaning, earn cash

Feeling Good Head to Toe

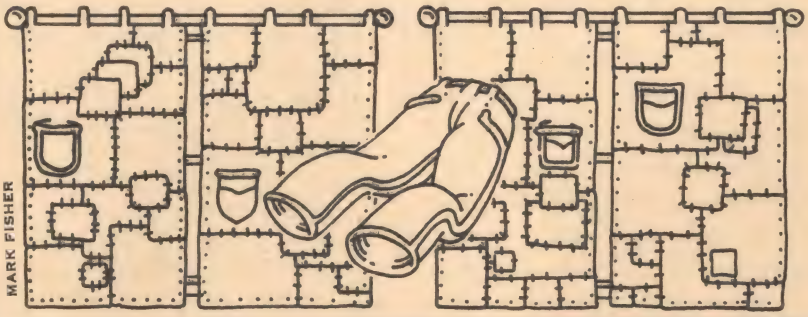
Not all headaches are alike. Some are early warning signals for serious conditions and shouldn't be masked with painkillers. See your doctor about sudden and severe or recurring ones. However, the common variety can be treated with rest, fresh air and quiet. Two aspirins (never more than two) and a cup of coffee also get you through. A massage, warm bath or heating pad can ease a tension headache; a change of pace knocks out the effects of a hectic weekend or boredom. For more first-rate aids send for *Headache* (Superintendent of Documents, Washington, D.C. 20402; 25¢). Down the line, your troubled soles and toes will be happy to know about *The New Foot Book* from Scholl (213 West Schiller Street, Chicago, Ill. 60610; 25¢) and *How To Keep Your Feet in Sportshape Condition,* free from Burlington Socks (S-1, 1345 Ave. of the Americas, New York 10019).

Fund Raisers

Rainy April days are a good time to engage your creative talents and at the same time pick up a dollar or two. You might start with a catering service, providing food (at 50¢ to $5 a platter) for picnics, gourmet parties. Or branch out into gardening—selling homegrown flowers and vegetables, or, a popular new favorite, renting out plants for get-togethers (75¢ and up, depending on size). Or maybe you want to unload all those handicrafts you've been making—jewelry, leatherwear, pottery, needlework. Figure into price your time—$2 an hour?—and the cost of materials for each item. Isn't it about time the neighborhood kids learned macramé, math, reading, guitar, French, yoga? Tutor them—$10 each per eight-session course. For more tips send for *Handicrafts and Home Businesses* (free), Small Business Administration, Washington, D.C. 20416, or *Starting and Managing a Small Business of Your Own* (35¢), Superintendent of Documents, Washington, D.C. 20402.

Material Gains

Prop them up against the wall and you've got soft sculpture. Scatter them around the room and they make pillows. Or better yet, do as they're doing in Paris and open up shop and sell them for up to $60. What we're talking about, of course, are the new do-it-yourself cushions, made by stuffing kapok in—you guessed it—everyone's favorite all-purpose wear, denims. Another transformation: denim curtains. Simply cut up pants into different size squares and stitch the pieces together (see below). Add a few colored sections for a patchwork effect; use belt loops to hang them.



MARK FISHER

FOCUS

The Big Wheel

Bikomaniacs unite . . . here's how to meet other cyclists, join the safety movement, save on used wheels, ride right, fight theft and more. Beginners welcome!

Bikeways Boom

"The bicycle is a vehicle for revolution. It can destroy the tyranny of the automobile . . . The bikeway is a start. It protects motor-man when he goes out for the first time without his tin shell."
—Daniel Behrman,
The Man Who Loved Bicycles: The Memoirs of an Autophobe
(Harper's Magazine Press)

If your town has a bikeway, you've probably seen signs along the streets that look something like the one at left. If it doesn't, you may be seeing some soon. Bike routes are popping up in cities and towns from coast to coast. The first bikeway opened just twelve years ago and already there are 25,000 miles of bikeways in use.

A bikeway is a series of city streets or country lanes conspicuously marked to guide the cyclist and alert passing motorists. They cost the government only $7 to $20 a mile, most of which goes for signs and maps for distribution.

If you'd like a bikeway in your community; first get the support of your councilman or other member of local government, parks recreation officials, bike and athletic clubs, plus anyone else you think may be interested. Then plan your route—to find out where to go from there, write The Bicycle Institute of America, 122 East 42nd St., New York 10017.

—Norman Brown

The Passionate Cyclist: Touring

Ho-hum cyclists take a zip around the block, but heavy bike trippers really go places. If you're one of the heavies, or thinking about becoming one, here's how to get to where the action is:

- BikeCentennial '76 is a nonprofit organization sponsoring an adventurous series of tours to historic American sites. The goal is to establish the first 3,500-mile marked Trans-America Bicycle Trail. Eight- to ten-day warm-up trips are planned for this summer, leading cyclists along the Lewis and Clark Trail in Oregon, then cross-country to the James River in Virginia. To join up, write BikeCentennial '76, Box 1034, Missoula, Mont. 59801.
- Go with the planning pros. American Youth Hostels have day and weekend trips all year round. And their *North America Bicycle Atlas* ($2.50) has details on eighty-eight one- to two-week trips in the U.S., graded for difficulty, plus info on equipment and technique. This summer the AYH will lead tours through Europe too. Contact your local AYH Council or write: American Youth Hostels, 132 Spring St., New York 10012 (ask for their free equipment catalog too).
- Before you go anywhere, remember that touring requires special equipment and clothing. If you can't find what you need or have no idea what you'll need, write to:
- **Cannondale Corp., 35 Pulaski Street, Stamford, Conn. 06902 for a free catalog of bike packs.**
- **Stuyvesant Bikes, 8 East 13th St., New York 10003 for a free catalog of bikes and equipment.**
- **Wheel Goods Corp., 14524-21st Ave. N., Minneapolis, Minn. 55441 for a free catalog of accessories, parts and tools for multispeed bikes.**
- **World Publications, Box 366, Mountain View, Calif. 94040 for their handbook, *Traveling by Bike* ($1.95), which has everything you need to know before you go. Also from them, *Bike World*, a monthly magazine for the avid cyclist ($7 per year).**

Ride It Right

Last year over one million cyclists were involved in accidents. To help reduce that number the federal government has imposed minimum strength and performance requirements for all bikes sold this year. In addition, look for these new mandatory safety features: wide-angle reflectors on pedals, front and back fenders; reflectorized tires or reflectors on spokes; fenders without sharp edges; and chain guards on pedal

systems that cannot be reversed.

You can join the safety movement by observing all traffic regulations, signaling turns, riding to the right in single file and in a straight line—and watching out for the other guy.

Bulletin...Bulletin...

The Great Debate is over! It has recently been learned that the inventor of the bicycle is, no, not the ancient Babylonians or Scots blacksmith Kirkpatrick

Macmillan in 1839, as was formerly believed, but none other than that fifteenth century Renaissance man, Leonardo da Vinci. Proof was found in his long-lost notebooks discovered in the Madrid Library. Glad that's been settled.

Speed Thrills

"Major" M. W. Taylor, professional bike racer, 1895 to 1910, was one of the first black American sports champions. That was back when bike racing on board tracks (called velodromes) was popular. "I had battled under bitter odds against the monster prejudice, both on and off the track," Taylor explained in his autobiography. "I not only struggled for victory, but also for my very life and limb." For his first-person account of the early history of racing read: *The Fastest Bicycle Rider in the World* (The Stephen Green Press; $3.95).

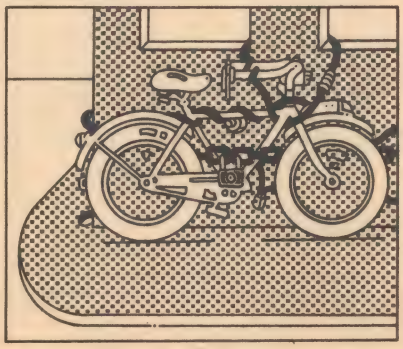
If speed's your thing, get an amateur racing license. Write to The Amateur Bicycle League of America, Box 669, Wall Street Station, New York 10005 for an application. The League runs an annual state and national championship, trains beginners, has lots of social activities year round and selects the U.S. team for the quadrennial Pan-American and Olympic Games. So far only four hundred of its eight thousand members are women.

Crime Stoppers

The "hot" bike business is brisk. Unfortunately, bicycle theft is commonplace. To frustrate thieves California has come up with bicycle parking meters called "bike banks." And in some states legislation is planned for mandatory registration at the time of sale to make recovery easier and resale more difficult. What can you do to protect your bike?

- Most locks can be broken but some more easily than others. The safest choice is a case-hardened chain and padlock (about $25).
- Always park it in a busy, well-lighted place.
- Lock it to an immovable object.
- Run the chain through the frame, back and front wheels. Even better, take the front wheel with you.
- Scratch your initials or social security number into the metal, not just the paint, of the underside of one of the frame tubes.
- If you own a $1,050 Titan, never let it out of your sight. But if you must, be sure your parents' homeowner's policy contains coverage against bike theft (about $12.50).

MARK FISHER



Used Wheels

After three booming years, new bike sales are down. Are inflation-conscious cyclists buying used bikes instead? Before you hand over cold cash, here are a few tips to help you avoid getting ripped off:

- Beware of buying from individuals: if a bike seems too cheap, it may have been stolen. Newspaper ads, flea markets, police department auctions and bulletin boards are a good source. And a bike shop is more likely to stand behind a bike that it sells.
- Determine your needs. A one-speed or three- to five-speed bike is good for short jaunts, a ten- to fifteen-speeder for long distances.
- Get a good fit. When you straddle the top tube it should reach to within an inch of your crotch.
- Spin the wheels and watch for wobbles. Are spokes loose, rusty or broken? Do tires have cuts, cracks?
- The frame should not be bent or cracked, especially at the joints.
- Chains should be snug, with no broken links.
- Brakes must work quickly and smoothly, gears shift easily.
- The cost of repairing or replacing faulty parts may be less than you think and a lot smarter than buying a low-cost, badly made new bike.

What to do with your old bike: For a cheap thrill make a skibob, a contraption that's big on the slopes of Europe and catching on here, too. It's a bike frame with handlebars and seat, mounted on a pair of skis. The daredevil skibobber straps a small pair of runners to his feet, straddles the thing and proceeds downhill.

FIX IT!

Three clearly written manuals for home repairers: *Simple Bicycle Repair and Maintenance* by Ross R. Olney (Doubleday; $2.95), *It's Easy To Fix Your Bike* by John W. McFarlane (Follett; $3.95) and *Bicycle Repair* by Irene Cumming Kleeberg (Franklin Watts; $3.95).

MINI-MAG

Impact

Teen drinking, credit cards, museum jobs and the marriage name dilemma

BEATING THE BOOZE BLUES

You're at a party and everyone is drinking. What do you do? You ought to know beforehand. According to a recent nationwide survey, 23 percent of the country's high school students get drunk at least four times a year. Since 1970, the proportion of tippling teens has greatly increased. It's estimated that 93 percent of boys and 87 percent of girls have tasted alcohol by the time they are high school seniors.

Major efforts are now being mounted to help teens make responsible decisions when they drink.

Among free booklets, reports and directories offered by the National Clearinghouse for Alcohol Information (Box 2345, Rockville, Md. 20852) is *Thinking About Drinking,* a practical guide intended as a basis for discussion. The pamphlet includes a quiz to test your knowledge, tips on handling drinking situations.

New mini-movies designed to trigger lively exchange have beginnings, middles, but no endings. In *Janey* everybody at the party is drinking beer. Should Janey stick with soft drinks though she feels left out? Suddenly the film stops—as Janey pensively runs a finger around the edge of a beer can. By getting viewers to talk, the films help them think through behavior.

For information on buying or renting the series of six two-minute films (plus discussion guide) write Lynn Kneer, University of Michigan Television Center, 400 S. Fourth Street, Ann Arbor, Mich. 48103.

Teens run information centers, rap groups and referral services for other teens through a highly acclaimed Peer Group Leadership Program in eighteen New York City high schools. Student leaders—about two thousand so far—attend weekend training camps to learn communications skills, group dynamics and the hard facts about alcohol. Then, back at school, they spread the word and aid fellow students with problems.

"Group talks are useful for getting people to discuss their feelings and examine all of the stereotypes that go with alcohol," says leader Carolyn Crowe, sixteen.

Cheyenne Aldumay, eighteen, admits he used to drink a lot, but says now, "What I'm doing in Peer Group makes me feel better than getting high." He doesn't tell others that alcohol and other drugs are bad. "It's better to let people tell you how they feel; they'll weigh their own values."

You can get advice on how to start a similar program from Earl Jung, Director, Peer Group Leadership Program, Room 236, 110 Livingston St., Brooklyn, N.Y. 11201.

BACKWARD, HO!

Museums are no longer the dusty wallflowers of our culture. More than 300 million visitors annually jam working colonial plantations, recreated pioneer settlements, brilliant ethnic festivals and more conventional exhibits.

As future-shocked Americans reach out toward folkways and traditions, hidebound policies are giving way to innovative programs that make history come alive.

Financially pressed institutions can't always afford to maintain large paid staffs. Big, established museums and the new small ones are great places to volunteer and learn.

Eighteen-year-old Anne Dudley Smith is one of fifty volunteers at the new Ridley Creek (State Park) plantation in suburban Philadelphia. She learned and now demonstrates spinning and weaving with wool from the plantation sheep.

"Unlike a farm, a plantation is self-supporting," Anne explains. "Our ancestors had to be very versatile to survive! We hope that by 1976 rebuilding will be finished and a family can actually live here."

Susan Stitt, director of the Museums at Stony Brook (New York) recently completed a nationwide study of the museum labor market for the National Endowment for the Humanities. She encourages young women interested in the field to check the official museum directory of the American Association of Museums (in the reference section of libraries). There you'll learn about institutions in your area. Ask on your own about volunteer work and career training programs.

College catalogs (on file in many school libraries) have information on museum studies, and so does the booklet *Museum Training Courses in the United States and Canada* ($1.50, from the American Association of Museums, 2233 Wisconsin Ave., N.W., Washington, D.C. 20007).

Ms. Stitt emphasizes that volunteering—if it's to be more than dusting artifacts—demands a serious commitment. "Set up regular hours and ask to work on a specific project. Skills you learn will improve your chances of landing a museum job later on." —Anita Nygaard

MS.-TAKEN IDENTITY

A growing number of brides are saying they'll keep their maiden names, thank you. There are no precise statistics on just how many, but an advice booklet on the subject sold ten thousand copies within seven months of its publication. And three new organizations have sprung up to act as legal and information clearinghouses: The Center for a Woman's Own Name in Barrington, Ill.; Name-Change in Newtonville, Mass.; the Olympia Brown League in Milwaukee, Wis.

Every state except Hawaii permits a married woman to use whichever last name she wishes as long as it's done consistently and nonfraudulently.

To remain Jane Doe after you marry John Smith, simply make no changes on official records, experts say. There's no need to go to court in most states. But you must take certain steps to make your decision known because the practice is still new.

Some brides include a formal announcement with their wedding invitations—example: "Jane Doe will retain her present name for legal and social purposes after her marriage."

Even with notices, ticklish social situations will arise. Your husband may be mistakenly identified by your last name. Your mother-in-law may act hurt and horrified. And hostesses may be unsure how to introduce you and your mate.

List your name as well as his on the mailbox and in the phonebook. Open your joint checking account in both names. Establish or maintain credit in your own name.

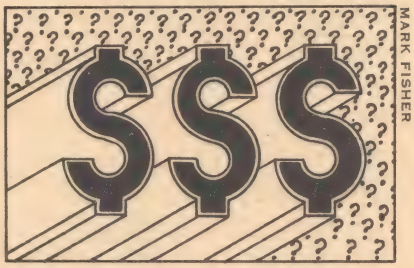
To help with hassles, the Barrington Center has more than two hundred local contacts listed in a booklet. Send $2.50 to The Center for a Woman's Own Name, 251 Kimberley, Barrington, Ill. 60010.

Brides who can't decide whether to be or not to be Mrs. can hyphenate the two surnames—or take a new one all their own.

—Joann S. Lublin

For readers' views, see "Back Talk," page 48.

PLAYING YOUR CARDS RIGHT



You'll probably be spending more money on your own, thanks to recent equal credit opportunity legislation. The law is designed to guarantee women equality in charging purchases, borrowing money, even qualifying for a home mortgage. Such new rights make it imperative that you understand basic credit facts:

Credit, like money, is a medium of exchange. It lets you buy or borrow now in return for your promise to pay later. Retail credit buys goods and services (cash credit is used to borrow money). You normally get it directly from a store or through a credit card issued by a bank or credit agency.

The regular charge account lets you charge items during the month and pay for the purchases within ten to thirty days after you are billed. If you pay on time, there's no charge for this credit.

The revolving account permits you to pay over a period of time if you choose. However, you must pay a portion of the amount owed each month, plus a finance charge on the unpaid balance.

The installment, or time payment, plan involves a written contract for each purchase and calls for payment in equal installments over a set period of time. Finance charges—interest and other costs you pay—may run 12 to 36 percent annually. The percentage depends on the total amount owed and the length of time you take to pay.

To open a credit account in your own name, you need to establish a credit rating. In other words, you must convince creditors that you can and will pay what you owe. Your rating depends largely on your credit reputation, your income, your existing obligations and your financial worth. Trying to get credit for the first time may be difficult. If you have a job and maintain a savings or checking account, your prospects improve. Each time you charge or borrow and repay as agreed, it is easier to obtain credit in the future.

Before using credit, always ask yourself: Do I *really* need to buy now and pay later? What will the total cost be? Will my future income be large enough to pay my debts and meet my other expenses?

A credit agreement is a contract. You should understand the terms fully. Check the laws in your state to find out at what age you become legally bound by contracts. See your application or monthly statement for this information required by law:

- the total amount you owe
- the finance charge as a dollar amount and as an annual percentage rate
- a description of purchases
- amounts to be paid each month
- the date by which you must pay to avoid additional finance charges

Read credit agreements carefully before signing and keep accurate records of purchases. Shop for credit just as you would for other things. Ask your banker or an experienced relative or friend for advice whenever you have questions about special credit contracts.

Always pay promptly. If you can't, contact your creditors and try to work out some alternative.

—Sally R. Campbell

Back Talk

What's in a name? Do you prefer to hang onto the surname you got at birth, add to it or trade it in altogether? We asked young women and men how they feel about this currently controversial matter. One thing's clear, at least. Nobody is ready to take a number instead.

To me marriage means sharing, so I'd take my husband's name. If I go into a profession, though, I'll use my maiden one. My last name is not ordinary—it's Greek, difficult to pronounce and hard to forget, which would be good professionally.

—Eileen Speredakos, 15, Pequannock, N.J.

I'm thinking of keeping my own. However, if my husband-to-be has a better sound to his name, then maybe I'll want to take his.

—Joyce Tomana, 17, Coraopolis, Pa.

I'm for equal rights, but I'll follow tradition and take on my husband's last name. Why not?

—Dugan Wiess, 16, DeFuniak Springs, Fla.

I don't see the need to express a separate identity in a name. A career will be my way.

—Pamela Caras, 18, Kew Gardens, N.Y.

I plan to carry on a Bramlett tradition and become an engineer, so I'd like to keep my family name professionally and use his socially.

—Susie Bramlett, 18, Falkville, Ala.

A new name is not going to change who you are. You're the same person, just with a different label. I want to take my husband's name. I'm just a bit old-fashioned.

—Rica Polansky, 15, North Miami Beach, Fla.

I plan to use both names, keeping my professional and personal lives very separate.

—Kathleen Makielski, 20, Ann Arbor, Mich.

I'm going to use my maiden name. I want to keep it alive. I'll let my kids decide, when they're old enough, whether they want to take my name or my husband's.

—Beth Taboh, 18, Little Neck, N.Y.

If a woman wants to keep her last name, then she should. But the male is dominant in the family and the children should keep his name.

—Les Lindeman, 18, Oak Park, Ill.

I'd prefer that my wife keep her own name. The idea of a woman taking on her husband's name has always seemed a little bit silly to me.

—David Borchart, 18, Churchville, Pa.

On the Light Side

Twenty questions to test your Beatlemania

You grew up with the Beatles and probably feel you know all about them. Here's a quiz to see if you really do. Watch out, toughies lurk. Answering all twenty correctly certifies you a Beatlemaniac of the highest order.

MARK FISHER

1. What first name was Paul given at birth? **2.** What was John's middle name before he changed it to Ono? **3.** Who managed the Beatles from 1961 to 1967? **4.** Who is George O'Hara Smith in *All Things Must Pass?* **5.** Who wrote *Woman* for Peter and Gordon? **6.** What pseudonym did he use? **7.** Who *really* was the walrus in *Magical Mystery Tour?* **8.** What instrument in Sgt. Pepper's Band did Ringo play (onscreen) in *Yellow Submarine?* **9.** Who directed and starred in *How I Won the War?* **10.** Who gave *A Hard Day's Night* its title? **11.** Where did he get the idea? **12.** What was *Eight Arms To Hold You?* **13.** What was the original title of *Hey, Jude?* **14.** Where did John get the idea for *Good Morning, Good Morning?* **15.** What song was originally *Miss Daisy Hawkins?* **16.** Which song mentions November 5, and what is that date? **17.** Asked how he liked Stockholm, John Lennon gave an answer that inspired the making of *A Hard Day's Night.* What did he say? **18.** What song on the *Meet the Beatles* LP was not written by the Beatles? **19.** Who inspired Paul to sing it? **20.** Who is Billy Shears?

—Michael Culhane

1. James. 2. Winston, after Sir Winston Churchill. 3. Brian Epstein. 4. George Harrison. 5. Paul. 6. Bernard Webb. 7. John. 8. Trumpet. 9. Richard Lester and John Lennon, respectively. 10. Ringo. 11. From the story "Sad Michael" in John Lennon's book, *In His Own Write*. 12. The original title of the movie released as *Help!*. 13. *Hey, Jules*, after John Lennon's son Julian. 14. From a cornflakes commercial. 15. *Eleanor Rigby*. 16. *Remember*. November 5 is Guy Fawkes Day in England. 17. "It was a plane, a room, a car, and a cheese sandwich." 18. *Till There Was You*, from *The Music Man*. 19. Peggy Lee. 20. Ringo.

Next Month

- **What is stagflation and why is it wrecking your budget? In FOCUS: *Run for Your Money***
- **Mini-Mag takes a close look at student cheating**

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Look for Epi•Clear products in drugstores...If you find that your drugstore does not have the Epi•Clear Squibb Acne Kit and individual products in stock, please ask your druggist to get them for you.

The Scrub Cleanser—to cleanse, help remove oil and aid in loosening blackheads

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The Soap—to cleanse and reduce oil

The Kit—Three products combined for a logical acne skin care program all in one

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Spring Formals

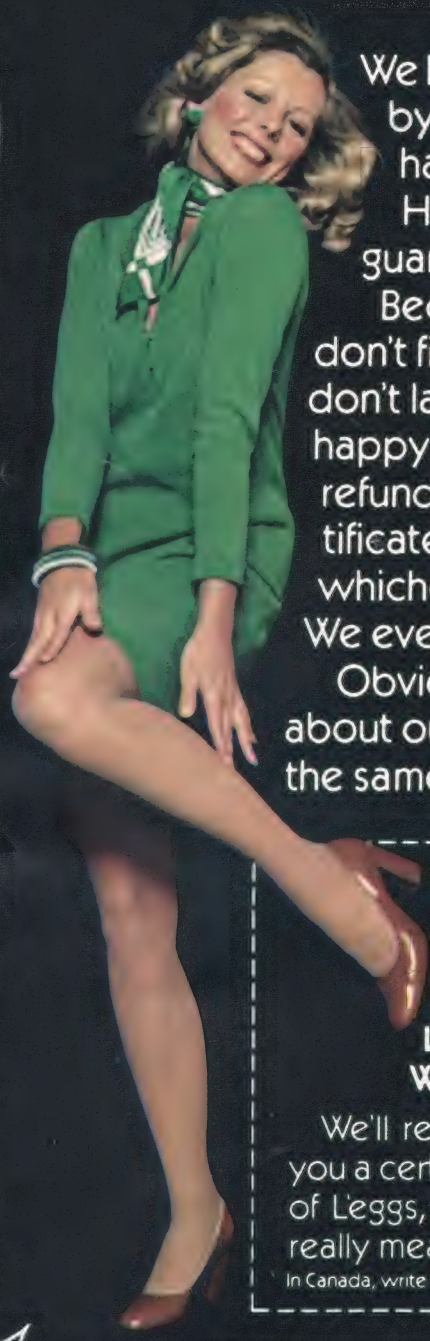
They're special events you'll always remember... dress to look your prettiest!

Saving the last dance for him: Coca Astey, in a bright red and white polka-dot dress, overskirted all around. Overskirt, square neckline and wide straps trimmed with white eyelet; sash ties in back to cinch the waist. With a flounced hem, long on grace. Of Dacron/cotton voile. By Barbara Dance, in sizes 3-15; $52. At Lord & Taylor in New York; Hudson's, Detroit; The Emporium in San Francisco. (See realgirl Coca on page 113 too.)

STEPHEN LADNER/REBECCA BLAKE

Prom note: Wrist corsages are back! They're perfect for girls like Coca, whose long hair would cover a pin-on. A fresh orchid is the choice here.

The You'll Love Our L'eggs® Guarantee.



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RELATING

by Abigail Wood

I Feel Trapped!

Q I'm seventeen and committed to be married. My parents, especially my mother, are all for it. I was too, until recently. I now seem to be reaching for the freedom I used to have. The guy is very shy and sensitive. I don't want to hurt him but if it came to that, I'd rather have him know now than after we're married. I don't know why I'm like I am. I want a guy till I have him, then I don't want him. I realize it's my fault for getting this involved. But I feel trapped. I kept hoping this time it wouldn't be that way, but it is and I want out. I'm not ready for the responsibilities of married life. Please give me some advice; I'm going crazy.

A If *you* don't feel ready, regardless of how many other people are for it, your marriage will be no favor to anyone. That would be true at any age, but it's especially so at seventeen. The gloomy statistics on those who marry under twenty (approximately one divorce for every two marriages) indicate that you're not alone in your unreadiness. You are also right that it will be less hurtful to your fiancé to tell him before you marry than to let him find out the hard way afterward. It's natural not to want to give bad news; you don't want to hurt him. But more than that, it's painful and embarrassing for you too—you'll have to risk his harsh words or, worse, reveal that you made a mistake. The best way to deal with any mistake, however, is to rectify it as soon as possible. If you explain that it's strictly because of timing, without saying anything that sounds like a personal rejection, then if he loves you—even though he may feel a great sense of loss—he'll understand.

You're not alone either in your repetitive pattern of wanting a boy till you've got him, then wanting out. Usually girls get trapped in that kind of revolving door by their own low self-esteem. A girl who doesn't like herself much is likely to care more about winning a boy's attention than actually sticking around to enjoy it. (Anyone stupid enough to go for me, she then concludes, can't be anyone I'd want.) Each new conquest is a kind of reassurance that she *is* likable. The trouble is that the reassurance doesn't last long and she constantly needs fresh doses. In addition there's usually an unconscious fear that a sustained relationship might expose too many flaws and inadequacies. The remedy, of course, is to learn to accept yourself just as you'd like others to. Once you can stop having to prove something all the time, you can be more relaxed about everything. You'll be able to explore and develop facets of yourself you didn't even know you had. Feeling better about yourself will also free you to see the young men you meet in a clearer light—to respond to them as full-scale, individual human beings and not merely as ego-building props.

Q This is really embarrassing, but I'm scared to death and I've gotta tell someone! You see, my friend and I were playing Ouija—the talking board. Most people don't believe in that but I do. The board said we'd both meet some guys at the store that night—and we did! I thought I'd die! But Ouija also said that later this year I'd be attacked and raped and would be in the hospital for three weeks and all messed up. This is supposed to happen at home when I'm alone in my room. I'm really petrified. I don't know what to do. (I'm not telling my mom!) Please help me.

A The fact that your letter says "*playing* Ouija" suggests that you do know the talking board is intended to be enjoyed as a game rather than taken seer-iously! Sometimes, however, for a variety of psychological reasons, people want so much to believe in oracles that they get carried away. They accept mere coincidence for corroboration and conveniently forget the countless times that such forecasts have failed to come true. The prophecies can be interpreted in ways to make them most believable; just the suggestion that something will happen can cause the players themselves to help bring it about. *(continued on page 56)*

"I use a face lotion, a hand lotion, and a body lotion."

"Now I use a lotion for more protection against wetness."

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Introducing Ultra Ban Anti-Perspirant Lotion.

"Ultra Ban Anti-Perspirant Lotion is more effective in helping stop wetness than most leading sprays."

"And, it's gentle and mild, too. Thanks to its special lotion formula."

"Ultra Ban Anti-Perspirant Lotion.
Personally, I don't know why a woman would want to use anything else."

©1974 Bristol-Myers Co.

Wella Balsam will make your hair more beautiful than any of its imitators can.

Let your hair convince you.

When Wella created the first balsam conditioner, it started a revolution. Nothing else can make your hair so beautiful, so shiny, so easy to comb, in so short a time. Today there are lots of imitators around, but none surpasses Wella Balsam for making your hair gleam with fresh natural beauty. Even damaged hair!

In just one minute, Wella Balsam strengthens each hair where it is weak, fills in porosity and smooths split ends, leaving your hair tangle-free, lustrous and lusciously beautiful. Get the original balsam and see for yourself. Your hair will show you the difference.

Wella Balsam. Available in Regular and Extra Body formulations, and in Wella Balsam Conditioning Shampoo, the shampoo that conditions *while* you shampoo.

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Introduces New Fangled Fashions In Old-Fashion Pre-Washed Fabrics.

The News This Season Is Old.

Old-Fashioned "pre-washed" painter's canvas and blue denim in Skirts, Jackets, Jeans, Shirts, Overalls, and Put-Together Separates. It's Landlubber's top-to-toe concept in blue-jean dressing for Juniors in the famous Landlubber® fit. Available now at fine stores everywhere or write: Landlubber® Sportswear, 160 N. Washington Street, Boston 02114. ©1975 M. Hoffman & Co., Inc.

JOLEN

is for bleaching hair blond on face, arms, thighs, body and brows. Jolen . . . the total bleach to safely turn dark hair blond to blend with skin tones

Available at fine drug and department stores in U.S. and Canada* or write:

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Dept. S4, Fairfield, CT 06430

Reg. JCB $2.75 ☐ Giant JCB $6.00 ☐

Name

Address

City State Zip

Prices include P.P. *Higher in Canada

RELATING *continued from page 52*

Meeting boys in a store, for example, is hardly an extraordinary occurrence, but you might very well have taken more notice of them or have been more responsive that particular night when the Ouija board had alerted you to the idea. You might even have unconsciously tilted the board slightly to help it spell out something you were hoping for. Similarly, the dramatic prediction of rape might be a reflection of fears you were already harboring and which, as the psychologists say, you projected onto the Ouija board.

Although there is no valid evidence for the prediction's accuracy, the fear you feel is certainly real. It may even increase unless you take a good look at it and try to discover its causes.

Considering all the publicity that rape cases have been getting lately, it's hardly surprising that you should be frightened. But so far the statistical odds against an attack are heavily in your favor. To improve them still more there are precautions every girl can and should take (don't travel alone, or at night, or in deserted areas; never get into a car with anyone you don't know; never allow any stranger to enter the house; carry a shaker of pepper in a handy pocket, for throwing in an attacker's eyes; take a course in judo if available). On the other hand, if you allow yourself to believe rape is preordained for you, you might unwittingly place yourself in dangerous circumstances that could help turn that belief into fact.

On a deeper level, you may feel threatened by your own growing interest in all things sexual, which is natural for any girl in her early or mid teens. You may feel guilty about your "shameful" thoughts and fantasies and may see yourself as a rapist's victim as punishment for such "unacceptable" ideas. But there's a large difference between thoughts and deeds, and the more aware you become of your hidden feelings, the better chance you have to remain in control of your actions. If, despite this kind of probing, your fears continue, it would be wise to talk about them with some understanding older person who might help give you reassurance. Forget about the embarrassment. And don't write off your mother; she may be more sympathetic than you suspect, if you tell her you need her help. Paradoxical as it may seem, terror gets bigger when you bottle it up.

Q I'm sixteen and must have the most illogical curfew ever. I have to be in the house at 11:45, no later. I've been seeing a really nice guy for a month. At first my parents, who come from a Latin country and are very old-fashioned, didn't mind. But then they decided I was seeing too much of him. They object to our going out every weekend. They believe nice girls stay home and just wait for that knight in shining armor to arrive. Whenever I try to talk to them, they say the child-parent difference is too great to be bridged. I really love them, but every time they threaten me with cutting the curfew again or embarrassing me in front of my boy friend, I want to run. I've never done anything to cause them not to trust me. I feel so locked in. It seems that as I get older, they treat me younger!

A The course of growing up seldom runs straight, not even for mothers and fathers. It's not uncommon for parents to rein in and become stricter than before with a daughter who has suddenly matured enough to be going out with boys. It's at this point that the "dangers" loom much nearer than they did a year ago! They worry about protecting you against situations and temptations that might be too much for you to handle. It isn't necessarily that they don't trust you. They may just be unsure of themselves. Most old-fashioned parents know their values are no longer in tune with the rest of the world's. They want to be good parents; at the same time they sense their parental role is coming to an end. So they react as many do under stress: by tightening their defenses, becoming more rigid.

Possibly your best plan would be to try to find out what their specific fears for you are and then try to work out a way to relieve those concerns. Perhaps you can negotiate for more time, say, one night a month, if you promise to phone and let them know where you are at that hour. Perhaps going out with more than one boy will reassure them that you're not getting too serious too soon. Try not to be too harsh toward their attitudes. Let them know you do love them, and give them a little time to get used to the developing young woman who's about to replace their child. Whatever you win or lose, the calendar is on your side and this phase will pass sooner than you think!

Anything troubling you? We answer personally but reserve the right to publish your letter unless asked not to. (Even if printed, that means a long delay, so be sure to include your name and address if problem is urgent.) Write Abigail Wood, SEVENTEEN, 320 Park Avenue, New York 10022.

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Free For All

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Fern-ishings

To discourage smoking in your car and, at the same time, bring something nice, green and alive inside, plant small vines or ferns in your ashtrays. Some stores even sell a plant and pot small enough to fit into the tray.

It certainly makes my car more "me," and I don't have to be annoyed anymore by smoking passengers.

—Karen Bergman, Houston, Ohio

Night Line

It's almost midnight. A soft breeze is blowing. A beagle down the road whimpers. The house is dark; my bed is warm and soft.

I fumble for the phone. Picking it up, I listen to the soft hum of the dial tone. I put the receiver back in its cradle, longing to dial your number and say, "I love you." But it's almost midnight and I just saw you a day ago and you'd be groggy with sleep . . . so, laughing to myself, I head back to bed.

The phone rings once. I pick up the receiver, hear the dial tone and smile. My mother sleepily asks who that could be at this late hour and I answer "Wrong number," knowing it couldn't be more right coming from the someone I love . . . at almost midnight.

—Kathy Dillon, Belleville, Ill.

True Love

The husband and wife noiselessly unzipped their racket covers and took out their tennis balls. Facing each other on opposite sides of the net, they began to play.

Silently, with cold determination in their eyes, they hit the balls. No triumphant cheers for a good shot; no groans when a bad move cost one of them a point—they spoke only to announce the score.

An hour dragged by, then another. Players would glance at their court, watching fruitlessly for a change in expression. Finally the war was over; the man had won, but it had been a close battle. Frowning, they placed the racket covers on their rackets, put away the balls and left.

The remaining players wondered why a couple would act like that. How could they guess that the marriage counselor had suggested a shared activity to help the pair communicate better?

—Sherry Mounsey, El Paso, Tex.

Season's Greetings

We held hands and danced
and played hide-and-seek
and marbles,
but then the clock struck winter
and he had to go home
because it was his bedtime.
But he told me to call him
when the first tulip yawned
in April.

—Pam Blake, Bethesda, Md.

Booking-It

How about trying book design or pigeon raising this summer? Did you ever long to be a disk jockey or a party entertainer?

The handy encyclopedia of diverse and fun employment, *Teen-Age Jobs,* by Ruth Lembeck (Dell paperback, 95¢), is a helpful manual for job seekers to own. It lists over 1,000 ideas, and even shows how to earn extra money through the sale of homemade crafts.

And if baby-sitting is your first choice, this book offers variations on that old standby.

—Meg Wolitzer, Syosset, N.Y.

By the Bushel

I was only seven years old when my family moved to the development. A little girl from next door came over and said she had something to show me. She walked me around a block to a dead-end street, where I saw the most wonderful tree, old and gnarled, with its branches twisted in such a fashion that you could climb them like stairs. When you reached the top, the biggest, greenest, bumpiest man-apples were waiting to be picked. My mother insisted they were osage oranges but I knew better—they were man-apples.

Everyone loved to climb the tree and throw the fruit at one another, but it wasn't until last summer that I finally decided to make my ascent. I'm glad I did; they've recently torn it down to make room for more houses—in the name of progress.

—Melanie Bert, Freehold, N.J.

More on page 60

We'll give you 20¢ to come clean.

1. Some creme rinse and conditioners can leave hair feeling oily. But non-alkaline Tame, in the clean white bottle, has a difference. Pour some onto a clear glass plate.

2. Then swish it around in lukewarm water. Tame conditions without oils, so the conditioners you need are there . . .

3. but Tame rinses clean! Would your creme rinse and conditioner rinse this clean?

4. Tame rinses clean, yet leaves conditioners that untangle, leave your hair shiny and feeling clean. Tame Creme Rinse. Tame Clean Rinse.

Try Tame® in the clean white bottle and save money, too.

Save 20¢ on Clean-Rinsing Tame® in the Clean White Bottle.

(or on any other Tame formula).

20¢

Mr. Retailer: The Gillette Company, Personal Care Division will redeem this coupon for 20¢ plus 5¢ for handling provided you and the consumer have complied with the terms of this coupon offer. Failure to enforce these terms should not be deemed a waiver of any of the conditions. This coupon is good only when received by you from a consumer purchasing any 8 oz. or 16 oz. size of any Tame product. Invoices proving your current purchase of sufficient stocks to cover coupons presented must be provided upon request. Failure to do so may, at our option, void all coupons presented for redemption. Coupons are not transferable and are good only on any Tame product. Consumer must pay any sales tax. Void if prohibited, taxed or restricted by law. Offer expires December 31, 1975. Valid in U.S.A. only. The Gillette Coupon Redemption Center, P.O. Box 301, Kankakee, Illinois 60901. Cash value 1/20 of a cent.

20¢

Good only on 8 oz. or 16 oz. sizes

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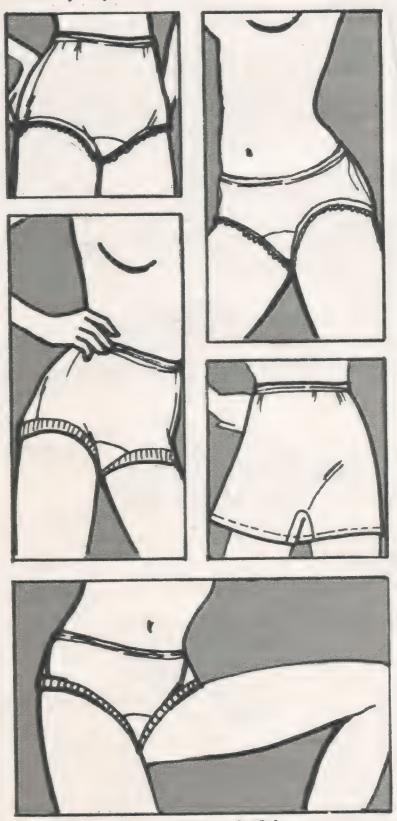
If it doesn't feel good, it can't be a Lollipop.®

If anything's nicer than getting healthful natural fiber cotton Lollipops, it's getting them on sale. And, if there's anything nicer than getting Lollipops on sale, it's getting *into* Lollipops.



Lollipops natural fiber cotton panties are on sale at stores everywhere, April 26—May 3.

Lollipop sleep/loungewear and underthings are made by Modern Globe, Inc. 90 Park Ave. New York, N.Y. (212) 972-1590

continued from page 58

Gam Ban

I've never had a book banned in Boston. But my legs were banned in Malawi! I wasn't the only one affected—all females there are prohibited by law from wearing any clothes that don't cover the whole leg. (Violations bring six months in jail and a large fine!) Though gams are a no-no on the streets of this African country, bare bosoms are very visible. To the Malawians, a woman's breasts are considered nursing tools, whereas legs are clearly sex symbols. When I asked one female about this strange custom, she explained that when a man sees a woman's legs, he loses control. Just think of the tremendous business leg developers and creams could do in a place like that!

After leaving Malawi, short dresses on my long legs have taken on a new allure. It certainly is titillating to think about: my legs are so sexy they were banned in Malawi.

—Nozizwe Siwundhla, San Diego, Calif.

Monsieur Snoopy

Honoré de Balzac, François René de Chateaubriand, Marcel Proust, Charles Schulz, Colette—Charles Schulz?

Over the past years the success of Schulz's "Peanuts" comic strip has spread from newspapers to sweat shirts, aprons, toys and pillowcases.

Now it's even possible to hear Charlie Brown emit a *soupir* rather than a sigh when he mourns the red-haired girl's failure to notice him. And every Halloween, Linus waits for the *Grande Citrouille.* These book-length comic strip collections have taken on a French flavor (Holt, Rinehart & Winston paperbacks; each $1.50) but the words are so simple that a beginner at French should have little difficulty. The Peanuts series is also available in Spanish.

—Allison Wilson, Clover, S.C.

Shore Evening

Blue-green waves
With foamy silver crests
Crash against silent deserted shores.
Gulls cry sadly
Against gray evening skies
And Venus twinkles forlornly.

—Diane Browne, Saugus, Calif.

Kitchen Treats

Sunburned? Try vinegar as a remedy! It's soothing for burns and almost every kitchen has it on hand. Smooth it over your sunburn, relax for thirty to sixty minutes, then shower—feel its cooling effect?

—Melissa Parscal, Kansas City, Mo.

Mayonnaise makes an inexpensive hair conditioner. Dampen a large towel and warm it in a 225° F. oven. Massage about half a cup of mayo into hair, wrap towel around it and cover towel with plastic (to hold in heat). Leave on for thirty minutes, then rinse out and wash your hair as usual.

—Pam Prim, Hendersonville, N.C.

Personally Speaking

Walk into the Field-Allen School in Windham, Maine, and you'll probably see a lot of students wearing buttons with IALAC on them. These initials stand for "I am lovable and capable," which is the motto for Values Clarification, a technique for acquiring greater understanding of the individual.

At a Values meeting, you can say what's on your mind without anyone's criticizing, and you're free to express yourself by giving full vent to your emotions.

The movement started in 1966 with the publication of the book *Values and Teaching,* by Louis Raths, Merril Harmin and Sidney Simon, and has spread throughout the world. In times as complex as today's, I think Values Clarification is *truly* of value.

—Liz London, Gray, Me.

Free for All is your literary potpourri. If you have an *original* story, poem, article, or some practical advice you want to share, write it in no more than 200 words and mail to SEVENTEEN, Free for All, 320 Park Avenue, New York, N.Y. 10022. We'll pay you if we use your work. Only those manuscripts being considered for publication will be acknowledged (within eight weeks of their arrival). None will be returned.

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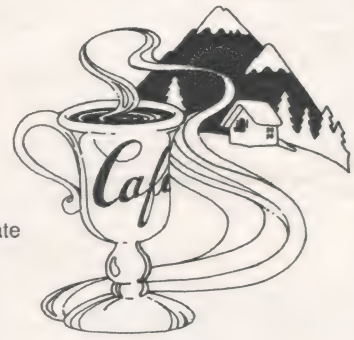
WHAT'S NEW

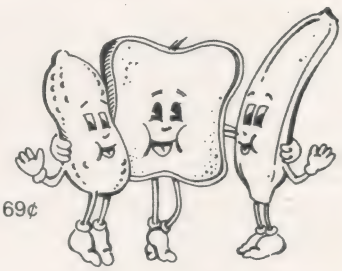
Stop here every month to catch up on the latest products and ideas

Does your plant drink a lot?
Just like nature, the Moisture Care self-watering plant pot uses capillary action to keep the moisture level in soil constant. Fill the pot's bottom with water and your plant will draw from the "reservoir." Going on vacation? Moisture Care holds up to a three-week water supply! Six-inch pot, $4; seven-inch, $5. By I.P.E. Corp. in five colors or clear, at most garden shops and chain stores.

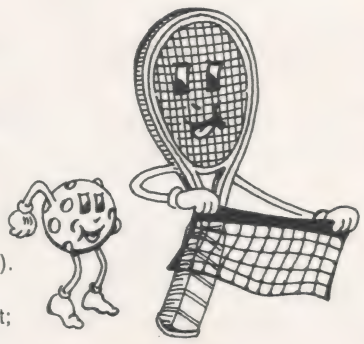
Continental flair in instant coffee:
Sip International Coffee, the beverage you don't need a passport to try. Add two teaspoons of Café au Lait (light, smooth and Parisian), Suisse Mocha (a Swiss chocolate delight) or Cafe Vienna (spicy and Austrian) to boiling water. By General Foods; eight-ounce can, $1.39.



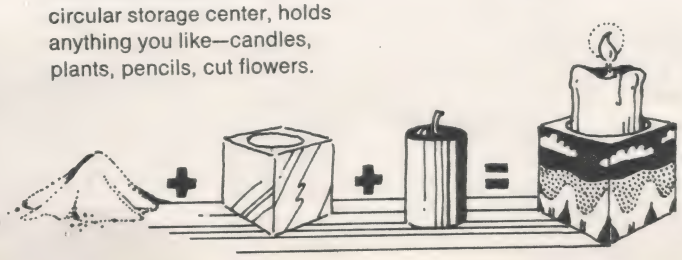
The craziest, creamiest new taste in a jar:
Koogle, a peanut spread in four flavors—chocolate, vanilla, banana and cinnamon. It's super in sandwiches, melted over ice cream or in your favorite dessert recipe. Kraft Foods; twelve-ounce jar, 69¢



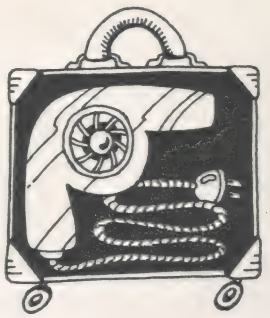
Everyone's game for love at home:
Celebrity Tennis, a mini version of the wait-for-a-court sport. Set up the net with posts, stakes and cord in your backyard or driveway, at the park or beach; bring out the "waffle" rackets and serve! By Milton Bradley; $14.95.



Create sand paintings
in the unique Sand Box (below). Your sand designs show through the outer compartment; the inner compartment, a circular storage center, holds anything you like—candles, plants, pencils, cut flowers.



Kit includes plastic container with lid, seven packets of colored sand, painting tool and photos of design ideas; $7.95. From Designsense, 109 Seventh St., N.E., Atlanta, Ga. 30308, or at most major department stores.



Cool for styling,
hot for fast drying, Sam-Plus is an easy-to-handle blow dryer/styler you can carry anywhere! With two speeds, 700 watts and a concentrator nozzle. By Brother International; $15.99.

Curls in a minute
that last for hours are yours with a Lady Remington Curling Wand. Lightweight mist/heat wand spot-styles, curls, waves and controls stubborn hair. By Remington; $22.98.

Start making scents
with Houbigant's Musk Plus, a solid-perfume compact with Rosemary, Wild Thyme and Musk; dab on one or combine all three for intriguing natural fragrance; $3.

Opening night tingle
and skin-softening emollients premiere together in Broadway Baby Splash Cologne, an earthy herbal-woods scent by Dorothy Gray. Six and one-half ounces, $2.25.

A very special blend
of tangy citrus, oil of myrrh, warm jasmine and rose becomes Myrrh—the floral fragrance he won't forget. By i Natural Cosmetics; four ounces, $8.50.

Baby your hair
with Love's newborn Baby Soft Shampoo, the nonalkaline route to shiny, soft and healthy hair. It comes in two formulas: normal and oily. Gentle enough to use every day; eight ounces, $1.95.

Mini-bars for maxi-convenience:
Neutrogena Transparent Soap Miniatures, amber-colored, hypoallergenic and nondrying. Now in a box of thirty separately wrapped wafers, a great gift for travelers or anyone with sensitive skin; $8.95.

BRIAN BURDINE

Before you consider the sheer voile peasant blouse with the billowing sleeves, consider your toothpaste.

Your mouth can tell more about you than a store full of fashions. Because attractiveness begins with white teeth and fresh breath. And Close-up® toothpaste helps give you both. Its unique red gel has gentle whiteners and a powerful mouthwash. Together they work to give you the whitest teeth and fresh breath. Those are basic, like clean hair and healthy skin.

That peasant blouse may turn his head. But don't forget to put your money where your mouth is. He'll love you for it.

Put your money where your mouth is.

Buy Close-up.

regular flavor or mint

Now. Top quality cosmetics that would cost $20.00* in the finest stores are yours for just $1.

It's all to PROVE to you how beautiful and luxurious Beauty Focus® cosmetics really are, and to show you how you can save by buying direct from Beauty Focus so you pay no wholesale mark-up, no retail mark-up!

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Super velvetizing hand and arm lotion moisturizes, softens, smooths away roughness and flakiness.

Translucent pressed powder gives skin an elegant, even, natural-looking glow.

Gentle eye creme smooths sensitive areas around eyes—erases unwanted lines.

Super nail hardener helps keep nails from looking old or dried out. Helps eliminate splitting or snagging.

Emollient lip gloss gives lips a creamy natural look.

Solitude, a new perfume. Subtle. Haunting. Lasts all day. You'll love it.

*comparable retail value

What's the catch? There is none.

We're so convinced that you'll not only love BEAUTY FOCUS products, but prefer them to anything you've ever tried before that we're willing to send you your first BEAUTY FOCUS cosmetics collection at absurdly low cost.

It's the best way we know of to get you to try our products.

Beauty Focus products are the most luxurious ever made in every category.

Our lipsticks are the creamiest. Our powders the most porcelain-like and smoothly translucent. Our lotions the most velvety-emollient. Our perfumes the most spring-like and deliciously feminine.

Deal direct with the originators of some of the world's most beautiful cosmetics.

With BEAUTY FOCUS, there's no wholesale mark-up, no retail mark-up. You pay for cosmetics, instead of high salaries and commissions.

You decide which cosmetics you want in the privacy of your own home, with no pressure from sales people who are often more influenced by what they want than by what you want.

Your un-influenced judgment is all that is involved. And the savings you make are truly tremendous.

No wonder thousands of intelligent women are buying cosmetics the smart, money-saving way—direct from the creative cosmeticians of BEAUTY FOCUS.

Here's how you can get these cosmetic bargains throughout the year.

After you receive your introductory kit, you'll go on receiving similar collections of superb original cosmetics and beauty aids custom-created for you, about every two months, but only for as long as you want them.

Everything you receive is on approval. There's no obligation whatsoever.

Each kit—no matter how great its value—is priced to you, as a member of the BEAUTY FOCUS plan, at just $6.98 plus shipping and handling.

Every kit we send you will be worth at least $20.00, often as much as $30.00.

Here's what some of our members say:

"I enjoy receiving such fine products in the mail. It's such a nice surprise."
C. Myers, Costa Mesa, Calif.

"The products are really outstanding and I get a chance to experiment with things I wouldn't otherwise have the chance to try."
D. Guido, Scranton, Pa.

"You get many different items and pay quite a bit less than retail price."
C. Leisinger, Jackson, Wy.

What a beautiful way to focus in on your most beautiful look.

As you can see, the amazing new BEAUTY FOCUS plan helps you find out without risk, how to focus your own natural beauty best.

With luxurious beauty products, from our marvelously complete line of new lipstick, eye makeup, blushers, fragrances, creams, lotions, makeup bases and more.

Each kit contains an informative booklet with little known but valuable beauty tips.

Every booklet deals with a different subject—more beautiful eyes, more beautiful skin, etc.

They tell you how to dramatize your best features, minimize your problem areas.

You'll learn how to use special BEAUTY FOCUS preparations that are just the right answer for your special beauty problems.

They also help you spot beauty opportunities you might not otherwise see!

Every booklet contains professional secrets that can help you gain new radiance, new allure, new beauty power and excitement.

After just a few months of these super-helpful beauty tips, combined with our more effective beauty aids, you're sure to focus in on your most beautiful look as never before!

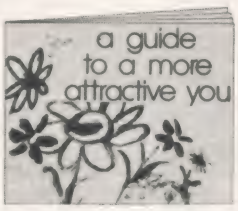
You also receive a special full color discount catalog.

It describes, explains and illustrates the many marvelous BEAUTY FOCUS cosmetics and beauty aids you as a member can order at unbelievable discounts.

With this catalog you can choose from literally dozens of elegant and remarkably effective beauty aids at prices that are only a fraction—usually about one-half—what you'd have to pay if you had to buy them at regular retail prices.

What's more, from time to time, BEAUTY FOCUS makes special Bonus offers available to BEAUTY FOCUS members.

Your friends will wonder how you could afford such quality cosmetics and so many of them. The secret—your membership in the BEAUTY FOCUS plan.



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With your introductory collection we'll send you THE BEAUTY FOCUS "Guide To A More Attractive You."

This fact-filled 12 page booklet shows you how to make the best and most beautiful use of your most expressive features—gives you ideas you never thought of before on skin freshness, eye beauty, and much, much more.

There's no obligation whatsoever.

If you love the collections we send you approximately every two months, and you wish to keep them, you pay only $6.98, plus shipping and handling, just a fraction of what you would pay for comparable cosmetics in fine department stores.

However, if for any reason whatsoever, they should fail to please you, you are under absolutely no obligation to keep them. Simply return the kit within 10 days and you don't owe a penny.

The point is you can cancel out of the Beauty Focus Club at any time.

There are no commitments, no obligations, no specified number of kits to buy. No specific time you must buy them.

And even if you cancel altogether, you still get to keep the $20.00 value introductory kit for just a dollar.

Don't Wait. Send Today.

With BEAUTY FOCUS, you get your introductory collection, containing $20.00 worth of super-luxurious, top quality cosmetics for just $1.

PLUS our Guide to a More Attractive You. PLUS your full color DISCOUNT CATALOG of superb cosmetics and beauty aids at tremendous savings.

PLUS eligibility through your BEAUTY FOCUS membership for future offers of still more beautiful and beauty-enhancing products at approximately one half what would be their real retail value.

PLUS special Bonus offers which become available to members periodically. And all on a money-back guarantee.

Isn't that extraordinary? We think so too.

However, as you'd expect, an offer so expensive to us has to be limited.

Send in the coupon today. Start getting fantastic savings on top-quality cosmetics.

Act NOW. And see how much pure beauty a dollar can bring.

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Anne Bancroft, Jack Lemmon

Michael Moriarty (center) and cast

Jeannie Berlin, Rebecca Dianna Smith

Arthur Rubinstein

Florinda Bolkan

John McEnery, Bobby Parr, Susan Penhaligon

Close-up

What teens are LOOKING at . . . LISTENING to . . . TALKING about . . . in the world of entertainment

by Edwin Miller

Movie of the Month

THE PRISONER OF SECOND AVENUE, a clever and amusing comedy, details the crumbling texture of life in any big town anywhere, although this tale of a middle-class American white-collar man up against the wall takes place in Manhattan. Adapted by Neil Simon from his hit Broadway play, the movie is an inspired variation on the theme of Charles Chaplin's classic, *Modern Times,* in which Chaplin depicted the little fellow trying to cope with the devastating monotony of factory work. Jack Lemmon is splendid as an advertising executive whose tolerance for the perpetual hassle of the city crumbles when his job vanishes. His Second Avenue high-rise apartment no longer seems an impregnable castle: neighbors are revealed as enemies, walls crack, elevators fail, burglars pounce. Close blood relatives seem shaky supporters. Anne Bancroft, as his wife who goes back to work, is flawless in a gem of a comedic performance. The supporting cast, led by Gene Saks as the older brother, is top-notch. Even New Yorkers will think twice about remaining in town after seeing this black comedy, but you would be hard put to find a more entertaining put-down. Melvin Frank produced and directed. PG*

More Movies

REPORT TO THE COMMISSIONER is a complex, crackerjack thriller about power politics in the police department, played out on the streets of New York. It will make you twitch with suspense! Michael Moriarty is fascinating as a rookie assigned to shadow another detective (Susan Blakely), an undercover girl on a narcotics case. Neither knows each other's real identity. The cast includes Yaphet Kotto. PG*

SHEILA LEVINE IS DEAD AND LIVING IN NEW YORK bears minimal relation to its source, Gail Parent's novel. What remains is the central character, a vulnerable, yearning girl on her own in the big city, worrying about a big date, almost any date. Jeannie Berlin is fine and funny for the first half of the film, but she's finally swamped in a quicksand romantic mess. Roy Scheider plays the key man. PG*

ARTHUR RUBINSTEIN—LOVE OF LIFE. Fearing boredom, most moviegoers shy away from anything that smacks of the documentary film. But this marvelous portrait of the great pianist at work and play around the world is an exhilarating, thrilling experience. Now eighty-eight—this French production was shot five years ago—he's an artist glowing with vitality and inspiring enthusiasm. G*

A BRIEF VACATION, a poignant romance directed by the late Vittorio De Sica, is quintessentially European in its story of a factory worker—Florinda Bolkan—in Milan. Her poverty-ridden existence is disrupted when she comes down with TB and is sent off to a posh mountain sanatorium, where, for the first time in life, she has a chance to find out who she really is before the future closes in. PG*

THE LAND THAT TIME FORGOT. Taken from a science-fiction fantasy by Edgar Rice Burroughs (author of the *Tarzan* series), this unpretentious adventure flick is fun, particularly for a Saturday afternoon. The time is 1916. Survivors of an English ship aboard a crippled German submarine find themselves drifting toward an unknown island where all manner of prehistoric creatures abound. PG*

**Motion Picture Association of America ratings*
G: General Audiences. All ages admitted
PG: Parental Guidance Suggested—some material may not be suitable for preteen-agers

More "Close-up" on page 68

Advertisement

Hair & Beauty · By Joan Clair

Are jeans on the way out? In New York this spring more girls than not are going formal—mid-calf skirts, dresses, stockings and pumps. And hairstyles are more varied than ever—from the ever-great straight look to lots of short curls and 40's-style finger waves. It's as though every girl has her own special look! Perhaps the following hints can give you some ideas for what your special look might be this spring.

Blonde-streaking, tips or frosting—a change of pace for the spring. And *Frost & Tip* can really make it easy if you've never tried doing it before. Everything you need from start to finish (including good, clear instructions) is in one neat kit. It only needs to be done two or three times a year. And with *Frost & Tip,* you don't have to change your whole haircolor. You just add a little personality—your own.

"I luuuv curls!" That's Beth who just lopped off eight (gulp) inches of her hair. She's a knockout. And her *Clairol Kindness* Hairsetter helps . . . because curls last longer thanks to special heat-holding rollers. Another great feature is the smooth exterior. The ridges are smooth so they won't tangle, yank or hurt. I think curls are great for making you feel lighthearted and bouncy all over. Did you ever notice that?

"Then, after I got my electric rollers," Beth went on, "I bought myself *Kindness* Heat-Activated Conditioner, and added body to my hair by spraying it on each lock before I rolled it up." *Kindness* Heat-Activated Conditioner works on wigs and falls, too (when you feel like being incognito). You can also use it with the *Crazy Curl* Steam Styling Wand and the *Crazy Twirler* Dry Curling Wand.

The case of the disappearing blush. Ever notice how powder blush seems to fade away in a couple of hours? Mine does. So I tried something totally different and it really lasts all day: *Clairol* Clear Gel Blush. It's a totally transparent gel in a tube. It gives a delicate, lasting glow of color that looks just as good over bare skin as it does over makeup. I'll send you a full-size Gel Blush free if you'll write *Joan Clair,* P.O. Box 1020H, Yonkers, N.Y. 10701. Include your name, address, 50¢ for postage and handling.

Is straight hair still in? "Still" isn't quite the word—it seems to be here forever. If you have naturally curly hair or almost straight hair that isn't quite smooth enough, to get the look you want, try relaxing the curls with *U.N.C.U.R.L.* Believe it or not, even if you want a curly hairstyle, straight hair can be the firmest foundation for it.

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Close-up

continued from page 67

Records

Bob Dylan's new album is a thrill; bright new talents include Phoebe Snow, Henry Gross

Bob Dylan

BOB DYLAN: BLOOD ON THE TRACKS (Columbia). Ballad maker Dylan stands as if in the midst of a vast plain, encompassing present, past, future for himself, for all of us, with passion dry but not spent. Backed by a crack band, he strums his guitar, blows on his harmonica, expresses a million dreams and untold realities in vividly enigmatic images. The intensity of his music bursts forth from the marrow of his bones. Analysis and controversy swirl around Dylan—what he meant in the old days, what he portends for the future—obscuring the forest for the trees. Listen to *Tangled Up in Blue; Idiot Wind;* the others—in them all Bob Dylan looms, a beacon, a signpost signifying everything, to the astonishment of the world which produced him. His genius thrives.

PHOEBE SNOW (Shelter). Every once in a while, a performer comes along who makes you sit up and take notice. Such is Phoebe Snow, who lays her vulnerable psyche on the line in her debut album, with hard-edged but aching vocals of her own design: *Either or Both; I Don't Want the Night To End.* Accompanying her softly swinging ballads on acoustic guitar, she has the expert support of a jazz-inflected group.

TOWER OF POWER: URBAN RENEWAL (Warner Bros.). Quick, hip, entertaining, this lively mix is dominated by Lenny Williams' high-pitched soul vocals. He keens in counterpoint to loose horn- and saxophone-driven band arrangements in exciting tracks such as *Only So Much Oil in the Ground.*

HENRY GROSS: PLUG ME INTO SOMETHING (A&M). There's no sitting still with this grand, fast-moving country session. Composer Henry Gross belts out lead vocals on such rockers as *One More Tomorrow; Southern Band; The Driver's Engine* and *Travelin' Time,* all the while grooving on his electric guitar. *Plug Me into Something* is a powerhouse!

Choice Cuts

CARL DOUGLAS: KUNG FU FIGHTING (20th Century). Syncopated love songs. MOZART: COSI FAN TUTTE (Philips). Glorious comic opera. Colin Davis leads. CHET BAKER: SHE WAS TOO GOOD TO ME (CTI). Pop classics, trumpet and vocals. TCHAIKOVSKY: THE MAID OF ORLEANS (Columbia/Melodiya). Joan of Arc in Russian! AFTER THE BALL: A Treasury of Turn-of-the-Century Popular Songs (Nonesuch). BACH: BRANDENBURG CONCERTOS (RCA). Baroque lovelies; Paillard conducts. BOBBI HUMPHREY: SATIN DOLL (Blue Note/United Artists). Jazz flute, vocals. JOAN SUTHERLAND: COLORATURA SPECTACULAR (London). Stunning arias for soprano.

NEIL SEDAKA: SEDAKA'S BACK (Rocket/MCA). Brooklyn's Neil Sedaka was a vocalist to be reckoned with a decade and a half ago when ballads like *Breaking Up Is Hard To Do; Oh Carol* and *Calendar Girl* sold in the millions. He makes a triumphant comeback with this agreeable collection culled from hits—*Laughter in the Rain; Standing on the Outside; That's When the Music Takes Me.* His musical impulse is strong, his light, crystal-clear tenor more engaging than ever.

More "Close-up" on page 70

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Fabergé

Close-up

continued from page 68

Spotlight

BOB ROSS

Susan McClung makes a dramatic movie debut in *Birch Interval*

On the back porch of a farmhouse in Pennsylvania's Amish country, grizzled character actor Eddie Albert stands stock still as fourteen-year-old Susan McClung, playing his granddaughter, declares with passion, "I hate you!" He has just committed his son, her uncle, to a mental hospital. It's the final scene in a movie called *Birch Interval,* a poignant story about growing-up pangs as experienced by a city teen-ager sent to live with her relatives in the country. The director yells, "Cut!" The actors relax. Eddie looks over at Sue's bright vivacious face and remarks, "It's a delusion to think that talent is enough. Far more important are the desire, the discipline, the drive you need in a highly competitive business. Susie's very disciplined."

The script made Sue very happy. "My character's feelings come out into the open," she explains. "She realizes that everyone goes through a period where their whole outlook is changed. They grow up. Sometimes you don't understand it until you look back years later."

Sue was born in Okinawa where her father, now retired, was in the armed forces, but she grew up mostly in San Francisco. She made her first TV commercial when she was three. A family friend, an agent, urged her mother to get Sue and her older sister into acting because they were so pretty. Sue prefers acting to TV commercials. "It's a thrill. It releases a lot of tension—you realize that because you feel so relaxed afterward." When not in school, she helps out in the family gift shop. But Sue is four foot ten. "People don't think you know anything when you're so short," she says. "Try to explain something to someone you're waiting on. They say, 'No, no, you don't understand, sweetie talking about.' I hope," says Sue, "I get taller."

More "Close-up" on page 72

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Close-up

continued from page 70

Rock People

Rick Wakeman
mixes rock and classic
forms in
spectacular concerts

Nobody laughs when Rick Wakeman, a six foot two virtuoso with long yellow hair and shimmering white cape, strides on stage to sit down at the piano. Rather, tens of thousands watch in awe as the symphonic rock instrumentalist and composer swivels from mellotron, Moog synthesizer or electric piano, concert grand or harpsichord with dazzling ease. They listen in hushed silence as he leads a forty-five-piece orchestra, a six-man rock band and mixed choir. He recreates his A&M album, *Journey to the Centre of the Earth,* inspired by the Jules Verne fantasy, depicts *The Six Wives of Henry VIII* in electronic tone poems. Then he ripples through variations on a Scarlatti sonata for an encore!

"I'm a great believer that you should be able to play behind a curtain and still get the audience to enjoy the music as much as when they can see you," Rick remarks. "It's very important to hear the excitement in music; if you believe in what you're playing, then you can convey that to those listening. Twenty years from now I hope someone will be able to hear one of my albums as a valid piece of music—I can't imagine someone explaining to a grandchild, 'Oh, that was some rock and roll of the '70s. It doesn't sound very good now, but you should have seen how he jumped up in the air, throwing up his guitar to catch it while doing a double somersault, before landing on top of the piano in a split!' "

London-born, son of a businessman who was once a dance band pianist, Rick went off to take "jolly old piano lessons" at the age of five and kept on going through music school to get his degree as a teacher. But when he found that all he would make would be thirty-five dollars a week, he looked around for other fields. At nineteen, some seven years ago, he began as a sideman in recording sessions for pop singles, advertising jingles, joined a couple of rock bands, first the Strawbs, then Yes, before going out on his own. "I never want to get to a point where I become an 'institution.' That means personality and your past have overtaken you. People are seeing you for what you have done—not for what you are doing!" Rick's latest A&M album turns to the past again for *The Myths and Legends of King Arthur and the Knights of the Roundtable.*

MARTHA SWOPE

Show Bits

Double takes and diversions

HOW WELL DO YOU COPE? Three of every four American families are touched by a mental health problem. The latest insights into personality development and therapy illuminate *The Thin Edge,* five hour-long documentaries exploring depression, aggression, anxiety, guilt and sexuality. The bimonthly series premieres on the PBS network, beginning the week of March 31.

FANTASTIC VOYAGE. Bilbo Baggins and a host of other inhabitants of Middle Earth spring to life in English actor Nicol Williamson's (1) vivid reading of J.R.R. Tolkien's marvelous adventure, *The Hobbit.* The epic fairy tale is condensed into four long-playing Argo records, a delight for young and old.

OSCAR IS FORTY-SEVEN! The annual awards presentation of the Academy of Motion Picture Arts and Sciences will be emceed by Shirley MacLaine, Bob Hope (2), Frank Sinatra and Sammy Davis, Jr. On NBC-TV, April 8, from 10:00 P.M. E.S.T. to finish. Lesser-known activities of the Academy include running the Margaret Herrick Library and National Information Service—providing stills and information to anyone who writes in, along with a scholarship and internship program for young people interested in film. Write the Academy at 9038 Melrose Ave., Hollywood, Calif. 90069.

BROADWAY POSTSCRIPT. Buffs will celebrate the theater Tony (named for theatrical personage Antoinette Perry) Awards on ABC-TV, April 20, 9:00-11:00 P.M. E.S.T.

WANT TO BE A BALLERINA? Almost everything you might want to know about what it's like behind the scenes with the famous New York City Ballet is touched on in *Dance Is a Contact Sport* by Joseph H. Mazo (Saturday Review Press, $10.95). The book highlights dance personalities, performances, rehearsals, classes. This month the company, including Helgi Tomasson and Patricia McBride (3), plays Kennedy Center in Washington, D.C., then opens at New York's State Theater in Lincoln Center.

ZANY ZAPPA. Far out rock satirist, composer and bandleader Frank Zappa (4) will score a movie inspired by Belgian artist Guy Peellaert's surrealistic paintings of the music scene, *Rock Dreams* (Popular Library, $7.95). This month Zappa, whose latest Discreet album combines his two musical passions, jazz and classical, tours the United States.

HAPPY BIRD: Maurice Maeterlinck's charming fantasy, *The Bluebird,* is being transformed into a movie with music, the first American-Soviet coproduction in film history. Among the stars: Elizabeth Taylor (5), Jane Fonda, Cicely Tyson, the Kirov Ballet.

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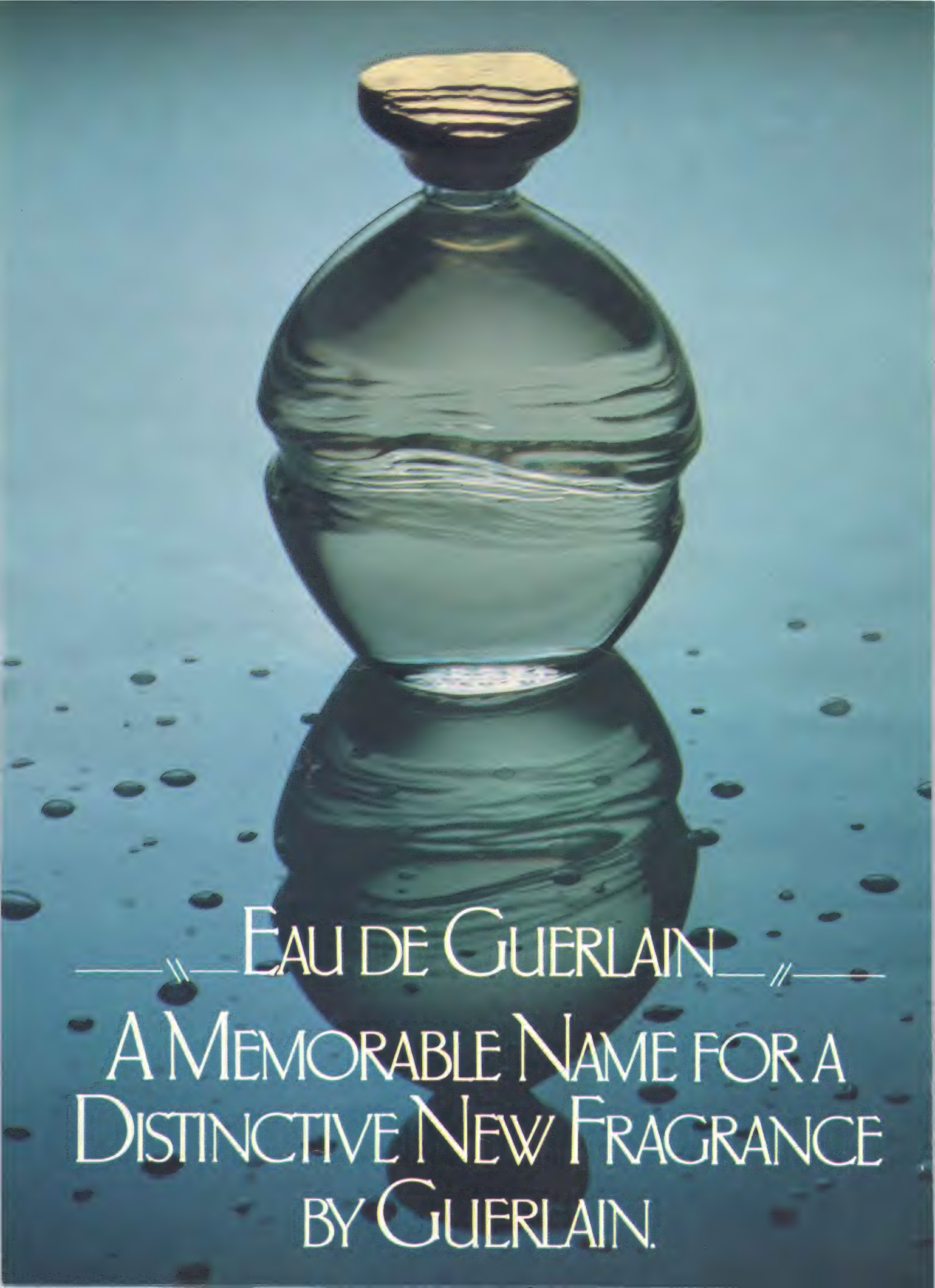
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Marriage: The Kind of Men to Avoid

A girl should anticipate problems before she becomes seriously involved with a boy. Here's a checklist of nine types of young men you should think twice about before marrying

by Lester David

They made a lovely couple as they stood in a corner of the garden beneath an altar of yellow roses. Sandy looked beautiful in the wedding dress of Spanish lace, Mark was handsome beside her, touching her fingers, as the minister spoke. Softly they told each other of their enduring love in words they had written themselves.

Who could tell that in just two years Mark would be two thousand miles away, single once again? Or that Sandy, at twenty-two, would be divorced and back at home with her parents, working and caring for her year-old daughter?

It's a sad scenario. But that's how it happened in real life.

There is something sadder still: that same basic script, with many variations, is repeated tens of thousands of times in the country every year! Marriages of young people, begun with so much hope, are ending at an appallingly high rate.

Divorces are surging all over the United States. In 1973, 913,000 couples ended their marriages and, while figures have not yet been compiled for 1974, the one-million mark is sure to be passed for the first time in history.

Recently I visited Sandy and talked with the pretty young divorcée. "It's been nearly three years now," she said, "and I'm still not over the emotional shock. Sure, I've got a job, but Debbie is growing up without a father. And it's not easy for me to get back into the dating scene.

"I guess I'm qualified to give advice to people thinking about marriage. I say to them: just be pretty darn sure you know what you're doing."

How can you be sure? I put the crucial question to marriage counselors, divorce lawyers, psychiatrists, psychologists and other experts. The answers distilled down to this message: the tragedy of a broken marriage can often be averted if a girl anticipates problems *before* she becomes seriously involved with a boy.

"If she knows where to look and how to interpret what she sees, she can save herself a lifetime of heartache," declares Rev. Robert W. Burns of Atlanta, one of America's leading pastoral counselors. "The fact is—and it has been proven over and

over—that certain types of young men make poor marriage risks."

In agreement is Dr. Salvatore V. Didato, a New York clinical psychologist and marriage counselor, who has worked extensively with young people. "A girl's chances of marital happiness are increased significantly," he points out, "if she can recognize—*before marriage*—those qualities of personality and character that make a good husband or a bad one.

"Unfortunately," he adds, "too many young women slide into matrimony along a path of moonbeams and stardust, without evaluating a young man. The awakening can be painful."

Who, then, are these marriage risks? What kind of boy is poor husband material? Here, from the casebooks of the experts, are nine types of men you should think twice about before marrying:

The boy who has a continual round of bruising battles with his own family

Jerry, an eighteen-year-old track star, sat glumly at the wheel of his car, blasting the horn for Marcia. When she came out, she knew at once what had happened. "Another fight with the folks?" she asked. Jerry nodded, his jaw working with suppressed rage.

The day before, a quarrel had erupted with his mother over late hours. This time it had been a battle with his father over money. It had been this way since they had met a year before, a pattern of constant friction that sometimes had his mother in tears and his father in a fury.

"My parents bug me," Jerry told Marcia. Marcia doesn't realize that Jerry is a prime example of a bad marriage risk.

Dr. Burns' advice: "Watch the boy carefully within his own family. Does he treat his parents with consideration and respect? Understand that uptightness and stormy times are inevitable as a young man grows and seeks to find himself, but there must be a basic respect and a sense of responsibility. Does he share in the home tasks out of a realization that he must pull his own weight?

"If he shows little affection to his family, he will find it very difficult to have affection for you. If he is surly and disrespectful to his parents, you can bet that when the romantic glow wears off, he will act the same toward you."

The mama's boy

He's at the other end of the scale. Dominated all his life by a fiercely "loving" mother, his first loyalty will always be to her—her wishes, her ideas, her schedule. Mama will be the unseen head of the house, her influence felt in everything from the way the apartment or home is furnished and where and how weekends are spent to meal preparation.

The mama's boy, never given an opportunity to make decisions for himself, will almost automatically consult with her, not his wife, on important problems. Should he take that job, get a new car, buy a house?—Mama will be the court of first resort.

Psychiatrists point out that someone like this may have married not because he was in love but to "prove" his manliness to himself. From time to time he may make an effort to assert his masterliness by carping and criticizing at home. His self-hatred and frustration may cause him to lash out fiercely at his wife during an argument, sometimes to the point of beating her, to prove he is a "strong male."

The late Dr. Abraham Stone, dean of America's marriage counselors, once wrote that a newly married couple "should be emotionally free from parental domination, and they should be able to strike a balance between their loyalty to their

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The Disruptive Boy

parents and their relation to each other."

"A boy who has a warm, close relationship with his parents gets high marks as a good marriage risk," notes Dr. Didato. "But one who is neurotically dependent on them, and especially upon his mother, is not emotionally fit to be a husband."

The Othello type

Debbie was annoyed, to the point of tears, when Greg always demanded to know where she had been and whom she had seen when he wasn't with her. Several times he had even made up stories to try to trap her into "confessing." And yet, Debbie told herself, "It really proves he loves me."

Debbie was on dangerous ground. Some jealousy, psychiatrists point out, is normal. If it is wholly absent, love itself may be absent too. "People who never feel the normal pangs of jealousy," wrote Dr. Ralph R. Greenson, professor of psychiatry at the University of California in Los Angeles, "are people who do not feel any loss—and people who do not feel any loss of love are people who do not give enough love to lose."

When the jealousy is excessive, out of proportion to what has really happened, serious trouble can arise. A wife can look forward to sudden, embarrassing rages at parties when her husband fancies her paying attention to another man, to probing questions when she comes home half an hour late.

"The girl who marries a boy afflicted with this type of abnormal jealousy is buying herself a lot of problems," warns Thelma Peskin Halpern, a New York psychotherapist and marriage counselor. "She will find herself involved in bad emotional scenes. Being forced to defend herself constantly against unwarranted accusations will make it difficult for her to maintain her identity as a person. She will be expending most of her energies in self-defense. Excessive, unjustified jealousy is a persecuting emotion which can torture a woman."

The boy who can't handle money

"No matter how brilliant and successful a man may be, his marriage rests on wobbly foundations if he has never learned the basic principles of personal money management," declares Lawrence I. Brown, a leading New York matrimonial lawyer. Mr. Brown has handled many hundreds of divorce cases in twenty years of practice, probing for the reasons behind the breakups.

"One major cause that recurs," he asserts, "is living beyond one's means. This brings all the inevitable consequences—debts, hiding from creditors, more borrowing to cover other debts. Resentments, accusations, lacerating quarrels follow, and the marriage collapses.

"If he is unable to live within his means as a youth, the chances are high that he wouldn't when he's a married adult."

Here are some things to look for: Is he always broke? Does he borrow from friends? These are bad signs. Does he have a savings account?—a good sign.

Money management can be learned. Sometimes, too, the responsibilities of marriage can jolt a young man enough to change his ways. Nonetheless, pause and think twice if the trait is marked.

The boy with the "I" complex

"If a young man is single-mindedly absorbed in his own career, knows where he wants to go and how to get there, chances are excellent that he will eventually become a successful man. But he will probably make a lousy husband."

Dr. Didato thus sums up the marriage-ability quotient of young men absorbed in their own careers. Ms. Halpern agrees and adds: "The wife of such a man will be merely an appendage to him. Success-oriented, power-hungry, he will be involved with his own aims and personal needs, rarely with hers."

How do you spot the type? "When you're with him," asks Dr. Didato, "does he constantly steer the conversation to

The Short-Fused Boy

The Jealous Boy

himself and *his* plans and problems? When you go out do you always end up where *he* wants to go? If you talk to him about an incident that involves you and your feelings, does he respond with empathy or appear to listen with one ear without showing you that he really knows how you feel or wants to know?"

The super-rebel

All through school, Andy had been a behavior problem. His parents had been summoned so many times for conferences with teachers that his father commented bitterly: "I've been to school almost as much as he has." Talks, arguments, punishments—nothing helped. Andy still defied his teachers and the rules.

While youthful rebellion is common, the super-rebel goes off the deep end. "People like Andy want the world to change instead of changing themselves," declares Dr. Didato. "They are the rebels who are unable to tolerate any restriction on their behavior and actions, who resist any sort of control or authority. They are constantly battling the system."

The super-rebel, Dr. Didato warns, will probably be a job-hopper, going from one to another as he quarrels with bosses and co-workers. He may also get into trouble with the law as he violates traffic rules, or worse.

The opposite one

Isn't it true that opposites attract? "That old saying," writes Dr. Phillip Polatin, professor emeritus of clinical psychiatry at Columbia University's College of Physicians and Surgeons, "overlooks the fact that attraction between opposites is usually based upon friction. Friction may lend excitement to courtship, but in everyday living it can degenerate into two people rubbing each other the wrong way. Compatibility between extremely different personality types is rare."

A girl who hates sports and loves ballet can be happily wed to a boy who is a sports nut and cannot abide dance, providing they accept what they cannot

continued on page 79

Meet Donna Brown and Alicia Catania, mother and daughter.
Mother wears jeans, daughter wears dresses. Mother shops for clothes, daughter sews.
Mother works, daughter's settled down and married. In other words, like mother, *not* like daughter.
Except for their fragrance. Cachet belongs to both of them. And that's okay.
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There'll be no chemises for Jan Bower.
Not with a waist that measures 19 inches.
That little middle is her trademark.
That. And Cachet.

Suellen Laracy thinks what's missing in the 20th century is romance. So she provides her own by collecting clothes from another century. Suellen says, "Deep down, they're really me. Like Cachet. The fragrance I always wear."

Cachet. It's the fragrance as individual as you are.

We know you don't want to look like the next girl. Or wear a fragrance like the next girl's either.
That's why we created a new kind of fragrance called Cachet.
Every woman on this page can wear it and it'll be something a little different on every single one.
Because, besides being fresh and fascinating, Cachet was designed to pick up and play up a woman's own special chemistry.
In perfume. Cologne. Bath things. Everything.
Maybe it isn't you. But then again, maybe it's the first fragrance that really is.

Cachet by Prince Matchabelli

Love invents the answer to Cathy's oily skin problems.

Cathy felt that her face was one big oil well, and hated the "shinies" that happened around her nose, but she also hated a "chalky" makeup look. So Love showed her 'Clean & Natural,' new oil-free* gel makeup that holds back oily shine. The big picture shows it in action, blotting up excess oils while looking fresh and natural. Now Cathy glows. But she sure doesn't shine.

Cathy Coyle. Los Angeles. California.

New 'Clean & Natural,' the first oil-free gel makeup. It may well be the answer to your makeup problems. Full of blotters to take care of oily shine, yet sheer enough to be a gel. Made to soak up excess oils that can clog pores so it keeps that fresh, clean look hours longer. Your skin breathes. You look glowing. You feel clean. So make the most of what you have with new 'Clean & Natural' by Love. Nothing else is quite as good for your ego.

*Contains no animal, vegetable or mineral oils.

'Clean & Natural'. New Oil-Free Gel Makeup by Love Cosmetics.

continued from page 76

change. However, Dr. Polatin cautions, "at least some personality traits in common are essential to insure harmony."

Dr. David R. Mace, a leading marriage counselor, cites the need for two people to be "in tune" with each other. "This means something much more than being 'in love' in the popular sense," he writes. "It is based on compatibility in the truest sense—a state of affinity and harmony between two personalities which is felt intuitively by both."

The questions to ask yourself: Does his general disposition suit mine? Is he too aggressive for me, too timid, too depressingly pessimistic? Is he too aloof, too silent, too competitive? If you are opposite personality types, living with him could be a source of constant irritation.

Mr. Friendless

All through high school Albie was rated tops in popularity. Three weeks after he entered college, he was elected president of the freshman class. He was an excellent athlete, a good student and had no bad habits. Yet Albie had a flaw that ran deep. He had many acquaintances but had never had a close relationship with anyone that had lasted more than a couple of months.

Analyzing the backgrounds of husbands whose marriages had ended in divorce, Mr. Brown, the matrimonial attorney, discovered that many had never had any close friends as boys and young men. "The inability to develop lasting relationships with friends should be a red flag to a girl," he says. "It tends to show that, despite achievement and even brilliance in other areas, the young man may not be able to develop a close relationship with a wife either."

The boy with a short fuse

Day-to-day living with a man who flares quickly into anger is no fun. He can run the gamut from pouting and sulking to screaming and breaking furniture. Observes Dr. Didato:

"Such a person had temper tantrums as a child and will continue to erupt like a volcano as an adult. Emotionally immature, he has poor impulse control. He demands instant gratification. When he doesn't get his own way, look out!

"Trigger temper is not a fatal flaw. If he's sensible, he will seek professional help and learn to handle his emotions and his outbursts. But at the same time, a girl should be wary if she sees a young man fly frequently into rages and get into fights with his friends and others."

Triple-star this fact: scratch almost every male and you will find some of the characteristics and tendencies described above. Few boys are never jealous, rebellious, angry, quarrelsome or careless about their money at times and to a certain degree.

If you have read carefully, you have noted the emphasis on the *severity* of the symptoms and this must once again be underscored.

If these are the poor risks, then who are the *good* marriage prospects? Sociologists who have conducted studies of marital happiness have found that a young man with the following qualities is most likely to make a good husband:

1. His overall life goals are similar to yours. He should not be oriented toward material success if you value a life of service and intellectual pursuits more highly. If he wants a family and you do not, your life goals are seriously dissimilar.
2. He communicates. Many experts consider the ability to talk about feelings and problems one of the prime factors in developing a healthy marriage.
3. He turns you on intellectually, helping you to think, analyze, discover.
4. He attracts you physically.
5. He is considerate of your feelings.
6. He is tolerant, willing to listen to logical arguments and change an opinion or attitude if proven wrong. In today's rapidly changing world, when new ideas are altering human relationships as never before, he is flexible and can adapt to the egalitarianism of modern marriage.
7. He is able to provide adequate financial security.
8. And finally, he does not have the nine risk factors to any significant degree.

Add it all up and you get this bottom line: building a solid marriage is a tough task. Maybe you never thought about it before, but you can test the strength and durability of the materials before construction begins.

Does this objective approach take the romance out of marriage? Hardly. It just makes sure that love, warmth and understanding are kept alive. And that your marriage gets the best possible chance of standing up under the strains and stresses of living at a time when so many others are tragically cracking apart.

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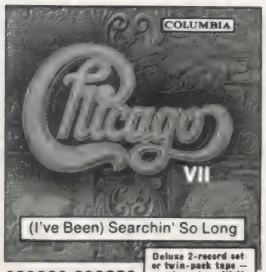

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As a member of the Club, you agree to buy 9 more selections at regular Club prices. But that isn't anything to put a frown on your face. Because you have 3 years to do it in. (Regular Club prices are $5.98 or $6.98 for records; $6.98 or $7.98 for cartridges and cassettes; $7.98 for reel tapes, plus processing and postage. Multiple unit sets and Double Selections may be somewhat higher.)

You choose from any albums in the Club magazine, which comes to you 13 times a year (every four weeks). Each issue has over 350 titles from many labels. About six times a year, you may also receive special money-saving offers.

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After you fulfill your membership agreement, you may cancel at any time. However, then you'll be eligible for our bonus plan, which saves you at least 33% on *all* future purchases.

So, it's 13 selections now for $1.97. Agreeing to buy just 9 more during the coming 3 years. Then 33% (or more) off every album you buy.

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P411/S75

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In My Opinion

Introverts Deserve Equal Time!

by Betty Taylor, 18, Hicksville, N.Y.

We've been brainwashed by the popularity mystique. Many people pursue social success as the route to feeling happy and fulfilled. It's generally assumed that anyone who doesn't join in with the crowd has been exiled into involuntary seclusion. No one would ever *choose* to be a loner . . . or would they? As one contented introvert, I oppose this indoctrination into a hypersocial role.

It starts early. On many elementary school report cards actual grades are assigned for participation and initiative, as well-meaning teachers attempt to develop their students into what they consider socially adjusted persons. But who can accurately judge what is appropriate for each child's personality? If John receives an A in participation, is he any better off than Fred, who gets a C? Maybe Fred is a dreamer—should he be pushed into discussions when his best ideas generally develop during quiet reflection? What about children who dislike group projects? Should they be constantly coaxed into teamwork? The introvert needs as much consideration as the outgoing child. Not everyone can or should turn into a cheerleader. Spectators contribute too!

Solitary doesn't necessarily mean lonely. It's quite possible to be happy in your own company. The time I manage to save for myself is invaluable—hours to dream, write, read and think. Musicians, painters, authors, composers and artists of all kinds need to spend large amounts of time in creative production. Would we want them to allocate more time for socializing, and less for their work? Of course not; they enrich our lives with their solo efforts.

Actually, I feel sad for people who haven't learned how to survive alone. One's main occupation becomes trying to be accepted and liked by as many people as possible. Running from event to event, there is little time for assimilating changes or keeping in touch with one's own emotions. Solitude becomes frightening. It's hard to enjoy moments alone when you're nagged by suspicions that there is something wrong with not being surrounded by friends. It took me years to overcome this feeling. Apparently some people never do.

Since outgoing and extroverted behavior is so often held up as the type to emulate, quiet people strive to become something that is alien to their personalities. Hiding their true feelings, they make excuses for not attending social gatherings, rather than admit their preference for seclusion.

Isn't it about time for introverts to enjoy the acceptance that's long overdue them? Wallflowers, bookworms, shrinking violets—let's free ourselves from such silly stereotypes! Introverts don't need or want pity. Oh, we may lead less social lives, but we're not miserable or jealous of more outspoken friends. We don't care to be "brought out." Our style makes us happy. Like Greta Garbo, we *want* to be alone.

*4365 oak**

*4363 tulipwood**

4357 maple or pine**

4353 pine or maple**

4367 pine or maple**

*4370 walnut**

*4352 oak**

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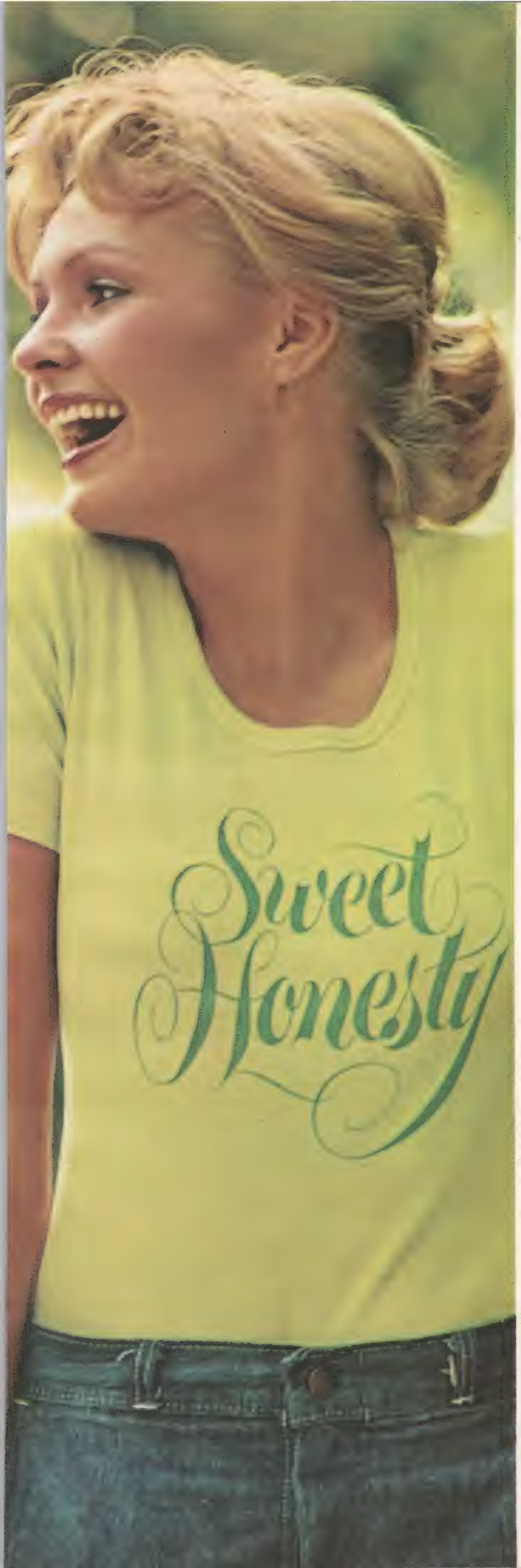
Sweet Honesty



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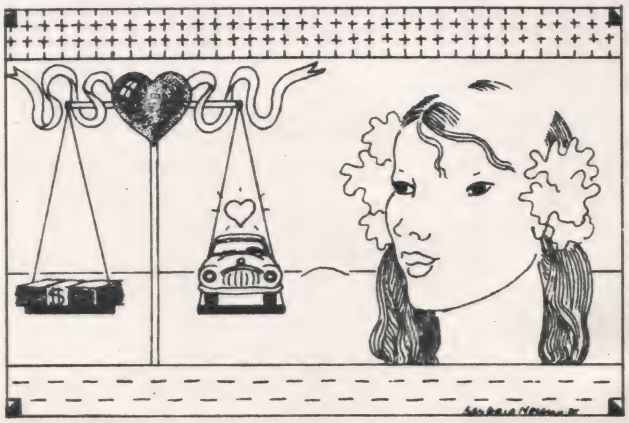
How *Not* To Buy a Lemon

The search for a used car calls for a certain shrewdness if you don't want to be taken for a ride

by Peggy Hutchinson, 19, Orangevale, Calif.



She's no beauty, that I'll admit. She's past her prime and showing it. And she has a raspy voice (needs a new muffler). But the old girl performs like a pro on the freeway and isn't greedy—she gives me twenty dependable miles for every gallon of gas. And the wonder of it is, she's all mine—my very own car, planned and scrimped and slaved for.

"Why do you need a car?" my mother had asked. "You can always use mine, *for anything important.*" My father, an air pollution expert, spent his days trying to persuade people to drive in car pools, ride bicycles or walk—anything to keep all those nasty emissions out of the atmosphere. His argument was reasonable; so I pigeonholed The Plan—temporarily. The summer of my seventeenth year I looked for a job.

I started in a coffeeshop not far from home. It was grueling, but I put my tips into a secret savings account. From there I moved to a job in a department store and continued working part-time during my senior year. My secret bank account snailed along. Then my dad died suddenly.

My mother and sister and I moved out to the suburbs. It was a twenty-mile commute to the state university, and there was no direct bus service. Mom was generous with the car, but there were too many of us going in too many directions. I think even Dad would have agreed another car was a necessity. That meant getting a better-paying job.

The next summer I received a job offer through the state employment office. The pay was good, but I had to provide my own car for part of the working week.

Now was the time for a heavy conversation with my mother. I persuaded her to consider letting me use her car, at least until I could ("I promise, I promise") find a car pool to join. I would do her grocery shopping or other errands on the days I used her car. She agreed. I was determined to add my entire summer's wages to my nest egg and buy my own car.

The big search started immediately. *(continued on page 92)*

Suit-Your-Size at Sears Junior Bazaar.

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LEMON *continued from page 90*

Trudging up and down automobile row, I discovered how scarce used cars were becoming. Every weekend I devoured the want ads. One Sunday I spotted an ad for a 1967 Mustang, a six-cylinder (Dad had once remarked that was a good model), by a private owner. I went to see him and was impressed by his warmth and sincerity. He had a daughter my age, and his great concern, he said, was automobile safety. The car was bright red, looked new, and the mileage was only 60,000 miles; the brakes had just been relined, and the owner had bought four brand-new tires. I held my breath and asked the price. The man looked at me kindly and said, "Well, I had planned to ask a thousand dollars, but I know the hassles you students face. How about $800 cash?"

I rushed home with the news, but my mother expressed doubts. "I'll lend you the money," she said. "But only if you take the car for a diagnostic checkup." This costs about $15.

When you can make a preliminary check yourself, the dealer knows you're no mark. Before even making a road test:

● *Look for dents, signs of accident or excessive use.* ● *With a coin, check the depth of tire tread; even wear means good wheel alignment.* ● *To check shock absorbers, rock the car by pushing down on a bumper. It should return to position smoothly and immediately.* ● *If the car's underside is excessively wet with oil, this indicates severe fluid leak.*

● *Look under the hood. Badly caked oil and dust on the engine may cause overheating.* ● *Check the radiator for dripping coolant. Remove the cap; oil in the water may mean damage that could cost several hundred dollars to repair.* ● *Check the water level in the battery; it's an indicator of how well the car has been cared for.*

● *Look for signs of heavy wear on the driver's seat, steering wheel and brake pedals.* ● *Start the engine; expect a quick, easy and smooth start as you turn the key.* ● *Test wipers and other accessories.* ● *Race the engine and look back at the exhaust. If there is white smoke, it should dissipate quickly into the air. Any other exhaust indicates maladjustment or excessive wear of internal parts.—Charlotte Fancett*

"That's a lot of bread," I protested. But she wouldn't budge. That being the deal, I borrowed the red car and drove it to the garage for inspection.

What a mind-boggling experience! I watched, fascinated, as the mechanic put that Mustang through tests. It flashed on me, as I watched his face, that my car had wheels of clay. An hour later he wrote out his report and handed it to me. The brakes were worn down to the metal, the transmission was bad, the tires were cheap retreads, it leaked oil . . . and the list went on.

The first disillusionment is a knife that twists. I became wary of car-lot dealers who were mellow and personal. And I started (belatedly) to do a little research. I talked to guys in my office. I wrote to our local Environmental Protection Agency for a copy of the latest gas mileage guide. And I kept looking.

One day, late in the summer, I saw another Mustang in a small lot. This one looked pretty crummy. Its paint was chipped and the speedometer registered 80,000 miles. But I liked the bumper stickers and decals; the car had evidently belonged to a girl, one with my *(continued on page 94)*

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Still Strong & Gentle. But now: A new mild fragrance.

LEMON *continued from page 92*

philosophy and taste in music. So I asked permission to take it for diagnostic analysis.

On the way, the car stalled at an intersection. Another rip-off! I pushed it out of traffic, then noticed the gas gauge was on empty. I thought of suitable adjectives I could lay on that stingy dealer when I saw him. By the time I had gotten gas and finally reached the garage, I had no great expectations. I waited for the mechanic's evaluation of this monster. He began by saying the tires were shot—I would need a complete set, then a wheel alignment. Also it needed an air filter, the basic timing should be set up—minor things. It could use a new muffler, which didn't surprise me. And the front and rear shock absorbers would have to be replaced.

On the positive side, the brakes were fine and the engine was in good condition. The mechanic suggested that if I could get the dealer down to $700 it would be a great buy—but that was $200 below his asking price.

During the following week, I learned another valuable lesson. A dealer's asking price is rarely what he expects to get. Negotiation is the name of the game. Usually I'm not into bargaining, but I had a dream and a necessity at stake. Finally, after several phone conversations, the dealer agreed to let me have the car (since I was "such a nice person"!) for $700 plus tax and license fees. (Incidentally, I'd been warned to keep mum about my assets—you should never reveal how much ready cash you have available.)

Now that I am back in school I have to rely on my weekend wages (still another job!) to pay Mom back and take care of maintenance and gas. I could save ten percent on insurance by sharing the automobile title and policy with my mother. But I really want the responsibility of owning my own car. Because of my safe driving record—and the fact that I am female—my insurance costs under $200 a year.

If you want your own wheels (doesn't everyone?) and if you are not an heiress, you might consider my advice:

1. Decide if the sacrifice is worth the dream. A hundred times I was tempted to splurge but usually managed to resist.
2. Let your search be patient; do your homework. Somewhere out there is *your* car.
3. If you know a guy who is a good mechanic, borrow his brains and/or brawn. Otherwise, always pay for a diagnostic analysis.
4. Consult your Consumer Affairs office or Better Business Bureau to inquire if any complaints have been filed against a dealer who has a car that interests you.

It really does give me a feeling of independence to realize that the other car in our garage is mine. In fact, I'm having second thoughts about investing in a paint job. After all, beauty is in the eyes of the beholder, and I think she looks great. I load her up with daily commuters, to pay for part of the gas—and eliminate a few other automobiles on the freeway. My dad would have approved of that!

When You've Got It...

Preventive maintenance is cheaper and less troublesome than repairs. Once you own a car, have it tuned every 7,000 miles and learn which parts you can check yourself. *What Every Woman Should Know... About Her Car*, by Dorothy Jackson (Chilton, paperback; $4.95) will help you tell the dipstick from the drive shaft. You'll pick up basic repairs and enough savvy to avoid being ripped off at the garage.

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STANISLAW FERNANDES

The jury is still deliberating. But pot is beginning to look a good deal less like the "wonder drug" that some insist it is. Here are the

NEW FACTS ABOUT MARIJUANA

by Harvey Aronson

Outside of alcohol, no drug has triggered as much caterwauling and confusion in the United States as cannabis—or, as the crushed leaves and flowers of the Indian hemp plant are more commonly known, marijuana, pot, grass, Mary Jane or ganja.

People are either pro or con marijuana; most see it in blacks and whites, ignoring the shades of gray. On the far left, members of the drug subculture refuse to see any possible danger in marijuana and even view it as a boon to mankind. On the far right, antigrass hardheads refuse to see anything but danger in it and try to put its use on a penal level with mass murder. The fight over whether to legalize marijuana or make its use punishable by Chinese water torture adds to disagreement over the most important issue—whether pot poses a health hazard. The issue is important because some twenty-six million Americans twelve years of age or older have tried marijuana. And an estimated thirteen million of them are continuing to use it—more than half of them once a week and one-fifth of them every day.

When coffee was first brought to Europe about 350 years ago from the Near East, some people denounced it as a dangerous intoxicant. Many even proposed death penalties for its use. On the other hand, when heroin was introduced in the late 1890s, medical authorities described it as nonhabit-forming and it was sold without prescription as a cure for morphine addiction.

Although coffee invigorates and can incite sleeplessness and stomach upset, it has turned out to be something less than a peril to mankind—whereas heroin has turned out to be a mind-damaging killer. One way or another, drugs have a way of coming into use before their effects are fully known. They can also stir the kind of controversy that closes minds and clouds issues.

Through the sixties and into the seventies, the thrust of medical research was that marijuana seemed relatively harmless. Now, although the jury is still out, new facts about marijuana are pointing in a different direction. On its own demerits, pot looks more and more like a harmful drug.

Most of this new information comes from studies *(continued on page 98)*

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Elements of Nature by Love. One of them smells just like you.

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...ABOUT MARIJUANA

continued from page 96

sponsored by the National Institute on Drug Abuse (NIDA), which backed sixty-five research projects last year at a cost of almost $5 million. Results of this research have been released in a 152-page report entitled *Marijuana and Health,* the fourth annual report to Congress from the Department of Health, Education and Welfare. The report did make it clear that much of the new work is preliminary, that some of the findings are contradictory and that much of the testing thus far has been preclinical—confined to animals.

But the message of the scientists who put it together was apparent. As Richard Bucher, executive assistant to NIDA director Dr. Robert L. DuPont, explains: "What they are saying is that pot is not safe, period. The more we study it, the more potential harmful effects we find."

Testifying before a Senate subcommittee on alcoholism and narcotics, Dr. DuPont himself conceded that the new research raised troubling questions but summed up by saying that "there is enough indication at this time of potentially serious health consequences from cannabis use for us to be concerned." Dr. DuPont's word of advice for would-be users is—don't.

In discussing the new studies on marijuana, a couple of preliminaries should be noted. First there is the vague nature of words like "moderate" and "heavy," when it comes to marijuana use. "Heavy," explains Dr. Stephen Szara, branch chief of NIDA's research division, "could mean several cigarettes every day or one a day. Moderate might be one a week or several a week." And the grade and potency of the marijuana cigarette is also pertinent. Usually, scientists will define their standards in a particular study. The standard cigarette for NIDA research, says Dr. Szara, is the same size as a regular-length tobacco cigarette, 900 milligrams, and is composed of good-grade Mexican marijuana grown in Mississippi. It contains 2.2 percent, or almost twenty milligrams, of delta-9-THC (tetrahydrocannabinol), the main active ingredient in pot.

Any discussion of marijuana's effects would be biased if it did not cite studies indicating that controlled doses of THC may have useful applications as a sedative and painkiller and in the treatment of glaucoma. But the bulk of the new findings indicate that (1) marijuana is a bad trip for drivers, (2) marijuana may affect cell chemistry and may interfere with genetic and immunological processes, (3) marijuana depresses male hormone levels in some men and might possibly affect the development of a male fetus during pregnancy, (4) marijuana seems risky for heart patients, and (5) marijuana impairs the functioning of the brain, at least temporarily. Here's the breakdown:

Pot and the Wheel:

"Based on the accumulated evidence," Dr. DuPont told the Senate subcommittee, "we can conclusively state that driving while under the influence of marijuana is dangerous." Tests made in simulated and real driving situations show that pot increases braking and starting times and impairs concentration. In one simulation, doses of cannabis resin containing eight, twelve and sixteen milligrams of THC were compared with seventy-gram doses (more than two ounces) of ethanol. Both the pot and the alcohol increased the subjects' braking and starting times and had detrimental effects on driving performance.

In another study, oral doses of up to twenty-eight milligrams of THC produced a marked decrease in attention. The most dramatic tests were conducted at the University of British Columbia, in Vancouver, Canada, by psychiatry professor Harry Klonoff, who used sixty-four experienced drivers between the ages of nineteen and thirty-one. After smoking cigarettes containing 4.9 and 8.4 milligrams of THC, the drivers were placed behind the wheel in actual traffic in Vancouver and on a slalom course marked with cones, tunnels and turns. Their performances were sufficiently affected by the pot for Klonoff to conclude, "Driving under the influence of marijuana should be avoided as much as driving under the influence of alcohol." Some of the drivers appeared confused or preoccupied to the point where they seemed dangerously unaware of the cars and pedestrians around them.

Pot and the Cell:

Tests show that THC is highly soluble in fat. This means that unlike alcohol and other drugs that hurry through the body, THC hangs around in the fatty tissue of cells, including those of vital organs such as the brain. This attribute is a key factor in what the authors of the HEW report call "the preclinical findings of greatest interest and potential significance during the past two years"—a series of studies indicating that THC, and possibly other pot ingredients, interfere with basic cellular mechanisms. Such mechanisms involve the uptake of amino acids and transformation of these and other substances into primary genetic components such as DNA, the body's master chemical. Other substances show some of these effects, but few stay as long in the body.

All of which, say NIDA experts, raises the possibility that marijuana's effects on the body may be more widespread than previously thought. And it has led them to even grimmer speculation. "Though conclusive evidence of its [marijuana's] effect in humans is still not available," says Dr. DuPont, "one result may be a reduction in the capacity of the cells to divide and reproduce normally, thus reducing the capacity of the body to fight infection and producing possible genetic mutations as well." Research in these areas with humans is continuing. Scientists are following up studies made by Columbia University investigators who reported finding lowered cellular immunity among chronic pot-users, as compared to nonusers. Researchers also are trying to clarify contradictory studies on chromosome damage in the blood cells of marijuana smokers.

Pot and the Male Hormone:

Two out of three studies have turned up depressed levels of the male sex hormone testosterone in habitual pot-smokers. One project was conducted at the Reproductive Biology Research Foundation in St. Louis, which is run by sexual-behavior expert Dr. William Masters. A team including Masters and Dr. Robert C. Kolodny, head of the foundation's endocrine research section, studied the testosterone blood levels of twenty men from eighteen to twenty-eight who had been smoking pot at least four days a week for six months or more. They found that the group's testosterone levels averaged 44 percent lower than those of a control group of nonusers. They also noted that six of the smokers had reduced sperm counts and two were impotent. After the users gave up pot, their testosterone levels increased, and one of the impotent men regained potency.

The researchers cautioned that the study was not definitive. The group was small, and the potency and purity of the marijuana could not be checked because the smokers provided their own cigarettes. Two other studies of testosterone levels have been conducted in controlled research ward conditions. One, at UCLA, confirmed the St. Louis results; another did not.

Experiments with mice, rats and primates have shown that interference with the male hormone during pregnancy may prevent normal development of the male fetus. Although this has not been tested with humans, the testosterone studies are raising the question. Said the HEW report: "The significance of these findings will require further study. It has been speculated that depressed testosterone levels in boys may affect adolescent development, or that marijuana consumed regularly during early pregnancy—while sexual differentiation *(continued on page 100)*

We walked to the beach in the morning,
and all the little reasons why we're together
followed us throughout our day.

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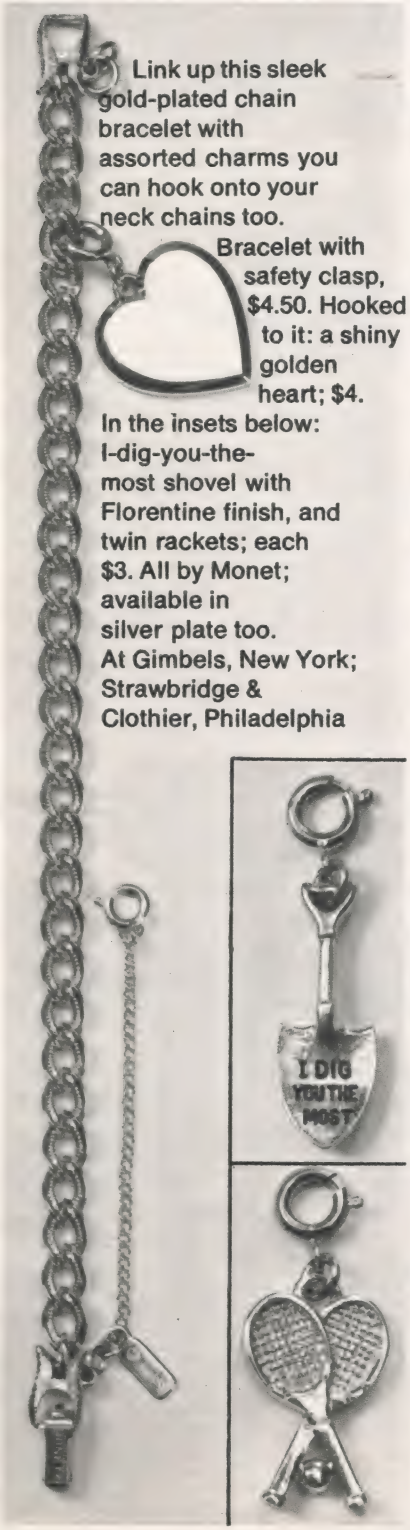

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HERB GORGOGLIONE

...ABOUT MARIJUANA

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is occurring in the male fetus—may adversely affect its development."

Pot and the Heart:

Studies of the effects of marijuana on the electrocardiograms of young men have produced conflicting results. However, other reports indicate that pot may be harder on older, less healthy people. In one test, ten patients suffering from coronary artery disease suffered chest pains sooner after exercise and after less work when smoking marijuana than when smoking substitutes.

Pot and the Brain:

Several studies made over the past year confirm previous reports that pot impairs short-term memory processes while the user is intoxicated. The impairment seems to center around the transfer of information from short-term memory to longer-term memory banks. Research also shows other ways that marijuana affects the brain, by impairing motor coordination and reaction time.

Pot and Cures:

Research also indicates that cannabis may have some potential for good. Or at least, one of its ingredients may. "There is the impression that marijuana smoking has good medical effects," says NIDA's Richard Bucher. "The fact is that not marijuana smoking but an agent in marijuana, THC, appears to have some potential medical benefits. This involves a very controlled dose of THC administered under a physician's supervision."

One preliminary study focused on the effect of THC on a group of thirty-four cancer patients. The research showed that THC might be useful as a painkiller and antiemetic in cancer cases. It also showed potential value as a tranquilizer and as an appetite stimulant that could help retard a patient's weight loss. Two preclinical studies also seemed to indicate that THC relieves pain, but in one experiment with humans, pain thresholds decreased rather than increased when cannabis was administered.

Preliminary findings indicate that THC may be useful in treating glaucoma and asthma. Glaucoma is an eye disease in which too much fluid pressure in the eyeball can destroy the retina; THC has been shown to cause the pressure to drop for several hours. With asthma, the drug's potential lies in an ability to open up bronchial passages. However, other studies suggest that breathing efficiency may be impaired in other ways by extensive pot use. In the case of both glaucoma and asthma, researchers advocate more clinical testing. Problems include the build-up of tolerance to cannabis' effects and the fact that a rapid pulse rate is likely to accompany THC dosage.

As new facts emerge about marijuana's effects, the battle over legalization and decriminalization continues. Nationally, the trend has been to relax state penalties for possession, but the pattern is still lunatic—running from maximum sentences of seven days in Nebraska to life in Texas. In December, the U.S. attorney's office for the District of Columbia attracted notice by moving to stop prosecuting persons arrested for possession of less than five marijuana cigarettes.

Dr. DuPont has favored decriminalization but is against legalization—his basic tenet being that "prison sentences for using marijuana are wrong but...you don't want to encourage use by legalizing it." Bucher elaborates: "Decriminalization doesn't necessarily mean you can't have heavy sanctions in fines and discouragers. Dr. DuPont is against legalization...but do you want a kid who smokes an occasional joint to be branded a criminal?"

Amid the fighting over penalties, the basic issue remains whether to use pot in the first place. This issue has become especially vital in the light of this new research. A final comment is offered by the head of The Children's Television Workshop, Joan Ganz Cooney, also a member of the 1973 National Commission on Marijuana and Drug Abuse, which called for reforms in federal and state laws.

"The burden of the current story is that marijuana's not for free, kids," says Joan Cooney. "The burden in the sixties was that marijuana was harmless. Well, it *has* turned out to have some harmful side effects. We still don't know for sure whether marijuana's potential for brain damage is worse than liquor's. And we don't know all the answers, but with your whole life ahead of you, why take a chance?"

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The Crafts Caper

How a cash-conscious college student helped pay for her travels to exotic places. You can do it too!

by Patricia Doherty

DEBORAH SIMS

There are two mad passions in my life. I love to travel and I love to figure out ways to make money. And I can't do the first unless I do the second. Well, I've found a formula.

There I was, majoring in journalism and political science at the University of New Mexico. I worked and saved my pennies for a year and a half, and then received a small educational grant on top of that to finance a year of travel and study in South America. But about halfway through it, my bank account had begun to dwindle and the future looked pretty bleak.

That was in Quito, Ecuador. I was really depressed, when suddenly the cash register I have for a brain started ringing wildly. It occurred to me that the foreign traveler has a source of money all around her—handicrafts!

Every part of the world has crafts which are peculiar to it. Leather goods from Spain, cut glass from Ireland, pottery from Mexico are well-known examples. Why not buy them at a low price in the country of their origin and sell them at a profit in the United States?

Of course, you need money to get started. But if, for example, you save up $600 for your first trip and spend $200 of that on goods you intend to sell, you may make $600 from the investment.

Does tripling your money sound unbelievable? A friend of mine, while on the plane home from South America, was offered $150 for a wood carving she was carrying with her. She had bought it for $8. She could have sold it for roughly nineteen times her original investment!

Now how do you go about getting into business? Let's say South America is your destination too (it's a dream come true for rugs, weavings, clothing, jewelry, leather goods and other things).

Before you go, do some reading to find out what kinds of goods are produced in the countries you plan to visit. Try library books or travel brochures, or write to the ministry of tourism in each country. And ask someone who has been there.

Once you know what goods are available, look for local businesses that might be interested in buying what you will be bringing back. If you're going someplace where they have beautiful hand-woven rugs, for example, try to make a deal with a carpet or furniture store. If this doesn't work, look for private buyers, although this is somewhat more difficult to do in advance.

If you're short on cash and plan to be gone for more than two months or so, it's a good idea to have some family members or friends as partners. That way, you can ship a load of goods home to them, so they can sell the shipment and mail you a money order—which you then invest again.

Shipping costs, even by air, do not prevent you from making a profit. Before leaving the U.S., check with the air freight offices of the airlines that fly into your city to get an idea of their charges. Usually, the rate per pound goes down as the weight goes up. Shipping by surface is less expensive, naturally, and is worth considering if you plan to go to Europe—but for South America, shipping by air is a must.

Next stop: the U.S. customs office in your town. There you can get a list of the duties on various items you may be bringing in, handy to have when you're shopping.

It's not only legal to import goods into the U.S. for the purpose of selling them, it's also simple. Shipments valued under $250 may go through customs with an "informal" claim in which you estimate the value of each article. Over $250, you must present receipts. The red tape grows thicker as you go up to $500 or $1,000.

The first time I arrived home as a full-fledged importer, my family was not impressed. They'd been hearing about my schemes ever since I was a four-year-old. But then my goods began to sell and the word began to spread. I happened to meet the owner of a leather shop, and the first thing he said was, "Where did you get your purse? Can you get me some like it?"

I told him I could, but it would take a while. Then I wrote to a friend back in Quito, explained what I needed—and got my business going again by mail order!

Now I'm making more travel plans. Africa has always attracted me, and I recently heard about a Peace Corps volunteer who bought a $5 tribal mask which he sold in the States for $500 . . .

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seventeen

announces the winners of the

LEAD Contest

For the third year, true-life stories about teens poured in to the LEAD journalism contest, cosponsored by SEVENTEEN and the Columbia Scholastic Press Association. Taking its name from the journalist's term for the opening paragraph of an article, LEAD asks young writers to submit a feature story about a fellow teen who has done something significant or innovative on a local, national or international level. This year, their activities ran the gamut from bronco riding to composing music on a computer, from teaching the handicapped to basket weaving for fun and profit. The first-prize pair received a $200 U.S. Savings Bond each and a trip to New York City; honorable mentions, $50 U.S. Savings Bonds.

■ **Diana Shaw,** 16, of Charlottesville, Virginia, won first prize for her story about Margurite Bowles, 17, of Esmont, Virginia. Margurite works six days a week to help support her family. On a work scholarship at the academically demanding Tandem High School, she rakes leaves, answers the phone and vacuums the halls in addition to her academic duties. After school she serves food in a cafeteria, cleans rooms in a motel—and still finds time to volunteer at a hospital.

■ Honorable mentions include **Donna Nelesen,** 16, of Phoenix, Arizona, who wrote about Glenn Rink, 17, of Phoenix. Glenn plans to backpack across Arizona in order to establish a state scenic and historic trail. The Bicentennial Commission is interested in his trek because of the trail's historic value.

■ **Carol Pierce,** 16, of New York City, nominated Michael Greenberg, 15, also of New York City, who uses cigarette extracts to induce cancer in fruit flies. He is also trying to isolate a substance in the blood of various strains of mice that either prevents or destroys cancerous tumors.

■ **Deborah V. McGlone,** 17, of Chesapeake, Virginia, chose Matthew Whealton, 17, of Chesapeake. Deborah wrote: "Matthew does something fascinating and wonderful with those scriggly lines and curves called Egyptian hieroglyphics—he reads and writes them."

■ **Talli Nauman,** 17, of Custer, South Dakota, named Gemma Lockhart, 17, of Rapid City, South Dakota, as an outstanding teen because "since she is part Indian and part white, she feels she understands both cultures." Her goal: to help the two understand each other.

Interested in entering the 1975 LEAD contest? Send a stamped, self-addressed business-size envelope to: LEAD, SEVENTEEN, 320 Park Avenue, New York, N.Y. 10022. Rules will be mailed in September.

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Scientists use this pH test paper to measure alkalinity. The higher the alkaline content, the darker this test paper turns.
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JACQUI MORGAN

SEVENTEEN's Annual Short Story, Art and Photography Contests

$2,900 in prizes

WRITERS

Prizes: a $500 first prize, a $300 second, a $200 third and six honorable mentions of $50 each. The three top stories will appear in SEVENTEEN's January 1976 issue.
How to enter: Your story should be from 2,000 to 5,000 words. Type it (double-spaced) on one side of the paper only, name and address at the top of each page. Submit as many stories as you like but with each one send a signed and notarized statement attesting to your birth date (month and year) and to the fact that the entire story is your original work and that no part of it has been previously published in any form. Stories cannot be acknowledged or returned. *Entries must be postmarked no later than July 1, 1975.*
Judging: The editors of SEVENTEEN will evaluate the stories on the basis of literary worth, originality, naturalness of dialogue, convincing characterization and suitability for publication in SEVENTEEN.

ARTISTS

Prizes: a $500 first prize, a $300 second, a $200 third. Winning art will appear in the January 1976 issue as illustrations for the three top prizewinning stories in the Short Story Contest.
How to enter: Submit samples or slides of your work—any medium, any size. Send work flat, without frames or glass. Enclose all samples together in cardboard or a portfolio with your name, address and birth date (month and year) on the portfolio and the back of each work. Include a self-addressed postcard if you want acknowledgment of arrival. Work will be handled with care, and reasonable effort will be made to return it if it is clearly marked with name and address and sufficient return postage is included. SEVENTEEN cannot be responsible for loss or damage to art work. *Entries must be postmarked no later than July 15, 1975.*
The finals: In late August, contestants selected as finalists will receive a copy of a winning story to illustrate. These illustrations will then be judged by SEVENTEEN's art director on the basis of skill, originality, interpretation and suitability for publication in SEVENTEEN.

PHOTOGRAPHERS

Prizes: six $100 prizes. Each of the winning photographs will appear in the January 1976 issue.
How to enter: Submit *no more than two* color or black and white photographs. Include your name, address and birth date on the back of each print. Developing and printing may be done either by a photo finisher or by you. *Save negatives from which submitted prints are made, but send no negatives until requested.* Do not mount or retouch in any way the prints or the negatives from which they are made. Cropping and enlarging are permissible. If you want your photographs returned, enclose a self-addressed, stamped envelope. Winning photographers will be asked to obtain a written consent for publication signed by each recognizable person in the photograph. *Entries must be postmarked no later than July 15, 1975.*
Judging: Pictures will be judged by the art director on interpretation, photographic quality and appropriateness for publication in SEVENTEEN.

Important rules for everyone

You're eligible to enter (both boys and girls) if you will be at least thirteen years old and less than twenty on July 1, 1975. Employees of Triangle Communications Inc. and their immediate families may not compete. Only your own original work that has never been published in any form may be submitted. "Original" means: don't copy anyone else's work, not even the smallest portion of it. Mark entries for the Short Story, Art or Photography Contest and send to SEVENTEEN, 320 Park Avenue, New York 10022. SEVENTEEN cannot be held responsible for damage or loss. The editors' and judges' decisions will, of course, be final, and winning entries will become and remain the sole property of Triangle Communications Inc. for all purposes whatsoever.

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But its real beauty is how beautifully it organizes all the things that help keep a woman on the move, on the move.

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OUR NEW LOOK

That's right—we've streamlined SEVENTEEN, making it possible for us to introduce many new features that will appear each month. There's **Mini-Mag,** for example. (Turn back to pages 41-48 and look again.) We think of Mini-Mag as a zippy magazine-within-a-magazine (hence, its name) with a special look, even a different kind of paper, to set it apart and make it easier for you to find, since you'll be referring to it often! Two of your old favorites—**Hot Lines** and **Here's How**—are now relocated in the pages of Mini-Mag. This month one of America's most famous teen-agers makes her debut as our cover girl and also our newest columnist. **Susan Ford's White House Diary** will appear in each issue. Her first column starts on page 31. Another feature making its debut is a **What's New** column (see page 62) devoted to new products that make life easier or more fun or both. Finally, we introduce a monthly **One plus One** feature for the "nearlywed or newlywed" about some aspect of marriage, future or present. (This month's One plus One, on page 75, tells you what kind of men *not* to marry.) Of course, all the regular beauty, fashion, sewing and other needlecrafts, food and decorating features will continue to be found in SEVENTEEN. Highlighted this month are the "naturals," ranging from down-to-earth clothes in nature's own fibers and colors (not to mention down-to-earth prices!) to a guide for growing things—plants to decorate your rooms and sprouts to eat! Naturally we'd like to hear how you like our new look and our new features—and especially what you'd like to read about in months to come.

Rubye Graham

Executive Editor

seventeen

PROM-GOING

Our new columnist, Susan Ford, writes about prom plans on page 31; she'll play hostess to the senior class of her school at the White House. Here, she models a soft, flowery dress with a spring prom look.

Ruffled print dress by Barbara Quincy for Murray Hamburger; $65. Satin-wrapped bangles, Cathy & Marsha for Catherine Stein. More info, next to last page

STEEN SVENSSON

STEPHEN LADNER/REBECCA BLAKE

PROM-GOING

Light, airy, really feminine—that's the look we love for prom dresses. And these are the girls who wear them here, left to right: Christian Carter, fifteen, of Lancaster High School in White Stone, Virginia; Keri McGregor, fifteen, Port Washington, New York, a student at Schreiber High; Coca Astey, fifteen, who goes to Dominican Academy in New York City; Laura Lancaster, fifteen, Hewitt School in New York City.

Red dotted swiss, far left, adds a fabulous hooded jacket in white eyelet—the better to set off Christian's dark hair. Nadine Formals; $60. Gilt choker by 1928. **Ruffles run,** near left, on Keri's red-dotted white voile pinafore with a flounced hem. Party Dress; $47. Choker by Tempo. **Beauty bit:** Keri adds sparkle to her eyes with Cover Girl's new shiny shadow, ShimmerShine, in the Shimmer Wood shade. **White eyelet tiers,** near right, flow from the Empire bodice of Coca's dress. By Trivia; $52. "Pearl"-chain choker, by 1928. **Grassy green checks,** far right—cool news on Laura's ruffly, smocked dotted swiss. By Barbara Quincy for Murray Hamburger; $60. More information, next to last page. Menswear by After Six. Carved furniture from Stuart Greet, New York.

Ready for the first dance, our prom dresses are modeled, left to right, by Kathy Ronan, seventeen, St. Mary's Girls High, Manhasset, New York; Robin Cohen, seventeen, Birch Wathen School, New York City; Jayne Nevins, sixteen, Scarborough School, Briarcliff, New York; Jayne Modean, seventeen, Clifton High, Clifton, New Jersey. **Peasant look,** far left: Kathy in a flower print by Barbara Quincy for Murray Hamburger; $60. Catherine Stein jewelry. **Smocked and shawled,** near left: floral cotton voile for Robin, by Miss Rita of California; $50. Capri beads. More info, next to last page.

For girls who like to sew their own, two super-pretty lace-trimmed looks. **An embroidered bouquet,** near right, on Jayne Nevins' dress. McCall's pattern 4476 (with transfer), in ribbed batiste of polyester/cotton. Dan River; $1.80 a yard. J. & P. Coats embroidery floss, 12¢ a skein. Catherine Stein earrings. **Summer garden,** far right. Jayne Modean in McCall's 4381, of polyester/cotton voile by Schwartz-Liebman; $3 a yard. Wrights lace trims, each 60¢ a yard. More information, page 160. Mirror table from Joia, New York. Hand mirror and perfume bottles from Carol Ferranti, New York.

STEPHEN LADNER/REBECCA BLAKE

PROM GLOW

Follow Jayne Modean's lead: put on a face for the night lights, one that's brighter than your usual daytime look. Jayne, who likes "everything moisturized," begins with foundation in Good Beige. Then, Ripe Apple Red Blushing Cream on cheeks—and forehead too, for extra highlighting. Richer lip color makes a big difference; here, it's Lipgloss Compact in Rich Red Glaze. All from the Skin Life Deep Moisture collection by Helena Rubinstein.

ARTICLE

Last November, SEVENTEEN featured an article in which a panel of boys raucously sounded off about girls. The instant result: letters poured in from almost everywhere, signaling a torrent of reader protest. "Egotistical, macho-crazed panelists," wrote one girl from Randallstown, Maryland. "If those boys were typical," chimed in another from Wooster, Ohio, "then our society is sicker than I thought." "Why don't you give girls a chance to sound off about guys?" came the rallying cry from Maine to California.

So SEVENTEEN did give the girls a chance at rebuttal. The speakers are ten teen girls selected from high schools and colleges across the country. They come from different social, ethnic and educational backgrounds —but seem to have just one thing on their minds—war!

TYPES

Beth Hicks, Wilmington, N.C., 19: Those guys really burned me up. Did they ever stop to think that maybe their gripes and bellyaching about girls reflected exactly what girls find disgusting in guys? They said they don't like fat girls. Well, I don't like fat guys either . . . or super-skinnies . . . nor can I stand pimply faces. I don't go for two-timers and kiss-'n-tellers. I'm really not impressed by "big wheelers," nor do I enjoy being bored to death with their talk of flashy cars, athletic feats and mechanics.

Ava Marie Entler, Upper Saddle River, N.J., 18: Too many of those boys disliked a girl because of her outward appearance. Don't you just love it when you see them standing in line, summing up, rather loudly, what they like about a girl's "assets."

Lisa Wrenn, Tucson, Ariz., 17: The trouble is the image they always feel they have to project—of being "studs"—to impress girls.

Joanne DiSalvo, Elmhurst, N.Y., 17: It's that male ego. Girls have a different kind of ego trip—vanity.

Christine Bullock, Hebo, Oreg., 18: I don't like it when they want to take over all the time and won't let you put a word in edgewise. Or when their moods change—one day they seem interested in you, and the next you don't know where you stand.

Rory Swopes, Indianapolis, Ind., 17: I don't like their never being on time.

Lisa: Or saying they'll call you up and then forgetting to do it.

Karen Brown, Augusta, Ga., 18: Or calling you up and not knowing what to say. I can't stand guys who don't know how to express themselves. I'm also not impressed when they think they're cool . . . great lovers.

Rory: The Romeo-swinger-I-can-get-any-girl-I-want type . . .

Neva Starr, New York, N.Y., 16: How about the ones who want to run off with you the first time you meet! But in a way, I guess you could say I like some of their "fronts." I don't like the guys who are weak and helpless and at your feet all the time, saying, "I love you. I love you. I love you." I'd rather talk to a guy who's on top of things.

LOOKS

Beth: What I can't stand is sloppiness—the greasy hair, crud-lined nails, unkempt beards and mustaches. I also don't like guys with pierced ears, platforms and faggy-looking shirts, cut-offs, "high-water" pants, white socks, red socks, baby blue socks.

Ava: I don't like the guys who wear shirts open to the navel, exposing the peach fuzz on their chests, or who whip a comb out of their back pockets every five minutes or try to outdo each other in big, gaudy rings and ID bracelets . . .

Neva: It may not be the right thing to say, but I don't like unattractive boys. But boys can wear whatever they like—hiking boots or velvet pants—as long as it has style.

Karen: I don't think they have to be fashionable, just neat, clean—someone you can introduce to your parents, friends. I love mustaches and sideburns, but they should be trimmed, styled, not just grown wild over the face like Wolfman . . . and some Afros look like they were just slept on.

Christine: Some guys look as if they don't even care about their appearance. I hate it when their clothes don't go together . . . or the dirty hats they just slouch on their heads . . . or the beards that just hang there.

Lisa: It's a personal thing, but I can't stand guys in white belts and white shoes. That turns me off right away.

Arlene Saldana, Chicago, Ill., 17: I don't like short pants, when they're above the ankle, but I like the baggies—with platform shoes—as long as they're presentable.

Sharon Maitland, Mobile, Ala., 17: I think they look sissy. And so do those shoulder purses or hair past the neck.

Karen: I don't even like boys with long fingernails and polish.

Joanne: It's scary when you see some boys are turning out so girlish—those yellow or purple metallic shoes! And this morning I saw a guy who was all dressed in green. I think there should be a line between masculinity and femininity. That's crossing it.

MALE CHAUVINISM

Beth: I'm bored with guys who don't care

about women's lib or try to understand the reasoning behind it. And I can't stand the ones who make a point of humiliating girls who do support it.

Ava: That only increases their own immaturity. Also, they'd be a lot better off if they realized women's lib will help lighten the mental and physical strain on themselves.

Lisa: I'm big on women's lib, but I never run into too many problems about it, because I don't push it. I think guys respect me as a person.

Neva: I never find instances of chauvinism at school. I think you find it more among less educated groups . . . or older people.

Arlene: At my school, most kids are of Spanish background—I'm Puerto Rican myself—and boys are brought up to think they're naturally better. The man goes out to work, the girl stays at home. I wanted to join the track team at school, and my mom wouldn't let me. But my brother could.

Sharon: At my school, the girls wanted to get together and form a football team, but the administration wouldn't hear of it.

Rory: They think girls would get hurt, but I've got some friends who could do just as well as boys. We've also got a history teacher who's always taking snide pokes at girls. For example, if a test is coming up, he'll tell the boys not to worry but ask the girls to study extra hard. Then if you do better in class, I find some boys will say, "Oh, you only got that grade because you're a girl, and they feel sorry for you."

Joanne: I think it bothers guys with shaky egos if you outshine them, but if they're basically secure, nothing does. I did find, though, in a drugstore where I worked, that the boys could come in dressed any way they liked while the girls were expected to look nice. This, despite the fact we were doing the same work.

Rory: I think, so far as the job situation goes, women should be treated as equals. But I'd still want guys to pull out my chair and open the doors.

Christine: I don't like being treated as if I'm lower, but I still like to be pampered to a certain extent.

Joanne: I think if they don't do it, it makes you feel like you're nothing.

DATES

Beth: I don't enjoy blind dates or double dates or dates where all you have in common with a guy is an English course or the same last name.

Lisa: First dates are what bother me—when a guy takes you to a movie and you don't really know him.

Rory: Going with a guy to some of the movies they have these days is embarrassing.

Arlene: I dislike loud parties where there are lots of people, or when your date doesn't have anything to say and you have to do all the talking. . .

Joanne: Or when you don't have anything to do, or can't agree on where to go. Also I don't like it when all the guy wants to do is see how far he can get.

Neva: I don't think *(continued on page 157)*

Special Panel Report:

Girls Sound Off About Boys

GERRY GERSTEN

ARTICLE

The young male president of Briarcliff reveals five reasons

Why All-Women's Colleges Are Better!

by Josiah Bunting

Getting into college is not what it used to be, say, five or ten years ago. Yes, it's still tough to get into Yale, Smith, Amherst, Stanford and Radcliffe. But the list of American colleges for which competition for admission is keen would fill only a paragraph in a magazine article. Quite simply, the matured products of the great baby boom of the late forties have passed down the pipeline. The college-aged population is no longer growing. The country is fighting recession and inflation. For young men, the incentive of going to college to avoid the draft has been removed. But man or woman, if you're able and motivated and want badly to go to College X, chances are excellent you'll get in.

Among colleges the battle for students remains intense. One of the more publicized means by which some schools have tried to become more appealing is Going Coed. Privately, the reasons most of them have given are economic. But the public arguments usually go something like this: "A full experience of community living demands having both men and women on the same campus." Single-sex institutions are somehow, suddenly, "unnatural." Two generalizations about going coed are probably safe at this point: the former men's colleges which have done it have been more successful than the former women's colleges. There are simply a lot more bright girls who want to go to Princeton and Williams than there are bright boys who want to go to Vassar and Skidmore. Second, the colleges which have committed themselves to a 50-50 ratio of women to men have been more successful than those which haven't. It is just as "unnatural" to have five men for every woman in a community as it is to have no men or no women at all.

Women's colleges that have remained women's colleges are happy they did. Most are reporting fairly sharp rises in applications and enrollment this year, as they did last. In some cases, like that of Hood College, in Frederick, Maryland, the increases are dramatic—170 percent in freshman enrollment in one year. Moreover, the spokeswomen of the women's movement in this country are warmly supporting these colleges. Women, they argue, are first-class citizens at women's colleges; at coed institutions they are not.

There are other reasons for the revival of interest in women's colleges, reasons which are important for young women thinking about where they want to go to college.

First, now that the sheer novelty of famous single-sex colleges going coed has worn off, it is possible to see the cracks and fissures underneath the earlier glitter. Not all the shining promise of five years ago has been fulfilled. Several transfer students at Briarcliff have told me they hated coed dormitories. They didn't like padding down the hall in curlers with young men around; they resented what the pressures of conformity demanded, or what they *felt* these pressures demanded. If they didn't want men in their rooms all the time they were thought to be "stiff," prudish or uptight. They sensed a certain resentment among men in the classroom when they spoke too long—or too intelligently. One student, formerly at a women's college that had gone coed, said that the men there weren't the kind of men she wanted to be around, anyway. Perhaps she was unduly harsh. Perhaps she lacked compassion. But that's how she felt. Her feeling is not so uncommon.

Others criticize the second-rate career-counseling services available to women undergraduates in formerly all-male colleges. According to a recent Princeton graduate, Elizabeth A. Friskey: "Women students must drift through four years without any coordinated counseling system." There was no career counselor with expertise

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Josiah Bunting, 35, is a Rhodes scholar, former Army major and one-time assistant history professor at West Point, who became president of Briarcliff College in Briarcliff Manor, N.Y., in August 1973. He is also the author of two novels: *The Lionheads* and *The Advent of Frederick Giles*

Women's colleges that have remained women's colleges are happy they did. Most are reporting sharp rises in applications and enrollment this year, as they did last

in the problems of women getting jobs after graduation. As for coeducation and athletics: women's sports on most coed campuses are supported grudgingly, are the butt of cynical jokes and are seen as uselessly depleting athletic budgets. "Wadda *you* wanna row for, sister?"

Second, there is a compelling body of data, painstakingly compiled by Dr. Matina Horner, president of Radcliffe, and Professor Elizabeth Tidball of George Washington University, among others, that supports the claim that many young women simply do better academically at women's colleges—and later in life at their professions. Students at women's colleges feel very little conflict between their desire to excel and their "obligation to remain feminine."

As another Princeton undergraduate put it: "The demands society puts on us are schizophrenic, to achieve as people but not beyond the certain undefined point past which one loses one's 'feminine identity.' " Such tensions are relaxed at women's colleges, if they exist at all.

Some years ago Dr. Horner conducted an illuminating survey among women medical students at a midwestern university. She gave a number of these women an uncompleted essay to finish. The essay began by telling the participant in the survey that she was a brilliant medical student at the head of her class, that her future in medicine was assured. However, she had had the good fortune (or perhaps, in this case, misfortune) to fall in love with another medical student and had decided to marry him. At this point the essay broke off. Dr. Horner asked the students to finish it.

In most cases the fictional women medical students wound up dropping out of med school to support their new husbands, abandoning their dreams and aspirations. The survey was a devastating commentary on the effects of sexism in society and education.

For her part, Dr. Tidball investigated the postcollegiate careers of a number of women; or rather, she selected arbitrary criteria by which to measure the professional success of American women—membership in professional societies, in *Who's Who,* presidencies and directorships. She found that twice as many of her successful women were graduates of women's colleges than of coed colleges—a conclusion she attributed largely to the existence of "role models" (women professors who were successful) at women's colleges.

Over the past couple of years the findings of Drs. Horner and Tidball have become popularized—about the same way, say, that the pianist Van Cliburn popularized Rachmaninoff and Tchaikovsky. This may also help account for the renewed popularity of women's colleges.

Third, the women's college is much more apt to offer courses in the various women's studies. Learning the history of the predicament of gifted women in western history and how some of them have mastered it makes you better prepared to meet similar predicaments in the 1970s and 1980s.

Fourth, and very important in these days of crowded lecture halls, monstrous athletic budgets and professors obsessed with publishing enough to assure themselves tenure (obsessed to the extent that they sometimes resent students intruding on "their own time"): almost all the women's colleges are small. Though they are academically demanding, their atmosphere nevertheless remains cozier, friendlier, less harried, less pressured than at large coed colleges. The best kind of academic pressure is the kind evoked by a student's own curiosity and intellectual excitement—curiosity and excitement best stimulated by professors who regard classroom teaching as the best and most important part of their jobs. Too often the large university uses its great scholars for lectures, then abandons the student to "section men" in seminars. The section men are working like crazy to finish their Ph.D.s. They may be gifted young teachers, but the pressures on them are intense. Their students often suffer.

Fifth, young women really run things in women's colleges. *They* edit the literary magazines and other publications. *They* run the clubs and athletic teams. *They* are the class officers and members of student government. In former women's colleges, now coed, this rarely happens. Male chauvinists may say, "I told you so"—men "naturally" have taken things over. They are wrong. The sexist attitudes bred into young men and young women for eighteen years are not abandoned on entering college. Is it not therefore better to develop the confidence needed to succeed out in the "world" *before* confronting its challenges?

Something else. There is a tendency to talk about women's colleges as though they are isolated seminaries into whose placid, deprived existence young men never intrude—as though, when a graduate of Sweet Briar says, "I was at Sweet Briar four years," she means she remained on its campus forty-eight months. In fact, she was there probably less than two hundred days a year. Her social life was full—on campus and off. Perhaps she spent her summers taking advanced credits at a summer school or in jobs in which she could apply what she was learning in college. She had, one might say, the best of both possible worlds.

Several transfer students have told me they hated coed dorms; they didn't like padding down the hall in curlers with young men around; they resented what the pressures of conformity demanded, or what they felt these pressures demanded

In any case, her alma mater and the hundred or so women's colleges which have survived into the midseventies are in a period of exhilarating and promising revival. The signs are, happily, that it will continue.

SUPER NATURAL SPRING

What's in it for you? Down-to-earth clothes and accessories—prices to match! Ready-for-anything looks in one of the greatest natural fibers going—fresh and lively cotton. It's the season's coolest bet, right here (in bigdresses) and on the following four pages.

Crinkle cotton smock with puff sleeves, far left; $20. Matching yoke-front gathered skirt; $16. Both, Denise Designs. Catherine Stein braided jute obi, Robert Zentall marbleized olive bracelet, Phase II bangles, Glentex striped scarf.

Beige side-slit topper, left: below-the-knee skirt to go. Happy Legs; $37. Raffia palm brimmer by Lids, bark/wood beads by Catherine Stein.

Mint green crinkle dress, right, for shooting the breeze! Ruffly collar, side pockets and a long twice-wrapped sash. Trousers Up; $35. Beige espadrilles on a wedge by Jacques Cohen.

Brighter than the sun yellow crinkle dressing with a rounded collar and yoke, tiny wrapped middle. Trousers Up; $33. Brimmed hat by Lids. Stores and accessories info on the next to last page.

Beauty bit: Our models make up naturally with Bonne Bell's Smooth Finish Shadows. Opposite: Sky Blue (left), Mountain Blue (right).

ARTHUR ELGORT

ARTHUR ELGORT

The head-turners: cool cottons in newsy stripes and earth-tone pales; cap-sleeved T-knits, gym shirts, bigskirt flair, easy pants and drawstring gear! T-tops cap it all, opposite.
Creamy pointelle knit, left. Outlander; $20. Rainbow-chevron-striped skirt by Pranx; $25. Plaza sunviewers.
Big scoop: royal blue pointelle knit, center; $9. Dirndl skirt with natural and green stripes, of polyester/cotton; $23. Both, Glenora. Catherine Stein bangles, Famolare sandals.
Wrap-about sensation: multistriped skirt with patch pockets, right. Happy Legs; $24. Fancy fagoting adds zip to turquoise T. Jasmine Teas; $11.50. Espadrilles by Bernardo Sandals, Red Cobra straw brimmer. On this page, above, sportswear that rates a second look!
Just peachy shirt—a take-off from gym class. Stuffed Shirt; $14. Drawstring pants in rich earth tones. Nitya; $18. Echo scarf.
Soft-green sheer Indian cotton shirt—top-notch! India Emporium; $14. Give a hand for pockets on stripe-bright double-pleat pants; button waistband. Pranx; $25. Zentall necklace, bangle. More info and stores, next to last page.
Beauty bit: Depend on basics—like Christian Dior's Multiple Soft Colouring Creme for Eyes, Cheeks and Lips. On lips, opposite, left to right: Scarlet Magenta, Golden Rose and Indian Brown.

ARTHUR ELGORT

Set to see, opposite, in sandy tan "camp" shorts, pleated and cuffed. Classic of Boston; $17. Scenic birds on a T-shirt with white waistband, collar and sleeves. Bee Wear; $9. Crew-cap classic by Red Cobra. Shades of the thirties: St. Larel by Ben-Hur. T-shirts are the word, above.
"Escargots" (snails) in batik on a brown cotton T, left; $15. Off-white canvas pants with two up-front pockets. Landlubber; $18.
Pea-pod pullover, center, in chrome yellow with "Petits Pois" stenciled on; $13. Pouch-pocket sea green pants by Stuffed Jeans; $14.
Stone green "Coquilles" shirt, right, with appliquéd shells; $15. Hip-hugging navy and white batik shorts. Stuffed Jeans; $8. T-shirts, this page, by Ruby-T; Catherine Stein headgear.
Beauty bit: Fair play for the sun? Sea & Ski's Block Out keeps harmful rays from burning sensitive skin.
Stores and accessories information, next to last page.

Muslin Makes It

Four crafty ways to turn plain into pow

DAVID MCCABE

The fabulous thing about muslin: there's no end to the ways you can be creative. And it's still one of the best buys going! This month's patterns feature cotton fabric by A. E. Nathan; about $1 a yard.

◀ Dye it

For starters, try easy batik looks using Rit dyes and batiking wax (how-tos, page 159). **The swingy tent dress,** far left, has butterflies soaring on an ombré design of pale yellow bands moving into deep orange. Kenzo for Butterick, pattern 3661. Next, **blue waves ride in** on a little halter and matching shorts. For good cover: birds-on-the-wing shirtjacket. All three pieces, Butterick 3683. The Accessories Place hats.

▶ Paint it

You don't have to be an artist to wield a good brush. Case in point: paint splatters for the **bibtop overalls,** right, are just brushed on at random before sewing. Butterick 3527. For the **posy-topped peasant blouse** (Betsey Johnson for Butterick, pattern 3851), we used a transfer that comes with the pattern, then painted the design. Bottom part: pants with a slight flare, zipper back. Butterick 3862. All brushwork was done with Avalon's Paint 'n Wear Kit; $6 (find it at J.C. Penney stores). Included in kit: six jars of acrylic paint, brushes, instructions and transfer designs—enough stuff to you painting for a long time!
More on patterns, fabrics: page 160.
Beauty bit, right page: For great color and continuous sunscreen protection, our model, at left, wears Coty's All-In-One-Makeup in Golden Tan. For her friend: Burnished Bronze.

Trim it

Some of the easiest—and prettiest—add-ons for muslin are the trims you find in notions departments. Our trim-it story starts with: **A peasant-look bigdress,** far left, with long, full sleeves you can push up or down. Butterick pattern 4014. Adding great color here: a mix of ribbons you machine-stitch in place. These, by Burlington. Wedgie sandals by Sbicca. **A dress that's super cool,** next—definitely one you'll wear to show off a tan. It's shirred up top with elasticized thread, falls free and easy to your ankles. Butterick 3690. Eyelet trim by Wrights; 85¢ a yard. To make the squiggles of color, run lengths of embroidery floss under every third stitch of shirring. Thread by J. & P. Coats; 12¢ a skein. Straw hat by Jacki, marketing bag by Red Cobra.

Stud it

If you've ever tried to put studs on jeans and other things you know how time-consuming (and hard) it could be. Now studding is a breeze. By using a handy little machine called the Brisk-Set Nailhead Stapler, you can stud just about anything in a flash. We like the shiny look of silvery studs for **a western jacket** and matching jeans-style pants, near right (Butterick 3789). Snaps for jacket by Dritz Scovill. Next, apple studs are ripe for **a summery pinafore.** This one has a really deep flounce and pockets, the traditional sash-back and ruffly sleeve effect. Butterick 3611. Wrights eyelet. Jacki hat. To order the stapler (it's $12.95, so why not share the cost with friends?) and the studs shown, see page 160. More on patterns, fabrics: page 160. Pattern pages photographed at The Breakers Hotel in Palm Beach, Florida. Hair, makeup: Robert LaCourte. **Beauty bit:** For super skin protection our models start off with Love's new Natural Essence Creamy Moisture Gel, then slick on their new sheer gel makeup, Clean And Natural. Both from Menley & James.

DAVID MCCABE

INDOOR GARDENS

Almost any room can become your personal greenhouse with the addition of live plants! Starting here, decorating tips for sunny and shady spots. For a plant-care guide, see page 162

If your room gets lots of sun, try the bright, spacious greenhouse effect, left. Furnishings in natural, earthy tones will help create an outdoors environment.

- Let your bed be the focal point (how-tos for ours, page 177) by placing it in the center of the room and hanging several planters from its beams.
- A wooden stepladder is a neat plant stand (close-up, below). For an étagère, use two ladders; rest boards or glass shelves on steps.
- Filter strong sunlight with matchstick bamboo shades.
- Put lots of baskets to good use —as decorations on walls, as cachepots or to group everyday necessities or assorted greenery like our cacti.
- Make a mini nightstand by setting a basket on folding legs (found in basket shops).
- Coco-fiber rugs are easy care floor coverings.
- A botanical print on a wall carries on the greenery theme.

Bassett furniture, Bloomcraft spread and matching pillows and shams, Mirafoam batik pillows, Columbia-Minerva afghan, Import Specialists rug, Laurel lamp. More info, page 156. Stores featuring our Decorating Workshop are on page 160.

BILL MARGERIN

Even a room that barely sees the sun can boast beautiful, healthy plants! Here, a greenhouse in the shade

- Plan your room around pastel or neutral colors and patterns that won't absorb the existing light. For example, natural wicker furniture, softly patterned wallpaper, a light straw rug and off-white accessories give this room a bright feeling.
- Whenever possible, group greenery near your window. If you can, put up one or two window shelves for plants.
- Have several lamps in the room. On dark, dismal days you'll appreciate the light—and so will the plants! Two good choices: an adjustable tripod lamp that can be moved easily and a large, ginger-jar style to put on a table and surround with plants (see close-up below).
- Special grow lights, available in bulb or tube form, simulate natural light and let you grow a wider range of plants, including the ones that ordinarily thrive only outdoors.
- To bring in more of that outdoors feeling, add a birdcage—great even if you don't have a canary! Or hang up a butterfly mobile.

Henry Link furniture; Croscill bedspread, pillow shams and curtains; ICI, U.S., Inc. wallpaper; Import Specialists rug; Azuma wicker chairs and table; Spinnerin afghan; Schiller-Cordey lamps. More info, page 156. Decorating Workshop Stores on page 160.

BILL MARGERIN

THE NATURAL ROUTE

Sprout! It's fast, economical, convenient and fun; you don't need special lighting, soil or even a green thumb. In less than a week, seeds and beans will burgeon in plastic bags, paper towels or jars you can keep anywhere, including desk drawers! Seeds yield so much that one serving of sprouts costs less than three cents. Are you a health freak? Sprouts are not only delicious, they're chock-full of protein, vitamins and minerals—and just sixteen calories a cup. Beginners have luck with mung beans (favorites in Oriental food), wheat berries (nutty-sweet), alfalfa (eaten leafy green) and lentils (crunchy and spicy). You can buy seeds at health-food stores or order them by mail (see page 190); lentils are in the dried-beans section of your supermarket. Follow our easy how-tos and start sprouting now! Then invite your friends over for tasty earth-food specialties. Home-growns jazz up salads, sandwiches and home-baked bread. Our recipes (see page 190) are perfect for store-bought sprouts too.

DOWN TO BASICS

SHEILA CAMERA

You'll find that seeds vary in yield. Start with one tablespoon alfalfa, one-fourth cup mung beans, one-fourth cup lentils or one-half cup wheat berries. You'll have plenty for our recipes but not so many they'll spoil. Sprouts can be refrigerated in covered containers for up to a week, but they're freshest and tastiest just after harvesting. Stagger your sprouting schedule to prevent surplus.

Ready to begin? Rinse seeds and beans thoroughly. Soak them in three times as much water. Small seeds, like alfalfa, require a three- to four-hour soak; large hard beans must be left overnight.

Leftovers go a long way in sizzling sprout fried rice (left). Fresh muffins for munching (right), full of wheat sprouts and cinnamon-sweet

BILL MARGERIN

Can't beat a veggie burger (right), scrumptious meal on a bun just one sprout-harvest away!

Drain well, then follow one or more of the methods we suggest.

Alfalfa should be sprouted under normal light so the leaves will turn green. Mung beans do best in the dark; wheat berries and lentils work in either situation. If sprouts appear crowded as they grow, separate them into two or three batches. Discard seeds that haven't sprouted after two days.

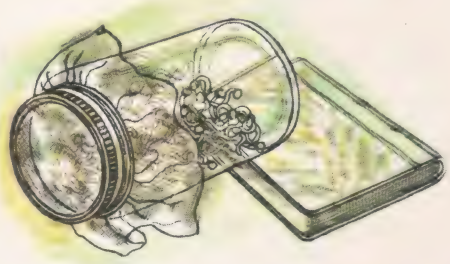
Harvest sprouts according to the timetable at left. Alfalfa should have green leaves and be one to two inches long. Mung beans are one to three inches at harvest time, wheat berries, one-quarter inch, and lentils, one to one and a half inches. (Harvest these before stems or leaves appear.) Rinse sprouts thoroughly, then drain well.

THREE WAYS TO GO

Which sprouting method to choose? Pick the one that suits you best. Campers, cyclists and backpackers rely on the **plastic bag method;** it's convenient and requires little space. If you live in a dormitory or don't have a kitchen area, this technique is perfect for you too! All you need is a small plastic bag (the kind used to store food), a larger and heavier one, some paper towels and twist ties. Use mung beans, lentils and wheat berries rather than the small seeds for best results here.

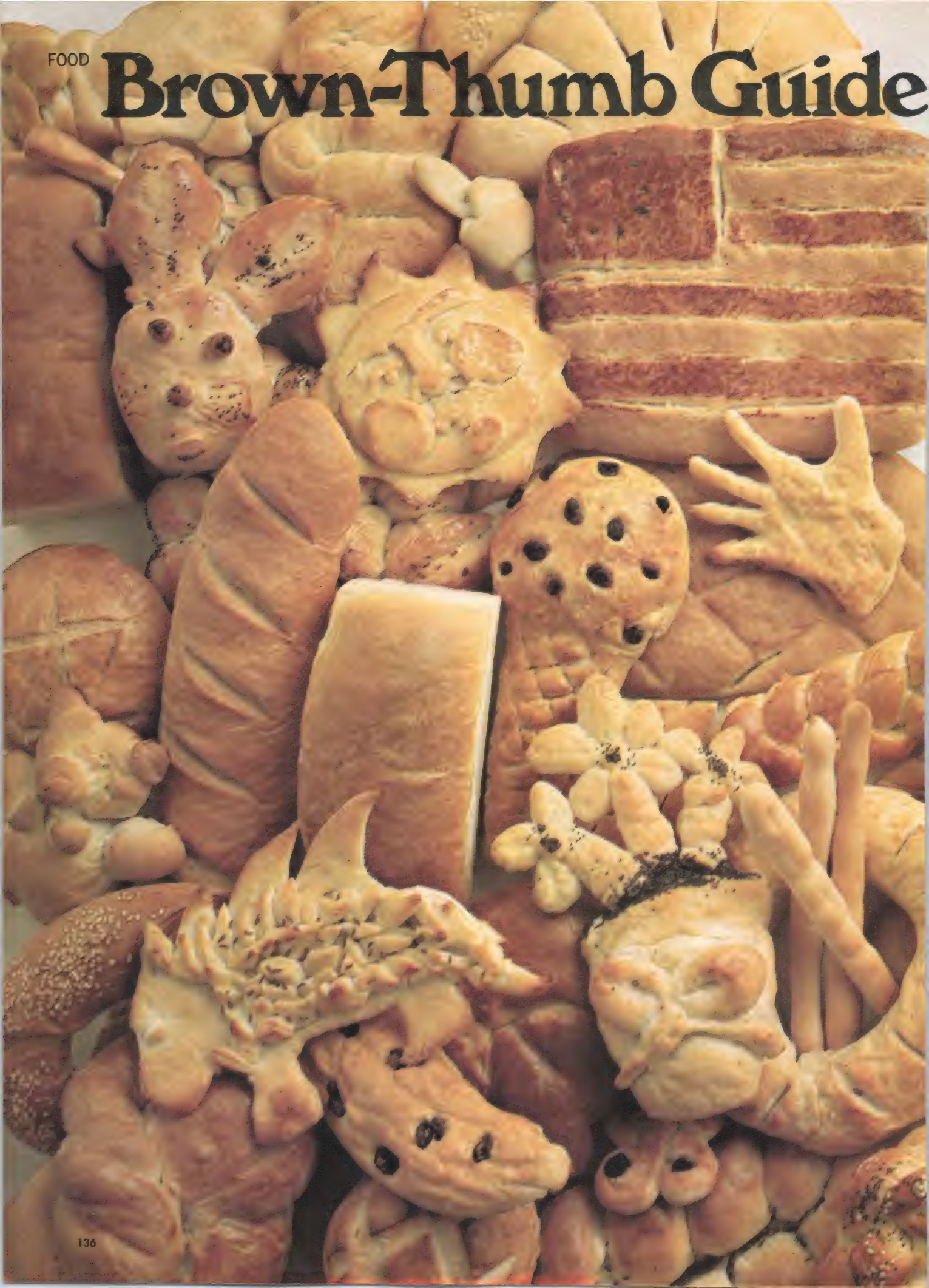
First soak beans as above. Punch holes all over the bottom third of the small bag, about one inch apart. Pour soaked seeds into this bag and let water drain out completely through the holes. Soak paper towels in water, squeeze out excess and wrap around the bottom of the bag. Then place the entire package in the large bag and twist-tie the top to seal moisture in. Store your sprout bags anywhere—inside backpacks, drawers, old shoeboxes! Remove small bag from larger one every morning and night; run warm water over the growing sprouts, shake them gently, drain water. Remoisten towel and repack. Repeat twice a day until harvest time.

Want to sprout a variety of seeds and beans? Got plenty of room to spare? Try the **jar method.** You'll need a quart jar (preferably the kind used for canning), some cheesecloth and a metal canning lid or rubber band. Soak seeds and drain well. Place in jar. Cover mouth of jar with double thickness of dampened cheesecloth. Screw on metal rim of canning lid or fasten with rubber band. Place jar on its side; shake to spread the seeds. Prop up bottom end of jar about an inch on a book or wooden block, so that excess water will drain toward mouth of jar. (For mung beans, cover with a towel to keep out light.) Fill jar with lukewarm water twice a day; let stand one minute, then drain through cheesecloth. Repeat till harvest time. *(continued on page 190)*



Tuna-sprout melt (right), an irresistible stack of Muenster cheese over tomato, tuna and sprouts on cracked wheat bread. Plus the talk-of-the-table salad—fruit favorites, sprouts and lemon-honey dressing

Brown-Thumb Guide



to Bread-Baking

by Jody Shields

What is more wholesome than a walk in the park? Easier than pie? Warmer than toast? The answer is a loaf of bread. The art of creating the humble handmade loaf is enjoying a tasty revival. People are willing to cover themselves with flour, punch fists into dough and wait nervously for read to bake. They swear that nothing is better than bread for cold day, cold hands or a cold heart. The baking of bread is rrounded by an aura of mystery: it is associated with floury tchens, bowls draped with towels and elaborate rituals.

Bread-baking should be liberated from myth and ignorance. eople ask questions like "How does it get puffy?" or "Put my nds in *that* mess?" The truth is that bread is easier to make an crepes but harder than chocolate chip cookies. To banish y lingering doubts, here is a step-by-step bread-baking guide, mplete with questions and answers.

First, remember that not everyone is blessed with a "brown umb." Some thumbs are browner than others. Many begin-rs' loaves resemble breakfast cereals—flat, hard, dark and unchy. However, it is too early to worry about failure.

Q: Is it a bad omen if my first loaf is a disaster?
A: Only if you try to eat it.

Q: Is there a special outfit to wear while baking?
A: White shirts, pants, aprons and chef's hats are worn only in cookbooks. Comfortable, loose clothing is best. For those with the tendency to wipe hands on the seat of their pants, blue jeans are excellent. Color-coordinated aprons are unnecessary. Charm bracelets should not be worn.

For a first loaf, use a simple bread recipe:

Simple Bread Recipe

- 1 CUP WARM WATER
- 2 TABLESPOONS SUGAR
- 1 PACKAGE ACTIVE DRY YEAST
- 1½ TEASPOONS SALT
- 2 TABLESPOONS VEGETABLE OIL
- 3-3½ CUPS FLOUR

Step one
Okay. Set out all the ingredients, plus a bread pan (nine by five by three inches), a mixing spoon and one large bowl. Put warm water and sugar in the bowl. Stir in the yeast and wait five minutes, or until it gets foamy.

Q: What if it doesn't get foamy?
A: Wait a few more minutes.

Step two
Stir salt and oil into yeast mixture. Now begin to add the flour, about one-half cup at a time *(continued on page 154)*

FRANCES PELLEGRINI

Center Court Grooming

Tennis, the No. 1 sport for SEVENTEEN readers, creates a batch of special beauty problems. Here's how some of you manage to look fresh and pretty on and off the courts

During the last Robert F. Kennedy Pro-Celebrity Tennis Tournament held at the West Side Tennis Club in Forest Hills, New York, our editors interviewed teen tennis buffs who told us how they cope with frazzled hair, excessive perspiration and other sports-related beauty problems.

The Savage sisters, of Forest Hills (top photo, from left: Dierdre, thirteen; Liz, eighteen; Nancy, seventeen; Megan, fifteen, and Faith, sixteen), play tennis every day starting from their spring break and going on through summer. All agree: hair is the biggest problem. Each girl begins her day with a gentle shampoo and conditioner (shampooing as often as three times a day isn't unusual!). In a pinch, instant spray shampoos are a handy time-saver. Liz, a natural blonde, goes without a visor or hat when the sun is strongest to get more golden highlights. To combat dryness she deep-conditions her hair twice a week.

Meet Dina DeLuca, left, thirteen, of Forest Hills, who began playing tennis when she was eight. Today she's putting more emphasis on her game to lose a few pounds gained last winter. Hair is her top problem too. She likes it long (wears a pony-tail when playing) even though it's hard to care for. "I love to go swimming after playing tennis. Unfortunately, salt water and chlorine make my hair look like straw. I always have to wash or rinse it thoroughly." For shampoos, Dina prefers pH-balanced ones. A wide-toothed comb handles any tangles. Since constant exposure to sun and water is drying for her skin, she uses a softening lotion morning and night. Although she tans easily and wears a sun visor, a sunblock product is a must for her sensitive nose.

All the girls we met take vitamins for energy and go for low-calorie soft drinks, fruit juices and salads. Faith Savage recommends chewing sugarless gum when you play tennis because "It helps you forget about a gnawing appetite and keep your rhythm!" Many of the girls take salt tablets to replace salt lost through perspiration, and they use a strong antiperspirant deodorant. For advice on warm-ups that will get you ready for the courts, see page 28.

Skin Talk

Liza Shanley, seventeen, also of Forest Hills, excels at tennis, basketball and riding. Her skin is super-oily and tends to break out. "Recently I went to a dermatologist and the treatments helped," says Liza. Her clean-up routine is washing with soap and water and using astringent. Always on hand: premoistened towelettes.

JERRY WEINMAN

Weight Watch

Nineteen-year-old college freshman Robin Novick, of Roslyn, New York, was working as a ball girl when our editors met her at the tennis matches in Forest Hills (photos, this page). We asked Robin how it felt to work so often with famous players and celebrities. Her reply: "This is my third year, so now I'm more into the game. Still, I'd work for Billie Jean King any day!"

Robin plays tennis three mornings a week and makes sure it's a real workout. "I used to weigh 150 and I'm only five foot five. Between tennis and Weight Watchers I've lost twenty-six pounds, stopped craving sweets and feel terrific."

JERRY WEINMAN

Doubles

Identical twins Joy and Jill Schwikert, left (Jill's older by ten minutes), of Las Vegas, Nevada, are tennis pros playing doubles in tours that keep them constantly on the road. In the inset above, the twins follow a match with amateur player Regis Dale, seventeen, a high school junior from Teaneck, New Jersey. Joy and Jill are high-energy-diet enthusiasts but differ in their tastes. Joy, who gains weight easily, often sticks to a vegetarian menu; Jill, who rarely gains extra pounds, gets her pep from seafood, peanut butter, "just about everything there is to eat." Both find their hairdos easy to manage. Between shampoos, they suds bangs to control oiliness.

Family Style

Jeanne Evert (below), seventeen, joins her older sister Chris and father, tennis pro and coach James Evert, in one of America's most popular and well-known families playing tennis. Jeanne says: "Chrissie and I don't have a special beauty routine, but we have lots of cosmetics which we share. When I play tennis I like to wear makeup, but after a while it disappears. If the sun is very strong, I use a sunscreen and an aloe cream to keep my lips from cracking. Both Chrissie and I use plenty of moisturizer—our skin tends to get very dry."

Playing for a Worthy Cause

Every August the Robert F. Kennedy Pro-Celebrity Tennis Tournament brings together the Kennedy clan, lots of famous personalities and fans of all ages. Proceeds benefit the memorial established in the late senator's name to help young people fight poverty and discrimination. One of the activities it supports is the Robert F. Kennedy Youth Fellow Program for fifteen- to nineteen-year-olds who want to fight injustices in their communities. If you're interested in learning more about the program or finding out what you can do to help, write Kennedy Memorial, 1035 30th Street, N.W., Washington, D.C. 20007.

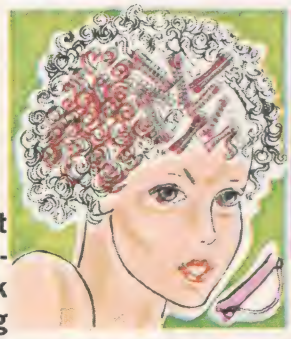
Ethel Kennedy, left, hostess of the tournament honoring her late husband, was photographed as she wound up a match in which Dustin Hoffman was the umpire. On the sidelines (at right), Mrs. Kennedy's nephew, Bobby Shriver, as he watched the day's events. Massachusetts Senator Edward M. Kennedy told SEVENTEEN, "I can't think of a better sport for young people to learn than tennis, because it demands a unique combination of skill and grace and because it is a sport that, though perhaps never perfected, can be practiced for a lifetime."

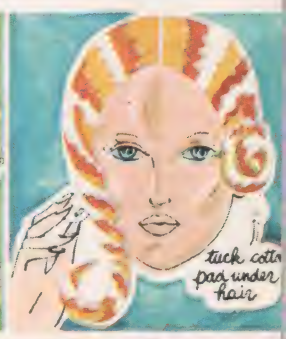
The young athletes we interviewed gave us the following suggestions for a locker room survival kit. Stuff a tote with:

- **A terry washcloth or two**
- **An adjustable hair band**
- **A packet of cotton balls**
- **A packet of tissues**
- **A roll-on antiperspirant/deodorant (like Tussy's)**
- **Premoistened towelettes for quick fresh-ups (Jean Naté has scented ones)**
- **Instant spray shampoo like Clairol's Pssssst**
- **A can of baby powder such as Johnson's**
- **A really good moisturizer. Bonne Bell's Good Nature All-Over Moisturizer with sunscreen is a good choice**
- **Foot powder (Mexana's works well)**

SHEILA CAMERA

Top Points





Girls with curls say that the tennis/humidity combo causes frizz. Work with the curl by setting hair on perm rods. For long hair: make two ponytails, coil, secure with bobbies. Cotton (see sketch) absorbs perspiration.

Whether the courts are grass, clay or concrete, your feet take a beating—as our tennis teens were quick to point out. To be really fleet of foot you often have to deal with corns, calluses, athlete's foot and odors. Here's what the girls suggest:

- Absorb excess perspiration by always using a foot powder. Sprinkle it freely in your socks and sneakers.
- When playing on a hard concrete surface, wear an extra pair of socks or slip in a pair of cushioned innersoles.
- To prevent or control calluses, have a daily foot soak followed by a generous application of skin-softening lotion.
- Wiggle toes to exercise and relax them. Then rest tired feet (legs too) by propping them up for about fifteen minutes.
- Feet feel better in a flash when you use a cooling mist like Foot Refresher Spray. To stop odors, Foot Deodorant Spray. Both, Dr. Scholl.

Want to improve your game? Here's a list of tennis camps you can write for information: Chase Tennis Center, Westtown, Pa.; info: Box 1446, Manchester, Mass. 01944. Ramey Tennis School, 5402 Far Hill Rd., Indianapolis, Ind. 46226. T Bar M Tennis Camp, Box 469, New Braunfels, Tex. 78130. Tony Trabert Tennis Camp, Ojai, Calif.; info: 1101 S. Robertson Blvd., Los Angeles, Calif. 90035. Dennis Van der Meer tennis camps: Lawrenceville School, Lawrenceville, N.J. 08648; Sweet Briar Summer Tennis College, Sweet Briar, Va. 24595; Williams College, Williamstown, Mass. 01627. For a comprehensive listing of summer tennis camps (most are just for teen-agers!), write to United States Lawn Tennis Assn., 51 E. 42nd St., New York 10017.

FASHION

SURE HITS

ARTHUR ELGORT

Match point? It's got to be love again in cool cotton winners like these!
Super tennis dress, opposite, with a scalloped ruffle hem: scoop-neck jersey slips over your head and ties in back. Matching baby pants underneath. Alley Cat by Betsey Johnson; $30. Leather tennis shoes by Pony, Bonnie Doon sport socks, brimmed hat by The Accessories Place. Play shorts and T-shirts for any-wear, above.
Your "head" crew-neck, left, sports a color-packed logo; $16. White zip-front shorts with twin-button waistband—like the ones you took to camp; $15. Both, Head.
The winner with a heart: "pro" pullover T, center, by Ruby-T; $13. Bright red terry shorts of cotton/polyester. By Aileen; $7.
Polka-dot racket appliqué on a short-sleeved shirt, right. Ruby-T; $15. Side-buttoned cuffed shorts are belted in red patent. Josephine; $13. Baar & Beards visors.
More information and stores, next to last page.
Beauty bit: Models on the run use the mascara that won't—waterproof Aziza Mascara with Sealer; it stays on all day.

FASHION

SWIM!

Water, like air, is your natural habitat. And what's the news in wet-wear? Well, the very bare bikini is still a big look, while the sleek one-piece maillot is showing up more and more—and not just for serious swimmers. Colors are new this year too, following the uniform look.

Shades of army surplus, opposite. When olive drab gets wet, it's suddenly exotic! The maillot, left, scoops in front, dips below the waist in back. Lycra makes the fabric super-clingy. By In Sportswear; $17. Echo scarf, St. Larel by Ben-Hur shades. Bikini bit, right, with a bandeau top that ties up front like a scarf. By Monika for Elon; $18.

Yellow-cab yellows, above, for girls who like to stop traffic once in a while. Maillot, left, in crinkly nylon that dips way down in back. In Sportswear; $19. Bikini with a twist, right, has a bra that does. Ombré stripes in Antron nylon and Lycra. By Monika for Elon; $28. More info, next to last page.

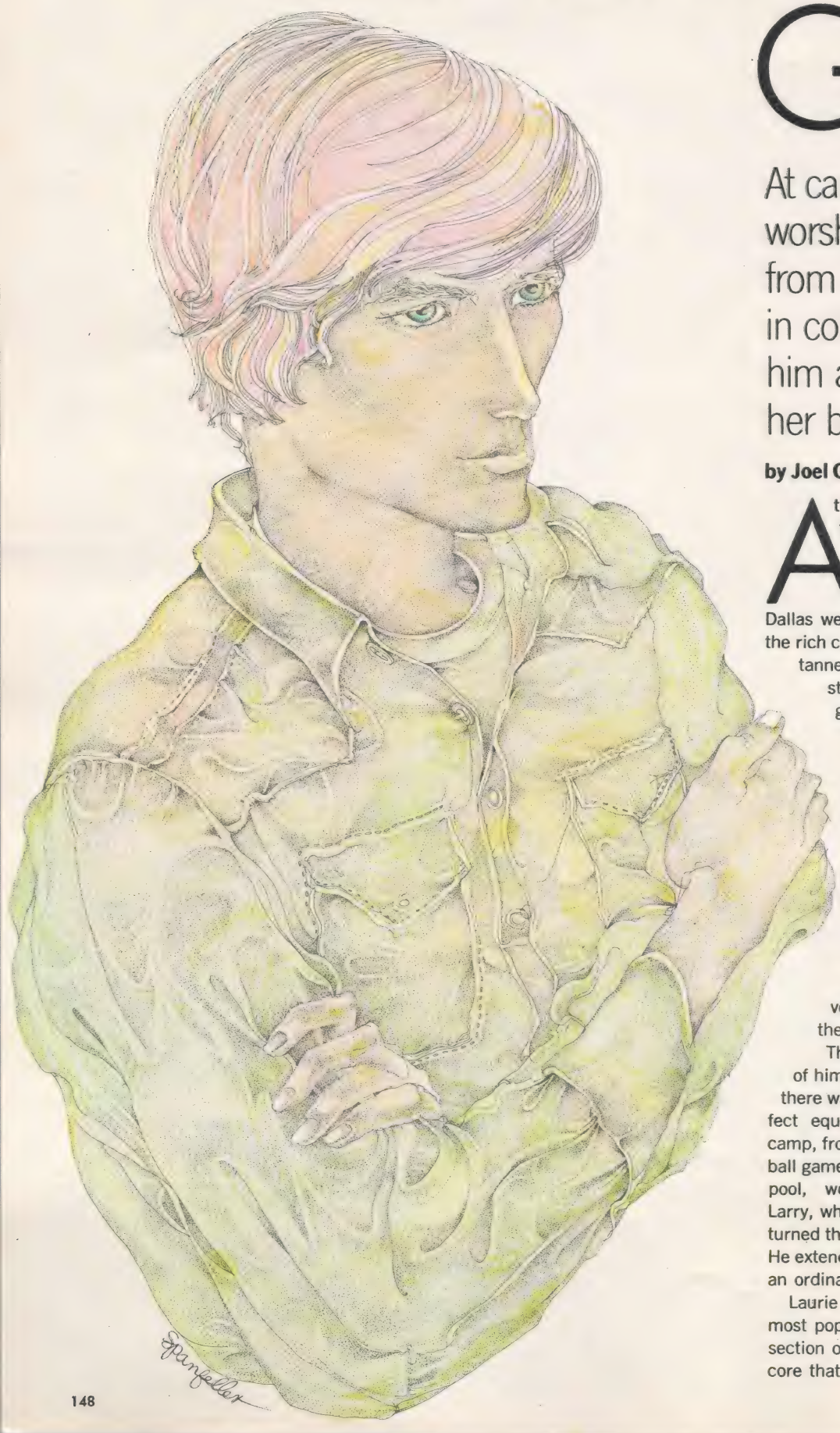
Beauty bit: Always use a sunscreen *before* and after swimming. Coppertone Oil protects you in water, provides deep, tawny color too.

ARTHUR ELGORT

Bikinis look terrific in print, especially with cover-ups you can wear with other things too. Everything here is of cotton. **Batik-ini,** this page, in a dashing geometric print. Swimsuit, $16. The wraparound pants, $26—for a great outfit, try them with a T-shirt and espadrilles. By Monik for Elon. Plaza sunglasses **Flowers by the sea,** opposite, bloom on a bare halter-and-tie style; $14. Bigsmock cover-up (to team with shorts too), $18. Liberty of London fabric. By Catalina. More info, next to last page. **Beauty bit:** Our models a summery bloom with Max Factor's UltraLucen waterproof blush in Blushing Cherry.

ARTHUR ELGORT

A PARTICULAR GOD



At camp, Laurie worshiped Larry Cabot from afar. Now, in college, she ran into him again— as her best friend's date

by Joel Gross

At fourteen, Larry Cabot was a particular god in the summer camp to which the Beddoes had sent their pretty little Laurie. This was not merely because the Cabots of Dallas were rich. There were lesser gods in the rich camp, black-haired and lithe, tall and tanned, superbly athletic. But Larry Cabot stood out like a flawless lamb, for his gifts were not marred by conceit and his essential nature was serene, not grasping. He liked many things and many people with an ease and a selflessness seldom seen in adolescents. His voice had an artless, husky tinge which added weight to his boyish chopped-up phrases. Tennis, tackle football and swimming were his sports, but he also enjoyed talking about baseball. The only time he seemed to raise his voice in anger was when disputing the records of players and games.

The other gods in the camp were wary of him. They assumed he could fight well: there was no other way to explain such perfect equanimity. But the majority of the camp, from the distant outfielders of the softball games to the swimmers of the shallowest pool, worshiped him unreservedly, and Larry, who made little of his own talents, returned their worship with a very lively regard. He extended his friendship not as a gift but as an ordinary accompaniment of happy youth.

Laurie Beddoes, while not the prettiest or most popular of the inhabitants of the girls' section of the camp, had a certain insoluble core that seemed to irradiate her petite and

frail frame. She wanted to be prettier, of course, to have thicker texture in the silky waves of her blond hair, to be taller, to have green eyes that counted for something, not the ordinary hazel ones she possessed, to have curves break the straight-boned monotony of her body. She wanted more than love, even at thirteen, and this fired the features she showed the world. When the girls in her bunk carefully calculated their social hierarchy, they had misgivings about where to put her; somehow she was not quite smashing enough to be put at the top of the pile; still, the camp beauties were dull beside her.

She first saw Larry Cabot in the dining room on the third day of camp. The fourteen-year-old boys often came to the second seating for meals, and their table was on the opposite end of the dining room. Laurie had been a straggler that day, but she finally reached the dining room, eyes aimed through the clutter of plates running with syrup and spilt milk for her table. Larry Cabot, who had just at that moment elected to stand up tall at his end of the table and ask his counselor to pass something, happened to put his head in her line of vision; he was smiling. She stopped in her tracks. He did not notice her. For breakfast she had a bit of weak tea, and her friends irritated her with their queries: Was she sick? Did she know that her eyes blazed and her forehead ran with sweat?

Her summer stood still after that, a landscape of identical days of unavoidable pain. She told no one. At meals she allowed herself three separate glances, and she made an effort to chatter with her friends. Mostly, she was presented with the back of his head. She learned his name from the idle chatter of her bunkmates; she loved it. She loved to draw pictures of it in her mind.

One night there was a dance in the rec room for the thirteen- and fourteen-year-olds. Laurie dressed in white. The boys were told to put on jackets and ties, but when they trooped in dutifully, bobbing their heads and tittering before the still and observant girls against the walls on benches, he was not among them. A knot swelled up in her throat like an angry fist, with no outlet. He was not there. Music, slow music with flutes and cymbals, blew up into the air. Someone tall and thin strode over from the jukebox and asked her to dance. Laurie let herself be pressed against her partner's chest like a dead leaf.

She saw Larry Cabot one last time that summer. It was the twenty-fifth of August and quite chill. She took a walk along the edge of the lake, turning up the collar of her windbreaker. As she rounded a bend flanked by tall hedges, there, in a powerful burst of sunlight, three figures rushed toward each other. Squinting against her sudden sense of terror, she saw him with his parents cooing on either side. He wore a navy tennis shirt, white dungarees and blue sneakers, and a golden chain dazzled in the point of light at his open throat. This was the image she took home with her, across the miles. She never returned to camp.

Laurie did not hear of Larry Cabot again till her first year at Barnard in New York City. By then the image she carried of the beautiful boy had transformed itself into an abstraction of perfection, an ineffable standard against which she judged all other men, all other loves. She was eighteen and studying history. She lived in a dormitory room with a window shaded by red paper. There were posters on the walls when she moved in, but she removed them. She requested additional bookcases, and the dorm superintendent found two tall, scarred cases with carved edges. These she filled with her paperbacks. She had an armchair, a tiny refrigerator filled with soda, a large clock-radio with stereo speakers, a desk, a desk chair, a long and narrow bed and a ceramic vase filled with dried flowers.

In her second semester at school, she met a very attractive blond girl from her English social history class. They had dinner together and talked about class warfare, but by the time coffee was served, the conversation grew less abstract. The blond girl, Mary, began to ask Laurie about her social life, and Laurie admitted that there was not much of it.

"Actually, it's costing my parents so much money just to send me here that I want to do very well. I study. I study all the time."

"I'll fix you up with a history major," said Mary. "And a gorgeous one at that. We'll study all evening. Or at least we'll try."

Saturday night at eight o'clock Laurie found herself waiting with Mary in the lobby of their dormitory.

The two boys were prompt. They wore slacks and blazers over cashmere sweaters. One of the boys was dark, the other light. The dark one moved over to Mary and gave her a friendly kiss, light and confident.

"My name is Bob," said the dark boy's friend, nodding at Laurie. He had white-blond hair and eyes like points of blue reflective metal.

But the dark boy was Larry Cabot. Laurie understood this with a shock that she welcomed with hesitant joy. Carefully, she tried to hide her violent start. She smiled at Bob.

"This is Larry," said Mary. "And this is Laurie."

Larry seemed happy to see that his friend was paired with a good-looking girl. They went downtown in a Jaguar sedan. Bob drove, so Laurie sat up front, her eyes reaching for the light-splashed reflection in the windshield of the couple behind them as the car tore down Broadway.

"You'll have to excuse Bob's driving," said Larry at the back of her neck. The car had slammed to a halt at the intersection of Ninety-sixth Street and Broadway. "It's just that this is his daddy's car, and little boys love to play with Daddy's car."

"We couldn't take Larry's daddy's car," said Bob, "because it comes *(continued on page 188)*

ENTERTAINMENT

Face to Face with Barbara Walters

DUANE MICHALS

Co-host of NBC-TV's *Today*, star of *Not for Women Only*, interviewer, journalist, she's an extraordinary woman

by Edwin Miller

Millions of women consider their weekdays with dismay if they can't share their morning coffee with Barbara Walters, the most dynamic female personality in TV news. They wake up at seven to hear her pithy comments on NBC's *Today* show, which she co-hosts with Jim Hartz. They listen intently to her interviews with celebrities from politics and the arts, which are sandwiched in between witticisms from *Today's* Gene Shalit and the news.

Where local scheduling permits, viewers stay tuned to glean informative tidbits about the contemporary scene from Barbara's own nationally syndicated program, *Not for Women Only*, now in its fourth season. But Barbara is more than a stimulating set-side companion—she's an inspiration, a highly visible signboard demonstrating that women *can* make it in an industry in which until recently major careers were marked "For men only."

Barbara's demanding day starts when it's still dark. She's up before five each morning; by 5:30 a long limousine waits at the curb of her midtown Manhattan apartment building. Her chauffeur keeps an eye cocked on her progress, watching the gleam shift from window to window several floors above street level. "The bathroom light's out," he announces. "She'll be down soon."

At 5:45 A.M. Barbara appears in the lobby, wearing a pink coat over a pink dress and carrying her homework, a heavily stuffed sack of books and notes. She's cheerful, but the energy level is still low. It's too early to dazzle. Reaching the NBC studios in Rockefeller Center, the driver escorts her through the deserted lobby to the elevator. Up in the *Today* studio, the technicians are bustling about the floor, adjusting lights, moving cameras into position. They've been preparing for air time since one o'clock this morning. Barbara goes into a little cubicle for makeup, then proceeds to the "green room" where the day's guest waits. This morning Barbara's meeting with Jill Robinson, author of *Bed/Time/Story*.

Pleasant, casual, informative, *Today* is a friendly show. Moving at a quick, even pace, it gives you the feeling that you're part of a sophisticated group's knowledgeable circle, being filled in on the immediate state of the world. Barbara talks about current events, the newscaster reads the latest bulletins, Jim Hartz and reviewer Gene Shalit discuss the life of a movie critic spent in a projection room. As the three exchange remarks on the air or chat during commercials, the human vibrations are warm—and Barbara is a powerhouse. Interest in what she's doing lights up her eyes.

Nine A.M. and *Today* is over. Moments later, Barbara is in her office. She's proud of the bright, cheerfully decorated room with its crammed bookcases, cane chairs. In one corner is an L-shaped couch covered with a bright yellow fabric whose leafy motif goes well with the light blue walls. A nearby skyscraper tower flashes a steady, comforting message of time and temperature. One of her secretaries, Rosalind Moseby, a tall, good-looking young woman in a white sweater and corduroy jeans, sits with pencil poised as Barbara goes through her mail, phone calls, invitations, saying no to this, yes to that. She pauses over a letter informing her that she is bigoted and biased and would she please read the writer's attached article and tell him what she thinks.

Barbara dashes to the taping of *Not for Women Only* on another floor; later, to lunch at the Egyptian consulate. Throughout the hectic morning, she's good-humored, quick, perceptive, relaxed.

Barbara's cavernous apartment is a striking contrast to her office. Dimly lit, the living room is dominated by a ceiling-high plant illuminated by a special bulb to stimulate growth. The floor is crowded with couches, chairs and end tables, the bookcases stuffed with worn collected editions of the classics. Show albums dominate the record shelf; with them are some jazz *(continued on page 154)*

5:45 A.M. Weekday mornings in Manhattan—riding to work for the "Today" show

6:05 A.M. In makeup. Barbara wears very little, just enough to even out the skin, tone down the oil and shine

6:25 A.M. The resident critic and mustachioed wit of "Today," Gene Shalit, declares: "It's not work to be with Barbara. It's fun. If you want the truth, I'm crazy about her. She's a very supportive person"

6:45 A.M. Barbara has a preliminary interview with Jill Robinson, author of "Bed/Time/Story," a powerful book about having grown up destroyed in Hollywood

7:00 A.M. "Today" goes on the air with co-hosts Jim Hartz and Barbara Walters. Jim says: "Barbara instinctively understands what a news story is; she has a remarkable capacity to zero in on the essential in an interview"

9:10 A.M. In Barbara's office, secretary Rosalind Moseby explains: "Barbara inspires me! She's here from early morning, some days until after six. Often I wonder how she can keep her mind on all these things and not explode! Watching her, you feel you too can do things, hold down a job, be a mother, have a social life"

10:00 A.M. Madeline Amgott, producer of Barbara's syndicated TV show, "Not for Women Only," says, "This is the star that shines. She's more herself on the air than anybody else I know, and that's part of her freedom and her success. There's nothing phony about her; there never has been"

NATURAL LIVING

The following stores are joining SEVENTEEN in the trend toward natural living and will have many of the fashions shown on pages 120-125 and 142-147

Aberdeen, S.Dak. ..... Feinstein's
Albany, Ga. ..... The Clothes Horse
Annapolis, Md. ..... Colony Shop
Arcadia, Calif. ..... Hinshaw's
Arlington Heights, Ill. ..... Lilyans Ltd.
Atlanta, Ga. ..... Rich's (all stores)
Auburn, Ala. ..... Gayfer's
Augusta, Ga. ..... Daniel's Den (also Southgate Plaza)
Austin, Tex. ..... Scarbrough's (also Highland Mall)
Baltimore, Md. ..... The Hecht Co. (all stores)
Baton Rouge, La. ..... Maison Blanche
Bay City, Tex. ..... Clothes Inc.
Bellefontaine, Ohio ..... Dee's
Billings, Mont. ..... Aileen's (also The Humble Beginning)
Binghamton, N.Y. ..... Fowler, Dick & Walker
Birmingham, Ala. ..... Rich's
Bismarck, N.Dak. ..... Vanity
Bloomington, Ill. ..... Roland's (also Eastland)
Bowie, Md. ..... Colony Shop
Bowling Green, Ky. ..... Castner Knott
Bradenton, Fla. ..... Maas Brothers
Brazosport, Tex. ..... Clothes Inc.
Brooklyn, N.Y. ..... Abraham & Straus
Burlington, N.C. ..... Belk-Beck (both stores)
Butte, Mont. ..... Hennessy's
Canton, N.C. ..... Dick Schulman
Canton, Ohio ..... Higbee's
Cedarhurst, N.Y. ..... Sis-Teen
Cheyenne, Wyo. ..... Wolfer's
Clearwater, Fla. ..... Maas Brothers
Cleveland, Ohio ..... Higbee's (all stores)
Colorado Springs, Colo. ..... May-D&F
Coral Gables, Fla. ..... The Daisy
Corvallis, Oreg. ..... Lipman's
Costa Mesa, Calif. ..... Bullock's
Crothersville, Ind. ..... Paris Style
Crystal Lake, Ill. ..... Lilyans Ltd.
Danville, Va. ..... Belk-Leggett
Del Mar, Calif. ..... Debbi's
Denver, Colo. ..... May-D&F
Des Plaines, Ill. ..... Lilyans Ltd.
Edgewater Park, Miss. ..... Gayfer's
Elyria, Ohio ..... Higbee's
Fairfield, Conn. ..... The Fairfield Store
Fargo, N.Dak. ..... Vanity
Fayetteville, Ark. ..... Boston Store
Florence, Ala. ..... The Bootery
Fort Collins, Colo. ..... May-D&F
Fort Lauderdale, Fla. ..... Jordan Marsh
Fort Morgan, Colo. ..... NaDeane's
Fort Myers, Fla. ..... Maas Brothers
Fort Smith, Ark. ..... The Boston Store
Fresno, Calif. ..... Gottschalk's
Gainesville, Fla. ..... Maas Brothers
Gastonia, N.C. ..... Matthews-Belk
Grand Forks, N.Dak. ..... Vanity
Great Neck, N.Y. ..... Clothes 'n Things
Greensboro, N.C. ..... Jordan Marsh
Greenville, S.C. ..... Belk-Simpson (all stores)
Hartford, Conn. ..... Sage-Allen
Harvey, Ill. ..... Lilyans Ltd. (also Dixie Square)
Helena, Mont. ..... Hennessy's
Hinsdale, Ill. ..... Lilyans Ltd.
Hollywood, Calif. ..... Debbi's
Honolulu, Hawaii ..... Liberty House (all stores)
Houston, Tex. ..... Foley's (all stores)
Huntington, W.Va. ..... The Smart Shop
Jeanerette, La. ..... Wormser's
Jeffersonville, Ind. ..... Bacon's
Johnstown, Pa. ..... Penn Traffic
Kearney, Nebr. ..... Rubin's
La Habra, Calif. ..... Bullock's
La Jolla, Calif. ..... Debbi's
Lafayette, La. ..... Wormser's
Lakeland, Fla. ..... Maas Brothers
Lakewood, Calif. ..... Bullock's
Laramie, Wyo. ..... Wolfer's
Lebanon, Pa. ..... Boscov's
Lewiston, Me. ..... Benoit's
Los Angeles, Calif. ..... Bullock's (all stores)
Louisville, Ky. ..... Bacon's (all stores)
Lynchburg, Va. ..... Leggett
McLean, Va. ..... The Hecht Co.
Madison, Ind. ..... Paris Style
Manitowoc, Wis. ..... Mister R
Markham, Ill. ..... Lilyans Ltd.
Mentor, Ohio ..... Higbee's
Merced, Calif. ..... Gottschalk's
Miami, Fla. ..... Jordan Marsh (also Dadeland and North Miami)
Milwaukee, Wis. ..... Gimbels
Mobile, Ala. ..... Gayfer's
Monroe, La. ..... The Fashion
Montgomery, Ala. ..... Gayfer's
Morgantown, W.Va. ..... Floradora Shoppe
Myrtle Beach, S.C. ..... Kahn's Boutique
Naperville, Ill. ..... Lilyans Ltd.
Nashville, Tenn ..... Castner Knott
New Orleans, La. ..... Maison Blanche (all stores)
Northridge, Calif. ..... Bullock's
Ogdensburg, N.Y. ..... The Surprise Mdse. Co.
Orlando, Fla. ..... Jordan Marsh
Park Ridge, Ill. ..... Lilyans Ltd.
Parma, Ohio ..... Higbee's
Pasadena, Calif. ..... Bullock's
Pierre, S.Dak. ..... Feinstein's
Pittsburgh, Pa. ..... Joseph Horne Co.
Ponca City, Okla. ..... The Bijou
Portland, Me. ..... Benoit's
Portland, Oreg. ..... Lipman's (all stores)
Potsdam, N.Y. ..... The Surprise Mdse. Co.
Pottsville, Pa. ..... Boscov's
Reading, Pa. ..... Boscov's
Ridgewood, N.J. ..... Sealfons
Robinson, Ill. ..... The Root Store
Rochester, N.Y. ..... Sibley's
Rome, N.Y. ..... Boston Store
St. Petersburg, Fla. ..... Maas Brothers (also Tyrone Square)
Salem, Oreg. ..... Lipman's
Salisbury, Md. ..... The Hecht Co.
San Antonio, Tex. ..... Joske's (also Las Palmas and North Star)
San Diego, Calif. ..... Bullock's
Santa Ana, Calif. ..... Bullock's
Sarasota, Fla. ..... Maas Brothers
Schenectady, N.Y. ..... Carl Co. (all stores)
Scottsburg, Ind. ..... Paris Style
Seymour, Ind. ..... Paris Style
Sherman Oaks, Calif. ..... Bullock's
Sidney, Ohio ..... Style Shop
Sioux Falls, S.Dak. ..... Fantle's
South Portland, Me. ..... Benoit's
Sullivan, Ind. ..... The Root Store
Summit, N.J. ..... Brooks
Syracuse, N.Y. ..... Sibley's
Tallahassee, Fla. ..... Gayfer's
Tampa, Fla. ..... Maas Brothers (all stores)
Taunton, Mass. ..... Pober's
Terre Haute, Ind. ..... The Root Store
Tinley Park, Ill. ..... Lilyans Ltd.
Torrance, Calif. ..... Bullock's
Trenton, N.J. ..... The Place (both stores)
Tupelo, Miss. ..... McGaughy's (both stores)
Tuscaloosa, Ala. ..... Gayfer's
Utica, N.Y. ..... Boston Store
Visalia, Calif. ..... Gottschalk's
Washington, D.C. ..... The Hecht Co.
Washington, Ind. ..... Paris Style
Watertown, S.Dak. ..... Feinstein's
West Palm Beach, Fla. ..... Jordan Marsh
West Point, Miss. ..... McGaughy's
Westfarms, Conn. ..... Sage-Allen
Whittier, Calif. ..... Hinshaw's
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BROWN THUMB *continued from page 137*

beating the mixture until it is almost physically impossible to move the spoon. After most of the flour is added, the dough should still be slightly sticky and leave the sides of the bowl to sit in a messy-looking pile in the center.

Q: Yikes! It looks lumpy!

A: Worry about lumps only after a good kneading.

Q: What's a good kneading?

A: Getting the lumps out.

Step three

Now is the time to knead, or push and shove the dough around. Put on a good record. Scatter a small heap of flour on the table or breadboard. Flour the fingers. Dump the dough on the table. Lift the farthest edge of the dough and fold it toward you, then push it away with the palms. Give the dough a quarter turn. Continue to lift, push and turn, adding flour to keep it from sticking. This should take approximately ten minutes of exercising the dough and the kneader.

Q: Can kneading bread while wearing nail polish give the bread a funny taste?

A: Not if you avoid wearing nail colors like Hot Tangerine or Peanut Butter and Jelly Red.

Q: What'll I do? It's all sticky! It has glued my fingers together and there's flour all over the floor and my hair keeps falling in my face!

A: This crisis calls for three solutions: bobby pins, newspapers and a soft drink. Stick pins in hair, spread papers on floor, open bottle, drink.

Ten minutes later. The dough is now fairly nonsticky, able to withstand a gentle pat. Grease a large bowl. Put the dough into the bowl, then turn dough over so greased side is up. The dough needs to be kept warm until it doubles in size. Cover the bowl with a plastic sack, a towel, a ski parka or other covering. This would be a good time to take an hour-long bath. Set the bowl by the bathtub; the warm air will help the dough rise faster. Keep it away from soap and shampoo. Other waiting-time projects: read two chapters of a book or have a vigorous jogging session.

Step four

After about an hour, poke two fingers into the dough; it is ready when fingers leave an indentation. Again dump the dough onto a floured table. Knead about ten times. Cover with a towel; let rest five minutes. Then flatten the dough with a rolling pin. Don't flatten it too much; a shape about ten by fourteen inches is right. Gently roll it up from the short side; pinch ends and fold under. Pat into regular bread-shape. Place in greased pan. Brush top of loaf with oil. Again cover, let rise until doubled in bulk. It takes about thirty minutes.

Q: Now what can I do?

A: Start preheating oven to 375°F. Then telephone a couple of close friends. Talk for thirty minutes, then invite them to come right over for a treat.

Step five

The oven is hot. The friends are waiting. Now for the gala finish. Place the lovely loaf in the center of the oven. Clear a space in the middle of the flour on the table for plates, knives and butter. Remind your friends that this is only your first loaf. In about half an hour peek at the bread—it should be a good, healthy brown color. Remove from oven and pan. It should sound hollow when tapped on the bottom. Slice and spread with butter.

Q: Did you really make this yourself?

A: Yeah, it's my first loaf. Anything is possible. My next loaf is going to be a six-day sourdough whole wheat and rye replica of the Empire State building with raisins for the windows. I'll have to make it in sections, of course . . .

Editor's note:

The effect of Jody's article on the SEVENTEEN staff was mildly astonishing. Twenty hungry writers, artists and secretaries representing ten departments—with an occasional friend who happened to drop by at the right time—made the many-shaped breads shown on pages 136-137.

We used Jody's recipe and followed her instructions but departed from the basic loaf and let imagination and creativity dictate the various shapes. Some breads were brushed with beaten egg during the last ten minutes of baking; others were left unglazed. Seeds and raisins were put in place before baking, while bread was rising the second time. Baking time varies widely—the flat and skinny shapes bake very fast, so start checking them after ten minutes. Happy bread-baking!

Now that you've read Jody's story, how about your own? Do you have an original cooking idea you want to share? If your info leads to a story, we'll pay you for it! Write: Food Department, SEVENTEEN, 320 Park Avenue, New York, N.Y. 10022.

. . . BARBARA WALTERS *continued from page 151*

albums and popular classical piano concertos. A multitude of snapshots feature her six-year-old daughter Jacqueline.

Fresh from a midafternoon nap, Barbara curls up on a sofa in a housecoat. Her eyes are luminous; there's no sign of the formidable personality that's reputed to make some people's hackles rise. "There was a time," she says, "when a woman asking very direct questions without smiling came off on TV as aggressive. How dare she! Everybody used to think I wanted to take over, become president of NBC News. They would never have said about a man: 'What does *he* want?' Before I was made co-host of the *Today* show with Jim Hartz last year, I *had* to be aggressive, because I never would have gotten interview assignments otherwise. A woman wasn't expected to be that way.

"Now there's humor, an easier quality, a chance to be more loose. It's often been written that women are hard on me. But they are my greatest allies, not the men. Now I feel people understand that a woman can do a job and do it well. I love my work," she continues. "It's quite an experience to go to Egypt and interview President Sadat, then go to Israel and interview the prime minister. You feel you've helped give people a better understanding of the Mideast situation—and achieved it for yourself as well.

"People say, 'Oh, you're so cool! You're in such control! Is there anything that can ruffle you?' I *am* controlled when I work. Looking at a piece of film, I can tell you exactly what should stay in and what should come out, but my friends laugh at me because I can't decide whether to wear the blue dress or the green. I'm a great worrier. My idea of hell is to do an interview and, when it's all done, remember that I'd forgotten the most important point. I eat myself up for days thinking about the question I *didn't* ask Kissinger!"

Sometimes Barbara has been criticized for going too far. "Usually people don't hear what I've said," she remarks. "They just *think* they did. People thought I asked Mamie Eisenhower about being a drunk. I never did. I asked, 'Are you aware of the rumors about yourself, Mrs. Eisenhower?' and she said, 'Of course I am. People think I'm a dipsomaniac.' She wanted to talk about it. People have said that I asked Mrs. Johnson about Lyndon Johnson being a ladies' man. I never did. I talked about how wonderful their marriage was and his views on women, and she said, 'Well, Lyndon loved people, and 50 percent of them are women.' You have to have taste. Gauge how far to go. But if people don't listen carefully, they ask, 'How could she say that? How bold, how terrible!' "

Occasionally she meets other women who are considered equally successful in the business world. "Despite very different backgrounds, I find we have characteristics in common," she says. "The need to work. Longer hours, and harder than most. Not as a luxury but as a necessity. Not every man, not every woman, follows through on a job, but we're the kind of women who do. None of us came from the most secure backgrounds, and so there was a need for security—not financial, really, but emotional."

Her father was theatrical producer Lou Walters, who was *(continued on page 156)*

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very successful in his time with nightclubs all over America. The family traveled a great deal. Barbara was very close to her parents, but she was lonely. She went to three different high schools—in Boston, New York and Miami. "Wherever I went I had to prove myself all over again," she recalls. "I had cousins who lived in New Jersey. They always wanted my life. I wanted theirs. They all went to the same grammar school, the same high school. They went to the corner drugstore with the kids next door. I always felt on the outside looking in.

"I dated a fair amount," Barbara continues, "although I wasn't everybody's cup of tea. I still am not. Usually a boy either liked me very much or never took me out more than once. I remember my first kiss at fifteen, all that business about should I let him put his arm around me! I was never an easy, happy-go-lucky girl. I could be funny, but I was thin, intense, complicated."

She always had a lot of female friends—her closest friends today are from college, even one or two from high school. "I was the last one in my group to get married. By choice. It was very hard for me to say 'This person is the only one.' Now, because of my professional situation, people tend to be overawed by me before we meet. Men, if anything, are surprised that I'm not the way they expect. I'm more independent, more feminine, although I hate to use those labels. Some men might still be afraid of me, but I don't want a man I overwhelm."

When Barbara graduated from Sarah Lawrence in '53, she didn't know what to do. She thought of teaching, then of becoming an actress. "I knew everybody in the theater through my father," she remarks. "I had all the pull but no push." So she went to school and learned Speedwriting. After a year of secretarial experience she became a publicity assistant at NBC. In the beginning she typed press releases and discovered a flair for writing them too. "I have a very organized mind," she declares. "Things have to have a beginning, middle and end." In those days NBC was making younger staff people producers of local shows. At the time she became the youngest producer, then switched to writing on network shows. And so it went.

"Women's lib didn't get me here," she adds with a laugh. "It helped, but all the work came before that. The difference is that when I began, they weren't hiring women on TV programs. Now there isn't a local station that doesn't have at least one female reporter. There are more women behind the scenes too, but not as many as there should be. I don't think you necessarily have to start out as a secretary today, although you should do anything you can to get your foot in the door. There are more opportunities for girls on local newspapers, local TV stations—it's important to develop whatever it is you enjoy and have some sort of specialty."

A career wasn't Barbara's major goal in those days, "although," she adds wryly, "it seems to have taken that turn." Someday she would like to work less, doing more behind the scenes, and have more time for her private affairs. "I hate the hours," Barbara exclaims. "My whole life is governed by the time I get up. I am always tired." (She was formerly married to Lee Guber, a producer whose life revolved around the theater. He was very much a nighttime person.) "Someone else might say at seven o'clock, 'Why don't we go to a movie?' " Barbara remarks. "I never go out without deciding if I would rather sleep instead.

"Success can do different things to you. You have to realize what fun it is when you begin to be a celebrity, and not be pompous about it. It's great if it doesn't make you full of yourself and demanding. In this business especially, you can easily be seduced by a little bit of fame. It's very easy to depend on a retinue of people who wait on you. It's easy to start believing your publicity, both good and bad. Sometimes I'm hurt by things said about me, and then I think, why expose myself to this?"

But success can also make you secure. (Barbara's annual income is reported to be in the neighborhood of $400,000 a year.) "It's important to have a sense of balance," she observes, "and that's what I learned from growing up around celebrities. I saw them as people. I knew what was marvelous about fame and also what was very difficult and painful and lonely. I saw the money come and go in my own family and for those around me, and I knew you couldn't bank on that. Those who don't have friends and children might feel they couldn't live without the success."

Having Jacqueline has made an enormous difference in her life, adding a dimension of peace and love. Barbara adopted her when she was three days old. "She was born when I was in my thirties," she says. "By that time I had already begun to make it, so there wasn't that conflict between job and child—although to some degree there always is. In the final analysis, though, you have to like what your work has done to you; helping make you comfortable and happy, with a child you love, with friends."

People she admired most when she was growing up were those who spent their lives working with the handicapped. Those were the people who changed her life. "They gave me a different perspective," she says. "Not the celebrities. Not the stars. I could never say, 'Gee, I'd like to be like Lana Turner.' That kind of goal didn't touch me or fill me with admiration. I have a handicapped sister who works in a school for the retarded. I have done a good deal of work in the field, but sometimes I think that those who do it best are those who have not grown up with it, because it's very painful. It gives you a compassion and an understanding. You feel the generosity of people, and the cruelty." When she was younger she used to think that every family had a tragedy somewhere. "It's not true; some people do have more than others. I don't usually talk about my sister because I don't think it's terribly fair to her—she's entitled to her privacy. I do it because it's important that people understand—not about me but about the problem and what it means to all those who can be affected."

Although on the air Barbara gives the appearance of being an extrovert, she remarks, "In my own life many things cause me pain and insecurity, but I don't think I would have worked as hard as I did if I hadn't felt that way. Sometimes I wonder, Where did I go wrong? How did it all turn out like this? But most of the time I think, My God! Aren't I lucky! And I'm afraid it won't last. Not the job, but that the happiness won't last, that something will happen to someone I love or to me." She pauses, then adds with a rush of feeling, "I used to feel it would all be over tomorrow. But now I feel a security about the future that I never felt before."

INDOOR GARDENS

For more information about the merchandise shown on pages 130-133, write to the addresses below

Pages 130-131: Cochin earth-tone coco-fiber rugs (9 by 12 feet, each $100) by Import Specialists, 82 Wall St., New York 10005. Twin-size Beautyrest Back Care II mattress and box spring (each $129.95) by Simmons, 2 Park Ave., New York 10016. Seven Springs pine-finish cushioned bench ($65) and nightstands (each $85) by Bassett Furniture Industries, Bassett, Va. 24055. Native Squares quilted day-bed cover ($55), throw pillows (each $6) and pillow shams (each $12.50), all by Bloomcraft, 295 Fifth Ave., New York 10016. Brown batik pillows (each $7) by Mirafoam, 261 Fifth Ave., New York 10016. Folding bamboo stands ($4.50 and $5.50) and rectangular baskets with handles ($6 and $8), from Azuma.* Wood wind-up clock ($24), at S. Munzer & Co., 12 E. 22nd St., New York 10010. Instructions for making Nordic afghan (and three other designs, $1), from Columbia-Minerva's International Afghans, Leaflet 2597, Box 500, Robesonia, Pa. 19551. White portable black and white television (9-inch diagonal screen, $109) by Hitachi Sales Corp. of America, 401 W. Artesia Blvd., Compton, Calif. 90220. Wooden buckets ($4 and $5) and home gardening kit in wicker "watering can" ($8), all from Azuma.* Perpetual calendar with memo board ($6), at West Town House, 2047 Broadway, New York 10023. Matchstick shades (30 inches wide, each $6), from Azuma.* Kits for making stuffed rabbit and lion (each $5) by The Toy Works, Middle Falls, N.Y. 12848. Bamboo planter with tin pail insert ($14), from Azuma.* Adjustable chrome floor lamp ($55) by Laurel Lamps, 230 Fifth Ave., New York 10001. Bamboo strainers ($1.25 and $1.75), straw bowl ($3) and hexagonal basket holding hanging plant (with lid, $3.75), all from Azuma.* Unmounted botanical print (set of three different prints, 24 by 36 inches, $12 postpaid), from the New York Botanical Garden, Bronx, New York 10458; in white metal section frame ($15.10) by Kulicke Frames, at Pier I Imports, most stores. Flat round woven trays ($1.75 and $2.25), from Azuma.* Terra-cotta hanging mail holder ($6) by The Kiln, 235 Spahr St., Pittsburgh, Pa. 15232. Woven hexagonal lidded baskets ($2.25 and $3) and rectangular bamboo-edged woven tray ($3), all from Azuma.* Assorted paperback gardening books (each $1.50), from Potpourri Press, Box 10312, Greensboro, N.C. 27404. Ceramic "watering can" plant feeder ($1.50) from VanDow Fenton.

Pages 132-133: Chinese maize rugs (6 by 9 feet, each $100) by Import Specialists, 82 Wall St., New York 10005. Bali-Hai pearl-finish daybed with headboards ($109), six-drawer double dresser ($179) and hutch ($149), all by Henry Link Corp., Lexington, N.C. 27292. Stamford twin-size quilted muslin bedspread with ruffled drop ($42), matching pillow shams (each $12) and Priscilla ruffled muslin tieback curtains ($20) and café inset ($8), all by Croscill Curtain Co., 261 Fifth Ave., New York 10016. Marianne prepasted Vymura vinyl wall covering ($7.95 a roll) by ICI, U.S., Wilmington, Del. 19897. Rattan armchairs (each $50) and round rattan table ($40), both from Azuma.* "Pak" for making Irish Fisherman afghan ($15, plus $1.50 postage and handling charges) by Spinnerin, available from Maritta Enterprises, 85 E. India Row, Boston, Mass. 02110. Cubes pillowcases (covering chair cushions) by J. P. Stevens, 1185 Avenue of the Americas, New York 10018. On rattan table: Blue Bamboo small planter (set of two, $25), small covered jar ($5) and white ceramic cane planter (set of three, $22), all at Quintessence, 8 Main St., Roslyn, N.Y. 11576. Rhododendron kraft paper note pad ($3.50), from Azuma.* Plastic shoe bank ($6.50) by Executive Games, at Spencer Gifts, 3532 Atlantic Ave., Atlantic City, N.J. 08401. On fabric-covered table: large ceramic basketweave lamp with pleated wicker shade ($40) by Schiller-Cordey, 200 South Newman St., Hackensack, N.J. 07601. Large and medium-size ceramic flowered planters (set of three, $10) by Counterpoint, 235 15th St., San Francisco, Calif. 91403. Small straw tote bag ($5.95), from Azuma.* Kit for making stuffed cat ($5) by The Toy Works, Middle Falls, N.Y. 12848. Bamboo birdcage kit ($9.50), from Azuma.* On hutch shelves, from top to bottom: stuffed green frog with initial ($5), at Serendipity's, 8401 Germantown Ave., Philadelphia, Pa. 19118. Woven basket holder ($3) and rabbit bank ($2), from Azuma.* White Take 'n Tape portable cassette recorder/player ($32.88) by Panasonic, 200 Park Ave., New York 10017. White modular stereo sound system (comes with stand, $44.95) by General Electric, at Argus Radio, 507 E. 80th St., New York 10021. Small ceramic basketweave lamp with pleated wicker shade ($23.95) and polished chrome adjustable floor lamp ($48) by Schiller-Cordey, 200 South Newman St., Hackensack, N.J. 07601. Covered basket with handles ($6), Lucite picture frame ($8), hexagonal basket holding plant (with lid, $3.75) and large basket planter on floor ($11), all from Azuma.* Gold-finish alarm clock ($19.95) by Bulova, 630 Fifth Ave., New York 10020.

*Azuma, 415 Fifth Avenue, New York 10016

GIRLS SOUND OFF . . .

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I've gone on a "date" date since seventh grade. Most of the time, you just go where you know people will be—and meet them. You can call a boy up too, but you always feel a little bit scared beforehand.

Lisa: I do some asking out—not on a formal basis, but if we're all in a group, I'll say something like "Let's go to Mount Lemmon this weekend." I'd like to know if it bothers guys.

Ava: I think boys feel insecure if they can't pay for a date. But when they do pay, they expect all kinds of "gratitude."

Sharon: I wouldn't want to do the asking out. I like it the way it is.

Karen: I wouldn't either, because if you did, you'd have to pay.

Joanne: Or be labeled aggressive or pushy. But it bothers me when a girl has to wait around so long for the boy to make the first move. Maybe if that changed, it'd open things up more—make for a more equal sharing of the relationship.

DRUGS

Christine: I think it depends on what you're doing. I don't like it when a guy's smashed in a public place, but at a party when everyone else is doing it, it's different.

Lisa: With their friends, they can get drunk, but not when they're dating me. At a party, it's okay if they smoke or drink a little.

Sharon: I don't like guys who take any kind of drugs. I don't mind if they drink unless they're underage or unless it hurts someone.

Rory: A sociable amount is okay, but not just to get drunk and act silly. We've got quite a drug problem at our school, as far as marijuana is concerned. Some kids even come to school high.

Arlene: At my school, boys go around bragging that they've got it in their pockets. They think there's something cool about it.

Ava: It's status. Every Monday morning come the tales of how "drunk" or "stoned" they got. But then they say they don't like girls who drink or take drugs. Don't tell me the double standard doesn't exist!

Neva: I don't think it's the drugs that bother me so much as the effect it has on the guys who take them—they get sort of apathetic—or what it says about their attitudes that they find drugs necessary. I like a boy who's in control.

SEX

Ava: I have found extremely few boys who aren't into a thing with girls just for the *sex* of it. To me, it seems pretty sad that boys can't picture girls as anything but sex partners and status symbols.

Joanne: It's sort of like "whatever you can get for the night . . ."

Arlene: My girl friend said her guy broke up with her because she wouldn't do anything but "hold hands" with him.

Rory: They're even aggressive at school nowadays. Some guys have "reputations" just like girls: "Don't go out with so-and-so—he's pushy."

Lisa: I think when it comes to sex, guys consider it a goal, whereas girls take it as a normal function. That's why so many girls shy away from a boy's approach.

Ava: But boys are allowed to release their desires, while girls, if they want to be considered "good," must *(continued on page 158)*

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GIRLS SOUND OFF . . .

continued from page 157

repress their feelings until they're properly engaged or even afterward. That's ridiculous!

Neva: I think the new freedom has put a lot of pressure on guys—you know, "How many girls have you made it with?" It would be embarrassing for a guy to say none.

Joanne: I think in some cases it's even come to the point where it's status for a girl to have had lots of guys.

Neva: I don't think there's any pressure for girls to do what they don't want to do. Either you do or you don't, and usually the two groups stay pretty much to themselves.

Sharon: In the South there's not that much freedom yet. It's changing, but a lot of people still don't want to see it.

Karen: Well, whether it exists or not, a lot of guys are acting as if it does. I don't like that presumptuousness.

Joanne: What I don't like is the fact that with some boys sex doesn't seem to mean as much as it should. With everything so exposed, so easy to come by, it's taken a lot of the importance away from it. People aren't taking as much time as they ought to learn about one another.

COMMITMENTS

Joanne: I feel the guys I've been in contact with are too afraid to commit themselves. They don't want to open up because they might get hurt or they might get taken advantage of or make a fool of themselves in front of their friends. They always want to be one step ahead of the girl.

Christine: I don't want to get married for a long time, so I don't want them to get too serious. But I do want them to show some interest.

Sharon: Interest, yes, but not possessiveness.

Arlene: My boy friend is very possessive and jealous. Sometimes it makes me feel good, because it means he cares. But other times, it bothers me because if I just talk to someone, he thinks it means something.

Ava: Boys expect their girl friends to look at no one else, but their "night out" consists of cruising around looking for anything in a skirt.

Joanne: I'd like to change the whole idea of the status of having boy friends, girl friends, going steady or having a date on Saturday night. I don't think it's as important how many dates and boys you have as that you get something from a relationship, learn from it, grow from it. I used to think that if a guy really liked a girl, he would want to make a commitment. But I've just read *The Harrad Experiment,* where everything was very free, and that's challenged a lot of my thinking.

Arlene: I know I wouldn't want to just live with a guy. I'd feel a lot of pressure . . . wonder if it was going to last. With marriage, at least there'd be time to get to understand one another.

Karen: I don't plan to get married for a long time. I have my dancing, and I want to finish medical school and travel. So I guess I'd like the guy who played around a lot. But if I really liked him, then I'd want it to be a one-to-one.

Rory: Right now, I'm engaged, and I'm going to get married in about a year. But the guys who don't want to get married—they don't bother me either. They can just stand around in bars for the rest of their lives—and watch the go-go girls.

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Wilmington, Del. . . . . Pomeroy's
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York, Pa. . . . . Hochschild, Kohn
Youngstown, Ohio . . . . . Higbee's
Ypsilanti, Mich. . . . . Preis Store

Easy Batik

How to make the dye-it designs shown on pages 126-127

Batiking, the ancient art of making colored designs by working with dyes and wax, is a cinch to do on plain cotton muslin. The basic technique involves brushing sections of fabric with melted wax, then dipping them in dye. Since only the unwaxed sections of fabric accept the dye, the finished effect is pretty, light designs surrounded by color. To batik a sundress, shirt, halter and shorts, you'll need:

- **One pound batiking wax from art supply or craft stores (or use several plain white candles)**
- **Three stiff-bristled brushes, each ¾-inch wide**
- **Double boiler; old, large pot**
- **Cardboard, old metal or plastic clothes hanger, paper towels and cups, charcoal stick, old newspapers, iron**
- **Rit powder dyes (see colors below)**

Melting wax

Place wax in top half of double boiler. Fill bottom half with about one and a half inches of water and place over low heat. Keep water simmering throughout waxing procedure, adding more water as it evaporates. Allow one-half hour for wax to liquefy. When wax appears to be ready, test by brushing some on front and back of a piece of scrap fabric. Note: Never heat wax directly over heat source. If it begins to smoke, remove from heat.

Butterfly sundress

Insert cardboard between front and back of garment. Using the charcoal stick, sketch butterflies in a random pattern on front and back of dress (for more uniform shapes, make a paper cutout design and trace onto fabric).

Using brush, carefully fill in each shape with liquid wax. Work slowly and carefully. Each brush stroke should be no longer than one inch. Wax front and back of fabric (turn dress inside out), then carefully rewax. To insure a clear design, there must be no cracks or breaks in wax.

Next, wet dress thoroughly; set aside. Fill bathtub about one-third full of warm water. Dissolve three packages Golden Yellow Powder Rit in paper cups filled with hot water. Pour into tub; stir well. Immerse dress in dye solution for thirty minutes, stirring every few minutes. Remove dress from dye and hang over tub. Dissolve three packages Orange Powder Rit in paper cups filled with hot water. Pour into tub; stir. Holding dress by hanger, dip bottom three-quarters in orange dye solution for fifteen minutes (try draping dress over side of tub). Lift dress from dye; hang. Dissolve three packages of Scarlet Powder Rit in hot water, pour into tub and stir. Immerse bottom third of dress for fifteen minutes. Remove from dye; hang. Rinse dress under cool water, starting from the bottom up, until water runs clear. Hang and drip dry.

Birds-on-the-wing shirt

Insert cardboard, sketch design and apply wax as for the butterfly dress. Fill large pot or kitchen sink one-third full of warm water; wet shirt thoroughly and set aside. In paper cups, dissolve two packages of Royal Blue Powder Rit (save three tablespoons of powder if batiking halter and shorts too); pour in pot or sink. Immerse wet shirt in dye solution for thirty minutes, stirring every five minutes to insure even color. Rinse shirt under cool water until water runs clear. Hang to dry.

Halter and shorts

The wavy pattern for this duo is easier to do if you work on unsewn pattern pieces. Place cardboard under each piece of fabric to be batiked. Sketch wavy horizontal stripes, about three-quarters of an inch wide (same width as brush). Wax every other stripe. Turn fabric to wrong side and wax, then rewax each side.

Mix separately, in cups of hot water, three tablespoons of Royal Blue Powder Rit and three tablespoons of Turquoise Powder Rit. Stir well. Using a three-quarter-inch brush for each color, paint unwaxed stripes with dye concentrate, alternating colors. Blot each stripe with paper towels to absorb excess dye. If colors aren't dark enough, go over them again; blot. Rinse in cool water; hang to dry.

Removing wax

Dry cleaning, although the easiest way to remove wax, is also the most expensive. To remove it yourself, place newspapers under and over waxed areas and iron over them with a hot iron. As wax appears on top sheet of paper, replace with fresh paper and repeat until no wax remains on fabric. Note: Always wash batiked items separately in cool water and mild detergent or have them dry cleaned. All easy batik designs by Susan Lauter for Rit dye.

available at • jordon marsh • lord & taylor • marshall fields • burdines • j. w. robinson's • the broadway • macy's • the may company • rich's • dayton's • j. c. penney's • maas brothers • higbee's • b. altman • gimbels • dillards • strawbridge & clothier • blum store • goldsmiths • davison's • harris company • o'neil's • ivey's • famous barr •

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S 4-5

DECORATING WORKSHOP

Just starting out in your first apartment or home? Need some guidance before you begin decorating? SEVENTEEN *and the stores listed below can help! Throughout the year, these stores will be conducting* SEVENTEEN's *Decorating Workshop—a course, illustrated with slides, that's designed to teach you all the decorating basics before you even start to decorate! To find out more, just contact the home furnishings or special events department at any of the stores listed below:*

Appleton, Wis. ..... Gimbels (Fox Cities)
Augusta, Ga. ..... Maxwell Home Furnishings
Baton Rouge, La. ..... D. H. Holmes (Bon Marche)
Billings, Mont. ..... Hart-Albin
Cincinnati, Ohio ..... Shillito's (Tri-County)
DeWitt, N.Y. ..... Dey Bros.
Fayetteville, N.C. ..... Maxwell Home Furnishings
Fort Lauderdale, Fla. ..... Jordan Marsh
Fresno, Calif. ..... Gottschalk's
Goldsboro, N.C. ..... Maxwell Home Furnishings
Greensboro, N.C. ..... Maxwell Home Furnishings
Greenville, S.C. ..... Maxwell Home Furnishings
Houma, La. ..... D. H. Holmes (Southland)
Indianapolis, Ind. ..... L. S. Ayres
Kinston, N.C. ..... Maxwell Home Furnishings
Louisville, Ky. ..... Shillito's
Lubbock, Tex. ..... Dunlap's
Miami, Fla. ..... Jordan Marsh (Dadeland)
Milwaukee, Wis. ..... Gimbels
Minneapolis, Minn. .... Donaldsons (also Southdale)
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New Orleans, La. ..... D. H. Holmes (Canal St.)
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Orlando, Fla. ..... Jordan Marsh
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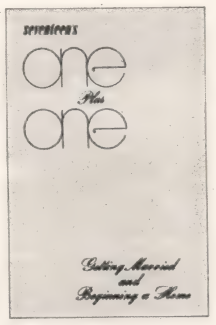

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PROM-GOING . . . MUSLIN MAKES IT *Backviews, more pattern information and where to find the fabrics for making the fashions shown on pages 115 and 126-129*

Page 115
McCall's pattern 4476, $1.50. Sizes 8-16, 7-11J. Dress requires 4⅝ yards of 45″ fabric, 5¾ yards of ¾-inch lace trim.
McCall's pattern 4381, $1.50. Sizes 8-16, 5-9JP. Dress requires 6¼ yards of 45″ fabric, 7 yards of ½-inch lace trim.
Unless otherwise indicated, yardages are approximate for size 10. McCall's patterns are sold in department stores in most cities. Or they may be ordered by mail. Send check or money order, size and pattern number(s) to:
McCall Pattern Company, 615 McCall Road, Manhattan, Kansas 66502
Pages 126-129
Butterick pattern 3661, $1.25. Sizes 6-14. Dress requires 2½ yards of 45″ fabric.
Butterick pattern 3683, $1.25. Sizes 6-14. Shirt requires 2⅜ yards of 45″ fabric; bra top requires ⅞ yard of 45″ fabric; shorts require ¾ yard of 45″ fabric.
Butterick pattern 3527, $1. Sizes 5-11JP, 7-13J. Overalls require 2½ yards of 45″ fabric for size 9.
Butterick pattern 3851, $1.25. Sizes 6-16. Blouse requires 2 yards of 45″ fabric.
Butterick pattern 3862, $1.25. Sizes 8-16. Pants require 2⅜ yards of 45″ fabric.
Butterick pattern 4014, $1.25. Sizes 6-18. Dress requires 4¾ yards of 45″ fabric.
Butterick pattern 3690, $1.25. Sizes 5/6-13/14YJ/T. Dress requires 2¾ yards of 45″ fabric for size 11/12 YJ/T, 1⅝ yards of 1½-inch eyelet trim.
Butterick pattern 3789, $1. Sizes 8-16. Shirt requires 2 yards of 45″ fabric; pants require 2½ yards of 45″ fabric.
Butterick pattern 3611, $1.25. Sizes 6-14. Dress requires 4 yards of 45″ fabric, 6¾ yards of 1½-inch eyelet trim.
Unless otherwise indicated, yardages are approximate for size 10. Butterick patterns are sold in department stores in most cities, or they may be ordered by mail. All patterns will be sent by first class mail. Add 15¢ postage and handling for each. Send check or money order, size and pattern number(s) to:
Butterick Pattern Service, Box 630S, Altoona, Pennsylvania 16603
In Canada:
Butterick Pattern Service, Box 4001S, Terminal A½, Toronto, Canada

Page 115
Dan River polyester/cotton ribbed batiste: available at Sears stores.
J. & P. Coats embroidery floss: available at most department, specialty, novelty and sewing shops.
Schwartz-Liebman floral polyester/cotton voile: for stores write Logantex, 1450 Broadway, New York 10018.
Wrights lace trims: available at most department, specialty, novelty and sewing shops.
Pages 126-129
A. E. Nathan cotton muslin: Bloomingdale's, New York; Belk stores, all stores.
Avalon Industries Paint 'n Wear kit: available at J.C. Penney stores.
Wrights eyelet trims: available at most department, specialty, novelty and sewing shops.
J. & P. Coats embroidery floss: available at most department, specialty, novelty and sewing shops.

STUD IT

Here's how to order your own machine for applying nailheads and decorative novelties to create a special wardrobe

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Please send me the 30/c Brisk-Set Nailhead Stapler(s) (set includes machine, size 30 adapter and full instructions) and/or the apple and silver studs shown on page 129.

QUANTITY	ITEM	PRICE PER KIT	TOTAL
_____	30/c Brisk-Set Nailhead Stapler	$12.95	$_____
_____	Apple studs (24 pieces)	$ 2	$_____
_____	Silver studs (1 gross)	$ 2	$_____
Add $1.50 for postage and handling.			$ 1.50
			TOTAL $_____

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3 JOHNSON'S BABY POWDER
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4 EAU de LOVE®
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5 JOHNSON'S BABY OIL
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HOME

Plant Care Guide

Green-thumb tips for keeping your plants alive and well

Where

to get healthy, pretty plants? Try reputable florists, greenhouses, nurseries and garden centers for large or exotic varieties. For small, common house plants, dime stores and supermarkets are okay, but check plants for bugs or unhealthy appearance. (Note: A healthy plant is on the bushy side, often has visible new growth and is free from bugs). Beware of mail-order plants unless there is a money-back guarantee.

Before buying any plant, consider the conditions it must live with. First in importance is available light. Next, what about the air? If it's dry and hot, you'll need plants that can take a desertlike atmosphere. Frequent spray-misting of the plant helps to increase humidity. Or half fill two-inch-deep trays with pebbles, pour in enough water to almost cover pebbles; rest plant pots on top. Add more water as needed.

Loving Care

for your greenery makes the difference between plants that are healthy and those that are hurting! Start off by giving plants even light; rotate each one every few days. Water only when soil is dry. You can test dryness by putting your index finger about an inch into the soil. When you water the plant give it a big drink until water seeps through the pot's drainage hole. If you don't trust your judgment, watering indicators, little markers you insert in soil, show when water is needed (available for under $1). All plants need to be fertilized. Use a commercial mix.

Check plants often for pests! **Mealybugs** are white, fuzzy insects. Wash off with a cotton-tipped stick dipped in rubbing alcohol or mix equal parts alcohol and water, spray plant. Malathion, a commercial insecticide, can also be used—with caution.

Red spider mites are hard to see but weave telltale webs. Use a nicotine sulfate solution.

Scale looks like hard little beads. Gently scrub infected area with a nail brush and warm, soapy water.

Aphids resemble winged ants. Wash plant leaves with soapy water, rinse. For advanced cases, use malathion.

White flies hover over plants. Spray with water or use malathion.

Rx Package

for house greens: The Plant Doctor kit, below, includes an illustrated book, mini tools, plant food tablets, more. By Jimini Productions; $10. Address: 9000 Sunset Blvd., Los Angeles, Calif. 90069.

HERB GORGOGLIONE

First Aid

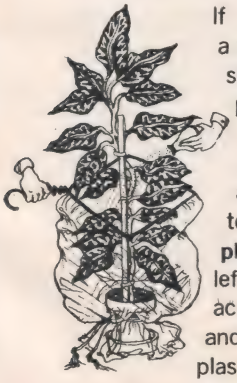
PROBLEM	CAUSE	SOLUTION
Yellow or wilted leaves; dropping leaves; soft stems; soil stays soggy	Overwatering	Allow plant time to dry out thoroughly before watering. Trim yellow or drying leaves. Repot if roots look rotted
Edges of leaves curl under; lower leaves turn yellow; no new growth; dull leaves	Underwatering or too much heat	Immerse pot in tepid water, allowing water to enter through drainage hole until soil is saturated. Move plant to a cooler location
Lower leaves drop off; leaves are dry; new growth is slow	Lack of humidity	Water well; mist leaves; cover with plastic until plant is well
Brown patches on leaves	Too much strong sun	Move plant from strong light or filter rays with shade or curtain
Abnormally long stems stretch toward light; new leaves are small	Not enough light	Move plant to brighter spot
Rapid new growth but plant is wilting. White crust on soil or outside pot	Overfeeding	Immerse pot in tepid water to flush out; repeat. Fertilize at half normal strength; allow more light
Leaf color fades; plant lacks luster. New leaves become smaller and smaller	Underfeeding	Begin a feeding routine, starting slowly by using fertilizer at half strength
Black spots on foliage	Draft	Move plant to spot away from air currents
Tips of leaves turn brown and black	Bruising	Snip off bruised tips on leaves; avoid handling
Crowded appearance; roots appear above surface soil or come through drainage hole	Plant has outgrown pot	Repot plant

LITTLE MOON

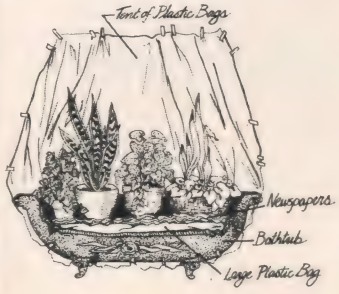
Hearty House Plants

PLANT	SOIL	LIGHT	WATERING	SPECIAL CARE
Philodendron (oxycardium)	Ordinary potting soil	Full sun, filtered sun or good light	Soak; let dry completely before rewatering	Don't overwater. Snip stems to keep plant compact
Piggyback (Tolmiea menziesii)	Same as above	Filtered sun; needs good light	Same as above	Prune often to keep plant in neat shape
Corn Plant (Dracaena fragrans massangeana)	Same as above	Full sun or shade	Same as above	Leggy? Cut main stalk up to leaves, root in water, repot
African Violet	Rich, light soil with sand added	Filtered sun; needs good light	When dry, water from saucer underneath pot	Needs high humidity and room temperature of 70° F.
Boston Fern (Nephrolepis exaltata "Bostoniensis")	Equal parts humus, loam and sand	Same as above	Keep soil barely moist to the touch	Mist daily. In spring, repot with fresh soil
Chinese Evergreen (Aglaonema treubii)	Ordinary potting soil	Any light	Soak; let dry completely before rewatering	No special care
Baby Tears (Helxine soleirolii)	Same as above	Filtered sun	Keep soil moist to the touch except in autumn	Mist often
Dumb Cane (Dieffenbachia maculata)	Same as above	Two to three hours of sun daily	Soak; let dry completely before rewatering	Mist often. Room temperature; 70° F.
Inch Plant (Tradescantia albiflora Albovittata)	Same as above	Filtered sun; needs good light	Soak; let soil remain dry two/three days before rewatering	Pinch back to prevent straggly appearance
English Ivy (Hedera helix)	Equal parts loam, peat moss, sand	Four hours sun daily	Keep soil barely moist to the touch	Mist often; feed every three months
Grape Ivy (Cissus rhombifolia)	Ordinary potting soil	Needs good light	Keep soil constantly moist to the touch	Pinch back frequently
Dracaena marginata	Ordinary potting soil	Filtered sun; needs good light	Keep soil constantly moist to the touch	Low-humidity environment

Going Away?



If you can't get a weekend plant sitter for tall plants that require a lot of misting but are too heavy to move, try a **plant shower,** left. Cut straight across the top and bottom of a plastic dry-cleaning bag. Bend a clothes hanger around top opening and tape or glue to edge of bag. Tie bottom opening under rim of pot as sketched. Holding handle of hanger in one hand, pull bag up to cover plant. Spray heavily into bag with a mister. For smaller plants, use plastic self-releasing watering bulbs available at most garden shops. To use one: pull stopper out of bulb; fill with water and insert pointed end in soil. Plant gets a drink as needed. For a longer period try the **two-week method,** below. Line bottom of bathtub with large plastic bags. Top with layers of newspaper. Water plants; place in tub; cover with plastic bags you tape to side of tub to make a tent effect as illustrated. Leave bathroom light on.



One-week plan: Insert a stick into soil after plant is watered. Drop a plastic bag over plant; tape or tie to pot. Rest plant in a tray filled with pebbles and add water as mentioned on previous page.

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SHOPWISE

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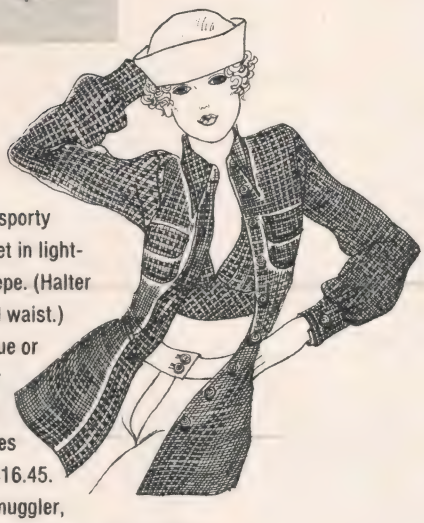
Picture this: a golden locket holds two tiny photos. The front is white enamel with a pink posy. On an eighteen-inch gilt chain; $4.25. Gypsy Caravan, Box 186, Staten Island, N.Y. 10314

Horseplay: sterling Arabian stallion ring (sizes 4-8), $3.95; matching pierced earrings, $4.50. Desert House, Dept. S-545, 3514 E. Grant Rd., Tucson, Ariz. 85716

A bag big on toting—bright-colored quilted cotton, mock tortoise hoop handles. Eighteen by twenty-four inches; $7.50. Marjorie Lynn, Dept. S45E1, Box 1424, New Springville Station, Staten Island, N.Y. 10314

To order by mail, see page 176

Indian faker: looking like the real thing, a simulated turquoise and silver-tone choker with adjustable fastening; $7.25.
Nat Pepper, Box 2628,
New York 10001



On the double: a sporty shirt and halter set in lightweight cotton crepe. (Halter ties at neck and waist.) Choose red, blue or green plaid or checks (with white). Sizes S-M-L; $16.45.
The Smuggler,
Dept. SE4A, Box 1211,
South Lake Tahoe,
Calif. 95705

Tiger trap: put on this cotton T-shirt and get caught in the middle of a Big Cat (his head's printed on the front, his tail on the back). White shirt, navy binding at neck and sleeves. Sizes S-M-L; $3.50.
T-Shirts Inc., Dept. SC-45, Box 640134, Miami, Fla. 33164

A waist of time past with pewter belt buckle, replica of a famous stamp. Buckle only, $5.50; with cowhide belt (one and a half inches wide) in tan, red or black (sizes 22-32), $7.50.
Lillian Vernon, Dept. S4E,
510 S. Fulton Ave.,
Mount Vernon, N.Y. 10550

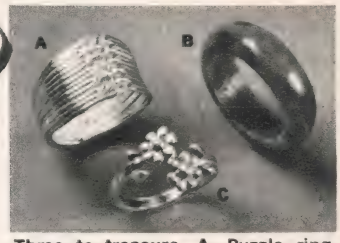
More on page 166

Tote a carryall in quilted cotton. Gay prints in bright colors with printed lining. Approx. ten by ten inches. **$6.50**

The fragrant fashion. A shoulder bag of quilted cotton in assorted bright colors with strawberries or lemons. Approx. eleven by nine inches. **$5.50**

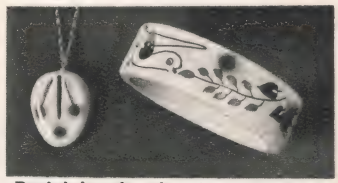
Colorful quilted patchwork fabric with ruffled edge, the light-hearted touch in a shoulder bag. Approx. nine by nine and one-half inches. With matching scarf, **$5.95.**

Blue denim drawstring bag with strawberry appliques. Twelve by nine by four inches. **$4.95**



Three to treasure. A. Puzzle ring in silver finish. **B.** Jade band. **C.** Sterling silver. **$3.50** each.

Double Heart necklace. Silver finish only, **$2.50.**



Pastel jewelry, hand painted. One inch wide bracelet. One and one half inch pendant with gold-toned chain. **$3.25** each.

Keep tabs on your waistline with a great tape measure belt. Lucite buckle. **$3.25.**

For You, for Him, a copper bracelet with a silver finish, and a perfect place for your name or his. Please specify name. **$3.95**

Jigsaw puzzles picturing a variety of foods; spaghetti, chinese food or birthday cake. Each twelve inches in diameter with over 200 pieces. Specify choice. **$3.25**

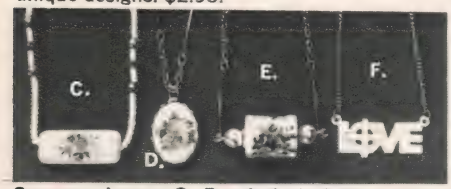
Include 35¢ for postage & handling. No C.O.D.'s

MARJORIE LYNN Dept. S-45
P.O. Box 1424—New Springville Station
Staten Island, N.Y. 10314

SHOPWISE

A. Choker, silver finish with gay colored beads. $2.95.

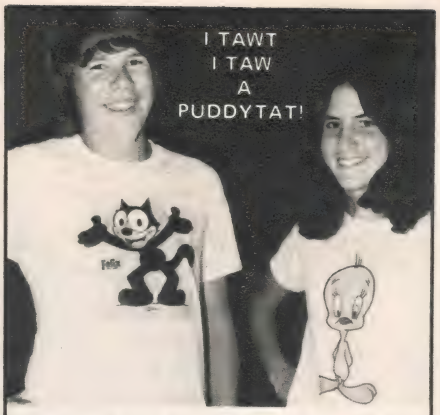
B. Bracelet, silver finish with glass beads in unique designs. $2.95.



Summer loves. C. Beaded choker in white touched with color. $2.95. **D. & E.** White with bright colored flowers. Silver finish chains. $2.95 each. **F.** Silver finish. $2.75.

Add 30¢ for postage & handling. No. C.O.D.'s. Check or money order to:

ANN'S ARTIFACTS
P.O. Box 292—Midtown Station
New York, N.Y. 10018



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Add 35¢ ea. post. & hdlg.—Sorry no COD's
☐ Felix ☐ Tweety S, M, L, XL $4.50 ea.
Color: White, Blue, Yellow, Orange
☐ Catalog of other designs—25¢

White 'n lively: hang-loose cotton smock in white with happy-colored print yoke, drawstring neck, billowy sleeves. Sizes S-M-L; $9.95.
Superstar, Dept. S54E, 14729 Oxnard St., Van Nuys, Calif. 91411

Marie Blouse

Natural Color - This top of wide ribbed cotton crepe is set off with dainty hand crocheted edging and little buttons down the front. $11.60 ppd.

Catalog 25¢ or free with order.

EMPORIUM INTERNATIONAL
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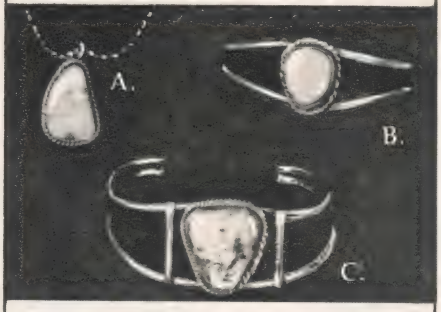

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B. Bracelet app. ¾ in. wide . . $11
C. Bracelet app. 1 in. wide . . $14

MESA INDIAN TRADERS
P.O. Box 10176, Aspen, Colo. 81611
Sorry, no catalogs

Circle in a square: mock tortoise geometric jewelry, imported from France, shapes up for spring. Bracelet, $3.35; ring (one size), $1.85. The set, $4.35. Lillian Vernon, Dept. S4E, 510 S. Fulton Ave., Mount Vernon, N.Y. 10550

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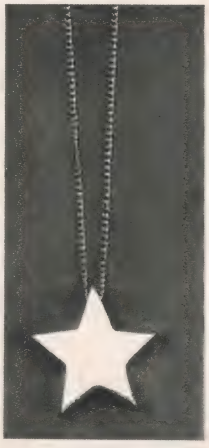
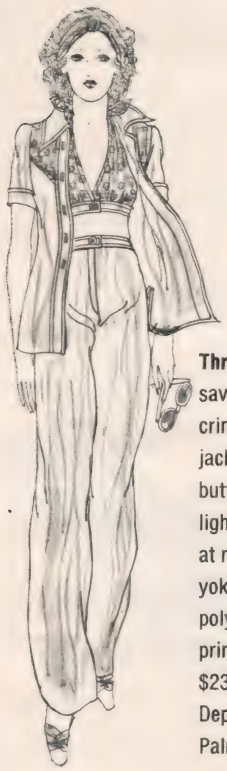


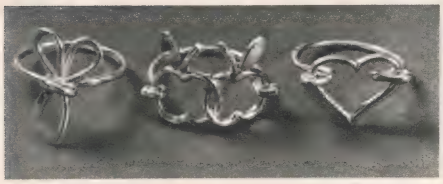
Star performer: shining bright for necklines, a sterling five-pointer on a fifteen-inch silver chain. $8.10. Presscraft, Dept. S4, Box 71, Howard Beach Station, Howard Beach, N.Y. 11414

To order by mail, see page 176

Initial results for sending three letters (your monogram or a friend's): an engraved bracelet in silver plate. One and a half inches wide; $5.95. Baron Silversmiths, Dept. S-4, 220 Fifth Ave., New York 10001



Three-for-all of the savvy you! Tie-dyed crinkle cotton pants and jacket (gilt military buttons) in natural or light blue; halter (ties at neck and waist) and yoke of jacket in cotton and polyester coordinating print. Sizes 5-13; $23.95. By Design, Dept. S4, Box 1376, Palm Desert, Calif. 92260



Ring roundup: different designs, made in the same fashion. Choose love knot, apples or heart, all in sterling silver. Send ring size; each $6.95. Sabel, Dept. S4, 210 Fifth Avenue, New York 10010

More on page 168

D-27

D-27. To bare your tan, a little cotton jersey top in red, yellow or blue with bright embroidery. One size fits all. **$8.00**

D-26

D-26. What could be sweeter than a button front blouse gayly touched with bright blossoms. Natural color cotton with embroidery on front, sleeves and tie belt. S-M-L. **$12.00**

A-2

A-2. Be cool in a natural muslin smock with gay embroidery on yoke and pockets. One size fits all. **$9.00**

A-1

A-1. A cotton halter dress with colorful flowers. Elasticized waist for perfect fit. One size fits all. **$9.00**

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H—#205 same colors as A

J—#217 same colors as A

K—#207 red clear blue white

L—#169 same colors as A

M—#105 same colors as A

N—#219 painted figure on white

O—#209 same colors as K

P—#111 same colors as G

Q—#223 pastel flowers on white

R—#229 same colors as D

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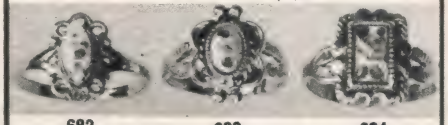

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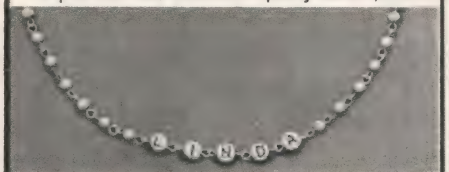

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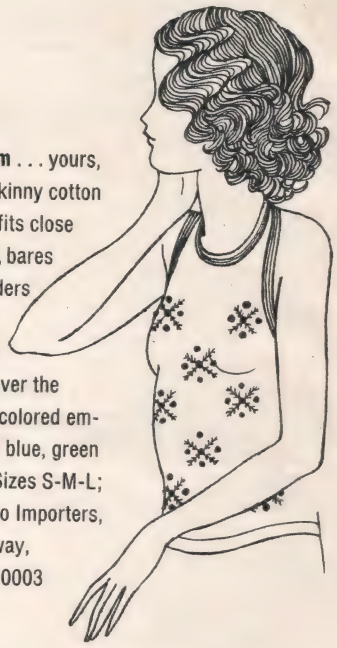
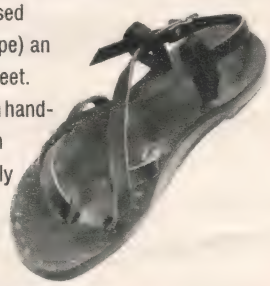


True to form . . . yours, that is. A skinny cotton knit halter fits close to the body, bares your shoulders and upper back. Neck loop slips over the head. Multicolored embroidery on blue, green or yellow. Sizes S-M-L; $8. Capricho Importers, 870 Broadway, New York 10003

If the shoe fits . . . This sandal is bound to; it's custom made for you. You receive tracing paper, arch supports and instructions, and return (in enclosed postpaid envelope) an outline of your feet. Sandals are then handcrafted in brown leather especially for you; $35. Brochure available, 25¢. Glencairn's, Box 22191, Cleveland, Ohio 44122



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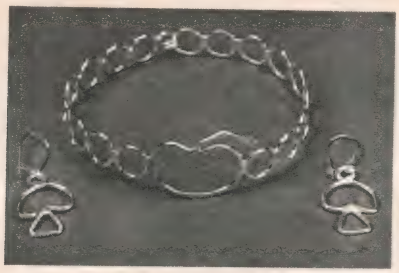

Silver silhouettes: the polished touch for wrist and ears. Sterling apple bracelet (also comes with mushroom: specify), $7; mushroom pierced earrings, $4. Terri, Cedar Acres Road, Woodbridge, Conn. 06525

Short cuts: a skimp of a top, elasticized cotton with white bandanna design on navy ($6), to go with white terry shorts trimmed in matching print ($12). Both, sizes S-M-L. Andrew Downs, 33 East 65th Street, New York 10021

More on page 170

A. Lucite earrings with pastel posies. Pierced ears only. $3.50.
B. Gold Bar pendant. $2.95.
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Pendants you'll adore. D. White heart with colorful flowers. $2.75. E. & F. Wood grain look with gold finish chains. $2.95 each. G. Silver finish mushroom. $2.95.

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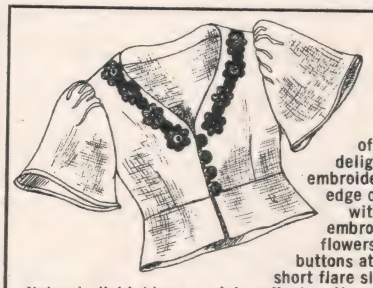
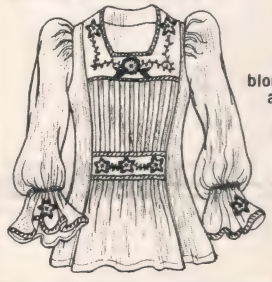


A slip of a top, delightfully embroidered at edge of neck with hand embroidered flowers. Four buttons at front, short flare sleeves. Natural, light blue or pink softest cotton crepe. (Choose two colors.) S-M-L. **$9.50 ppd.**



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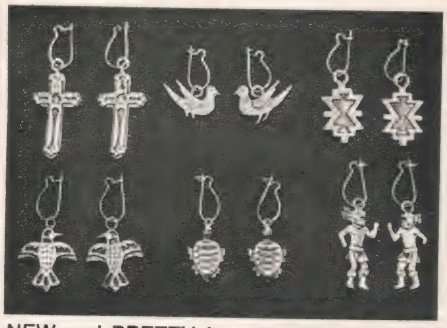

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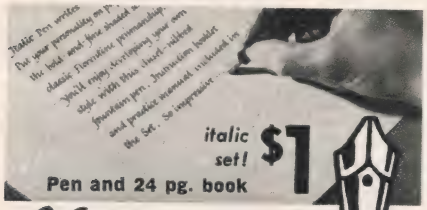

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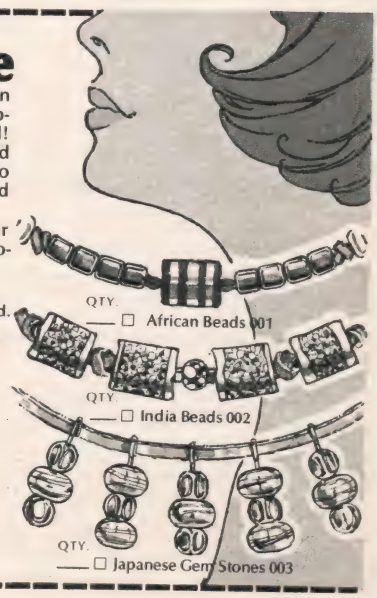

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Dept. S1, Box 1376, Palm Desert, Ca 92260

The Gleaming Solid Sterling Silver Star & Crescent Pendant ! Personalized Free! If You Wish.

This fabulous pendant was handcrafted from a choice piece of Sterling Silver by our expert silversmiths! Hand polished to a final glowing luster, we absolutely guar. sat. Available only from us! If you want, we even personalize it free, by putting your first initial on the Sterling Silver Star. Comes on a neckring or a 24 inch chain. We also have the Star & Crescent in our special handrubbed gold finish!

State Choices! **$8.95** each, 2 for **$13.95.**
Please add **.35** postage & handling.

BARON *Silversmiths*
220 Fifth Ave., New York, N.Y. 10001

FROM India only 7.50

HANDPRINTED

Warm multi-color designs on soft hand loomed, neutral color cotton. Neat India style collar. Wear buttoned or open. Button holes are handmade by the women of India.

Sizes: S - M - L

Satisfaction guaranteed.

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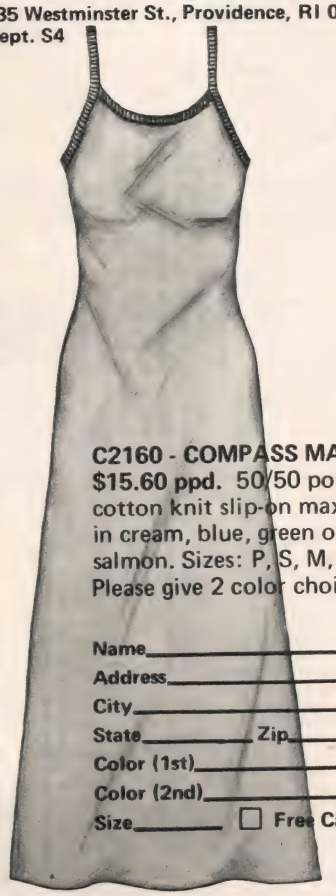
I enclose $ _____. Add $1.00 postage & handling. ☐ Check ☐ M.O. 25¢ for complete fashion catalog. Sorry, no C.O.D.'s.

Tantra Imports, Inc.
335 Westminster St., Providence, RI 02901
Dept. S4



C2160 - COMPASS MAXI
$15.60 ppd. 50/50 poly-cotton knit slip-on maxi in cream, blue, green or salmon. Sizes: P, S, M, L. Please give 2 color choices.

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Address_____
City_____
State_____ Zip_____
Color (1st)_____
Color (2nd)_____
Size_____ ☐ Free Catalog

Initially Yours

Brazilian Import. Striking cuff bracelet with double initials in gold plate or silvertone on mock tortoise, jet, bone, white. Also, single initialed pendant on 18 inch delicate chain.

Bracelet: $5.95 — Pendant: $3.95

Please specify color of bracelet and initials, also color of pendant.

Roberta Smith designs
P.O. Box 334
Bellerose, New York 11426
Sorry, No C.O.D., Please add 50¢ postage and handling.

SHOPWISE

Fancy-free smock in natural cotton crepe, embroidered brightly on the yoke. Sizes S-M-L; $12. Treasures of Asia, 13 E. 30th St., New York 10016

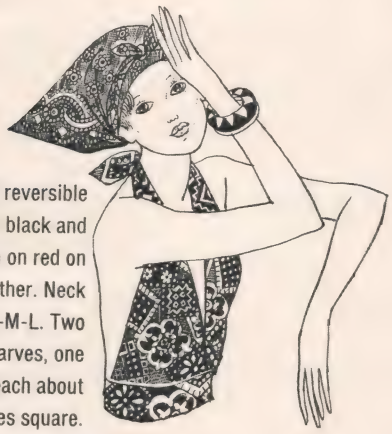
Mr. Slow and Steady and Madam Butterfly, colorful enamel pendants on sixteen-inch gilt chains. Each $2.50. Marjorie Lynn, Dept. S45E2, Box 1424, New Springville Station, Staten Island, N.Y. 10314

Starring all sky signs, a golden bracelet highlighted with white enamel. $3.50. Suzy Stevens, Dept. S45E, Box 1400, New Springville Station, Staten Island, N.Y. 10314

Nature's bag: solid brown wood handles a tote of natural woven straw edged in sturdy canvas. With inside pocket. Eighteen by fourteen inches, $13.95. By Design, Dept. S4, Box 1376, Palm Desert, Calif. 92260

To order by mail, see page 176

Love and kisses: hanging in on you, a golden or silvery pendant (twenty-four-inch chain), $2.25; matching earrings (pierced or screw-back), $2.25. Nat Pepper, Box 2628, New York 10001



Bandanna bonanza: reversible cotton halter with black and white bandanna design on red on one side, blue on the other. Neck and waist ties, sizes S-M-L. Two matching cotton scarves, one red, one blue; each about twenty-three inches square. All for $5.50. Capricho Importers, 870 Broadway, New York 10003

The basics: zero in on pierced earrings for everyday wear. Pearlized balls (one-half inch diameter) in white, pink, blue, green or brown; hoops (one-inch) in blue. Each pair, $2. Nan's Place, Dept. SE-4, Box 383, New York 10028

Beatles' beat: handpainted enamel pins featuring eight characters from "Yellow Submarine," each about one inch tall. The set, $7. Catalog of Beatles collectibles (buttons, books, posters, T-shirts, etc.), 25¢. Speakeasy Antiques, 799 Broadway, New York 10003

More on page 172

all that's new from LILLIAN VERNON

lucite ring holder!

CRYSTAL-CLEAR LUCITE lends a helping hand to hold rings, bracelets, chains—keeps 'em handy on its ever-willing fingers! High-polished to gleam, American-made, 8½" high on a solid non-tip base that's ⅜" thick.
8377 Hand Ring Holder $9.98

tiger t-shirt!

THE ORIGINAL! Here he comes, thru the jungle grass. There he goes—as you turn your back, you'll turn every head your way! Screen-printed multicolors on white cotton knit, navy rib trim. Made in U.S., machine wash and dry.
8450 Small (34-36) $4.98
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8452 Large (42-44) $4.98

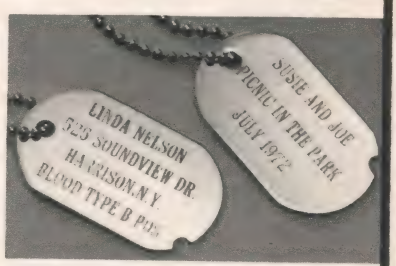
TERRY HAT. Washable white cotton, green-lined brim shields eyes.
8561 Hers (Medium) $6.98
8562 His (Large) $6.98

hand-painted!

HAND-PAINTED COWHIDE! A beauty of a belt—for him or her! Colorful country design on 1¾"-wide cowhide. Crafted in U.S.
8241 Small Belt. (Fits 26-30") $14.98
8245 Medium Belt. (Fits 30-33") $14.98
8246 Large Belt. (Fits 33-36") $14.98

dog tag pendants!

SOLID STERLING SILVER or solid brass, 30" bead-link chains to match! **PRINT** engraving, up to 4 lines, up to 16 letters and spaces per line.
1122 Sterling Silver $5.98
1123 Solid Brass $2.98



rings aglitter!

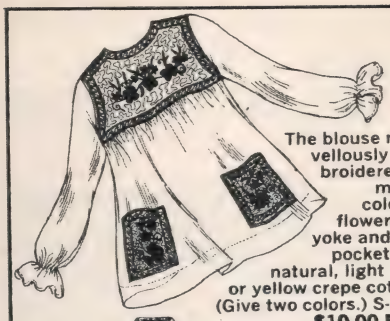
FRIENDSHIP BANDS to exchange with that certain someone! Personalized with bold block initials. Sizes 5 through 11.
1844 Solid Sterling Silver Band $4.98
1214 Gleamy Gold-finished Band $2.98

DEMI TASSE SPOON RING. Solid Sterling Silver, personalized with one graceful script initial! Precious Victorian design, subtly antiqued. Adjusts to fit.
1019 Demi Tasse Spoon Ring $2.98

Add 35c postage & handling
PRINT name or initials for engraving
Don't forget your ring size!

LILLIAN VERNON Dept. S41, 510 S. Fulton Ave. Mt. Vernon, N.Y. 10550

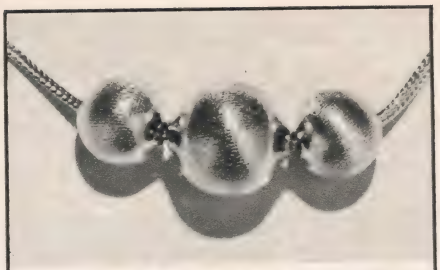
SHOPWISE



The blouse marvellously embroidered in multi-colored flowers on yoke and two pockets. In natural, light blue or yellow crepe cotton. (Give two colors.) S-M-L. **$10.00 PPD.**

The shirt in colorful checks and solid madras. Richly embroidered on front, back and cuffs. A great top in navy, green or red. (Give two colors.) S-M-L. **$11.95 PPD.**

Sweet Willy S-4, 149-33 83rd St. Howard Beach, N.Y. 11414



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Three gold-color beads strung on a delicate chain. Wear separately or combine it with longer chains. This is our fastest-moving item—great for all ages.

$6.00 plus 50¢ postage

Our shrimp earring is terrific with it.

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Pierced or clip

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Sweet on you: cotton T-shirt speaks for itself. Pink, blue, yellow or white; sizes S-M-L. $5.50. Family Fashions by Avon, Dept. S, Avon Lane, Newport News, Va. 23630

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BIBS $18.50
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100% COMFORTABLE COTTON

- ☐ ENGINEER STRIPE
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Waist _____ Length _____

NAME _____
ADDRESS _____
CITY _____ STATE _____ ZIP _____

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expires _____
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Pretty flowers all in a row parade on a white cotton crepe dress. Posies embroidered in many colors. Sizes 5-13; $28.95. The Smuggler, Dept. SE4B, Box 1211, South Lake Tahoe, Calif. 95705

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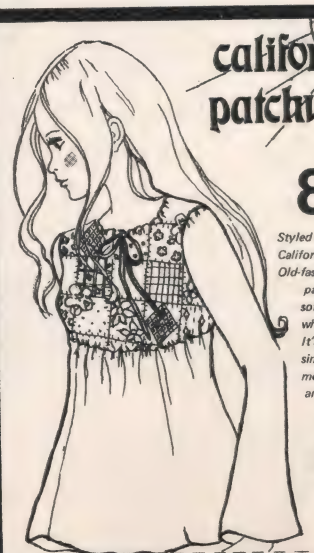

california patchwork

8.95

Styled after the early California settlers. Old-fashioned looking patchwork on soft lovely antique white cotton. It's unique simplicity complements jeans or any outfit.

Sizes: S-M-L

Satisfaction guaranteed.

SUPERSTAR 14729 Oxnard St., Dept. S54A Van Nuys, Calif. 91411

Enclosed please find $ _____ plus $1.00 post. & handling for _____ blouses. Size: S ☐ M ☐ L ☐

25¢ for complete fashion catalog. Satisfaction guaranteed. Sorry, no C.O.D.'s.

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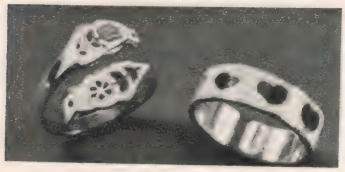

Birds 'n blooms, dear hearts: silver rings (send size) with colorful enamel designs. Each $3.50. Marjorie Lynn, Dept. S45E3, Box 1424, New Springville Station, Staten Island, N.Y. 10314

Say "almost perfect" in a novel way. Silvery pendant on sixteen-inch chain; $2.95. Ann's Artifacts, Dept. S45E, Box 292, Midtown Station, New York 10018

More on page 174

IMPORTED FROM INDIA

NINA, the dreamiest blouse around. Natural cotton crepe with cape sleeves. Gathered front with lace inset and lace trimmed neck. Back tie belt. S-M-L; **$12.00 postpaid.**

Get a lift with the **BUTTERFLY** blouse. Cotton crepe in a colorful flower-bud print. Wrap around belt for a smashing look. One size fits all. **$15.00 postpaid.**

SPECIAL OFFER
BOTH BLOUSES FOR $25.00 postpaid.

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ASIA ART IMPORTS CO. INC.
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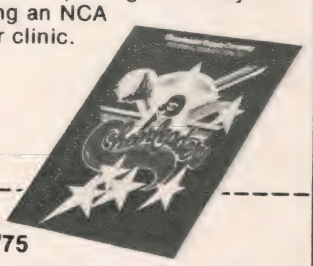
Attention Cheerleaders

Let's hear it for the National Cheerleaders Association — the original, largest and by far, most popular Cheerleaders Association in America, with 200 summer training sessions in 44 states and 7 foreign countries.

And there's an NCA Clinic scheduled soon near you! Send the coupon below TODAY for a free color brochure on our cheerleader clinics, their dates and locations.

Also, let us send you a 1975 Cheerleader Supply Company Color Catalog. You'll FLIP over our variety of colors and styles for Cheerleaders, Pep Club members, Pom Pon or Song Girls. (Include $1.00 for postage and handling for Cheerleader Catalog only.)

Let the GOOD TIMES roll and put spirit, sparkle and DYNO-MITE in your school sporting events by attending an NCA summer clinic.



NCA Clinic '75
P. O. Box 30175 • Dallas, Tex. 75230

Please send me
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- ☐ Both

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14K $24.95 **STERLING SILVER** **$12.95**
DELICATE STAR
HEART **ZODIAC CARICATURE**
ZODIAC SUN SIGN **SOLID BLOCK INITIAL**
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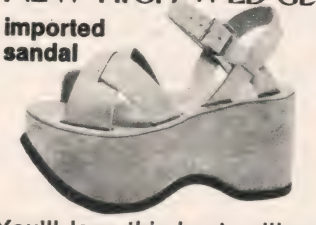

You'll love this best selling European imported sandal with the latest high wedge heel and platform. Comfortable, rugged all genuine leather construction. Rich, natural tan color. Sizes 5-10, medium widths only. $14.95 (plus $1.00 shipping charge) with 14 day money back guarantee. Sorry, no COD's. Order today from

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SHOPWISE

A. Zodiac Bracelet and Necklace. Silver finish with your sign in stained glass. **$2.95** each —both for **$5.50.**

B. "Going Steady" pendant in gold finish. Both your names engraved. **$2.95.**

C. Diamond-look marquisite initial ring and necklace with 18" sterling silver chain. Ring **$2.95.** Necklace **$4.95.** Set **$7.50.**

D. His and Her's bracelet. Silver finish with names engraved. Girls **$2.95.** Guys **$3.95.** Set **$6.50.**

Order by letter. Print names for engraving. Give Zodiac sign. Add 35¢ postage & handling. Check or M.O. Sorry, no C.O.D.'s.

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Sweatshirt $6.95 Ppd. T-Shirt $4.95 Ppd.

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A great-looking amigo for spring-summer wardrobes: Mexican workman's shirt in blue or lavender cotton with white stripes. Sizes S-M-L; $14.25. Send for fashion catalog, $1 (will be applied to any order). FBS, Dept. S4, 659 Main St., New Rochelle, N.Y. 10801

By the sea . . . a trio of souvenirs cast ashore in sterling on an eighteen-inch silver chain. $12.95. Sabel, Dept. S4, 210 Fifth Ave., New York 10010

To order by mail, see page 176

Squash Blossom

Rafael Garcia

One of the most popular American Indian Jewelry Designs recreated on a Silly Lilly*, the new era T-Shirt made for long use and easy care. This authentic design is made with simulated "Turquoise Stones and Silver Settings," creating a truly fresh and interesting cotton top.

**Silly Lillys are pre-shrunk, 100% domestic cotton and guaranteed*

"Squash Blossom" . . . Style 48PA..... **$8.00**

Plain Silly Lilly Top," short sleeve . . . Style 32P1..... **$5.50**

Add 75c postage per top

Short Sleeve colors: Black, Pink, Mint, Beige Royal Blue. Give 2 color choices. Sizes S-M-L-XL. Send checks or money orders, no c.o.d.'s to:

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More on page 176

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Turn some heads while wearing Mother Nature's vibrant, iridescent genuine peacock feather jewelry.

Earrings only (pierced or clip on) . . . $4.95
Matching choker (not shown) $4.95
The Set— $9.00

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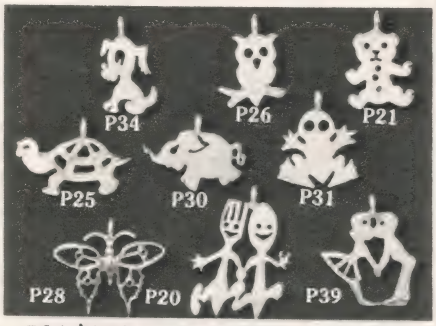

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All pendants are Sterling Silver. Price includes 15 inch silver chain & postage. 10 day money back guarantee. PRESSCRAFT P.O.B. 71 Howard Beach Station, Howard Beach, N.Y. 11414 N.Y.S. Residents must include 8% tax. Sorry no C.O.D.—check or money order only.

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To wrap round your wrist, a 2" wide lucite band, hand painted with bright-colored blossoms. $5.50

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Metallic vinyl lends shine to your waist as a ½" wide belt. Choose from 5 gleaming metallic colors: gold, silver, red, blue, green, Sizes 24"-34" $2.95 each.

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GYPSY CARAVAN Dept. S45, P.O. Box 186 Staten Island, N.Y. 10314

. . . A STEAL FROM INDIA

There's a great casual look in this creamy white blouse made of carefree cotton crepe imported for you from India. Made with ruffles at the wrists of the big free and easy sleeves and open weave lace at the neck. The bodice has plenty of pleats and tucks and the puckery elasticized waistband and cuffs pull it all together for a just right look anytime – anywhere.

SIZES: S – M – L

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Send any photo. If neg. or slide, $1 extra. In b&w, 8x10—$3.99, 11x14—$4.99, 12x18—$5.99. In color, 8x10—$6.99, 11x14—$7.99, 12x18—$8.99.

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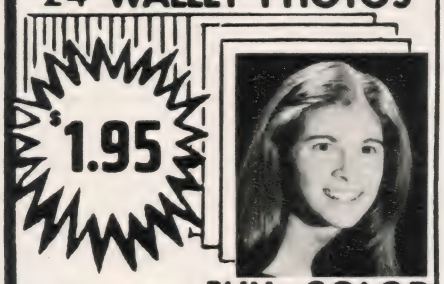

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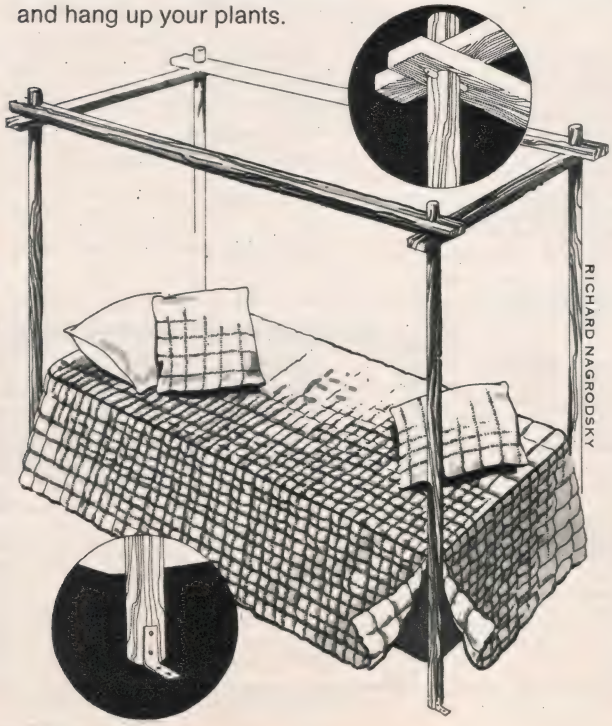
Instructions: First, fit a ¼-inch drill with an auger bit. On both ends of each crossbar, measure in two inches. Center; drill a hole one and a half inches in diameter (the holes are for the large seven-foot dowels that make up the bedposts). Then measure down eight inches from one end of each of the large dowels and drill a hole five-eighths of an inch in diameter. These holes are for the small half-inch dowels which hold crossbars in position (see inset below). Attach dowels at head of bed to the metal frame of your bed with screws (use ready-made holes in the Harvard frame). Then, place bed exactly where you want it to be in your room. Screw a corner brace to the bottom end of each large dowel, then screw to floor (see inset below). Next, insert small dowels in upright dowels, add the crossbars as shown and hang up your plants.



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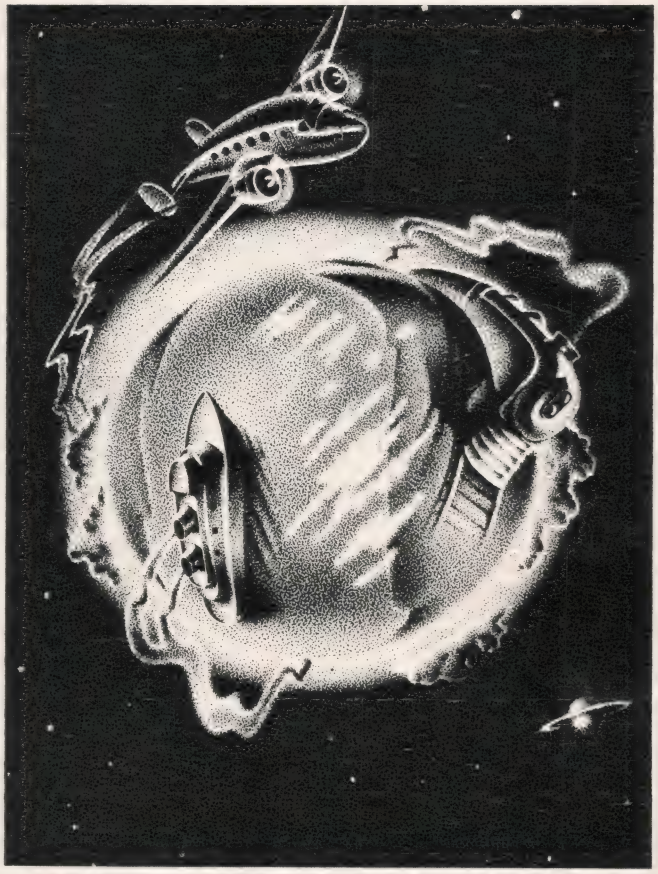

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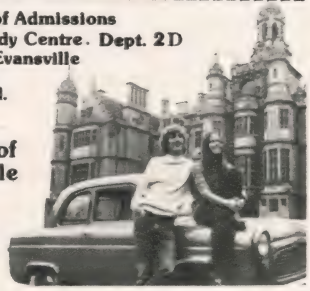

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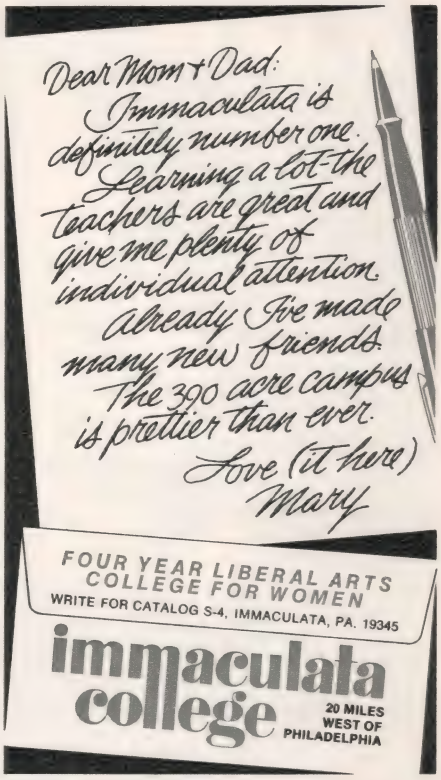
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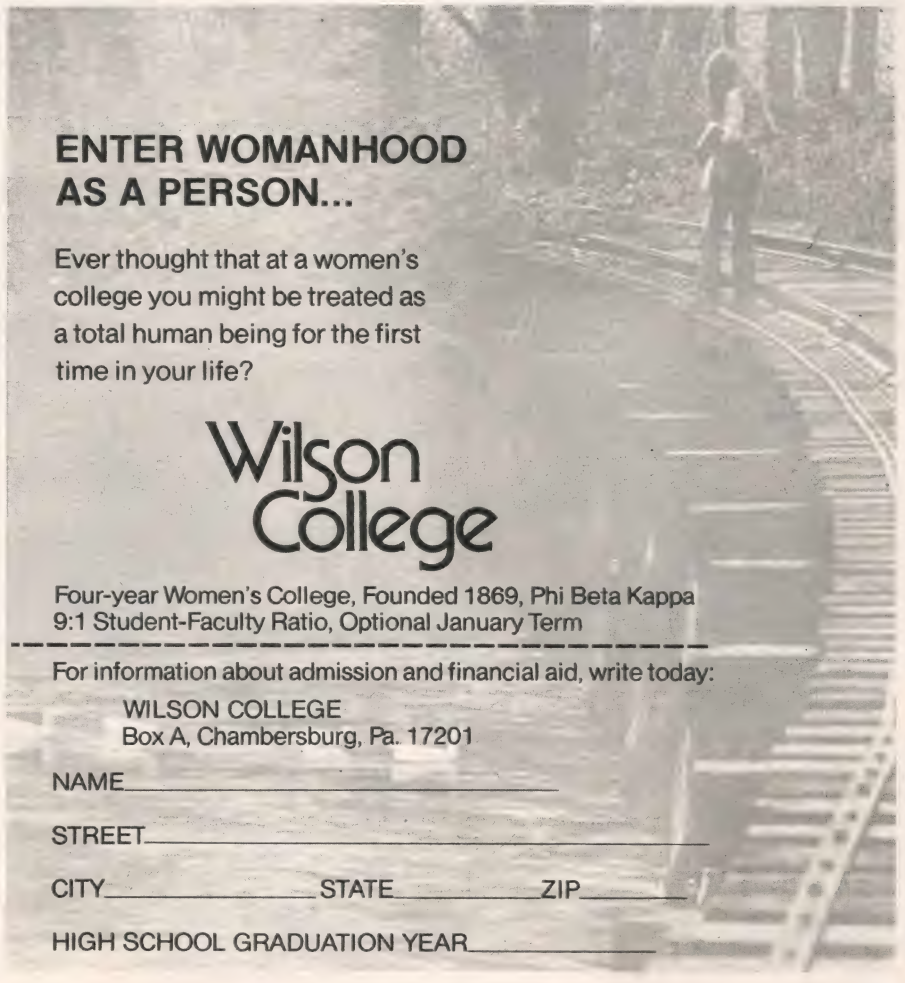
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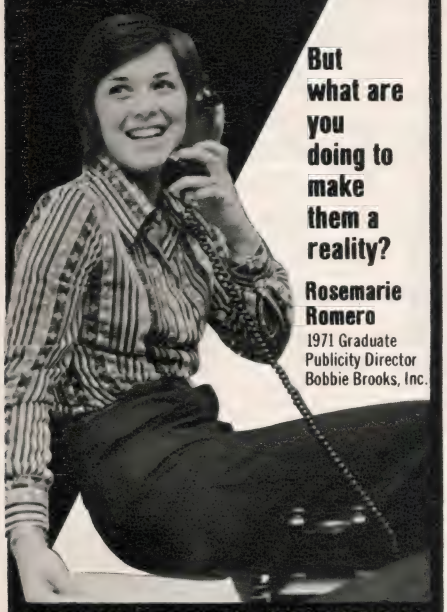

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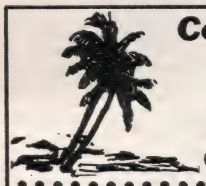

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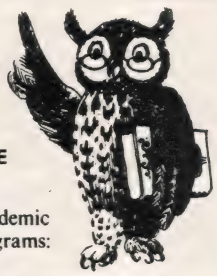

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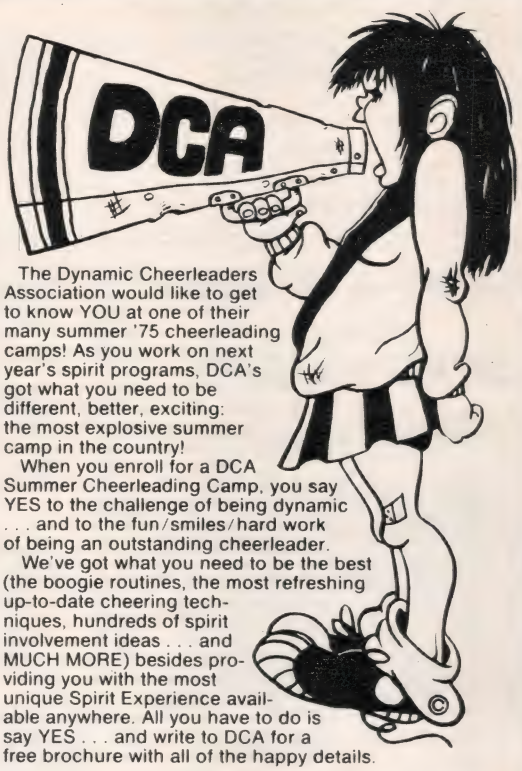

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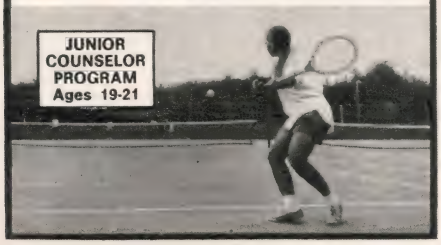

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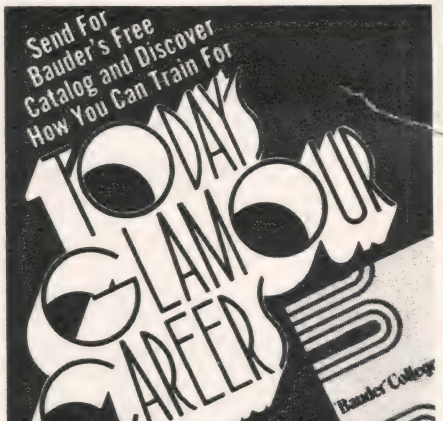

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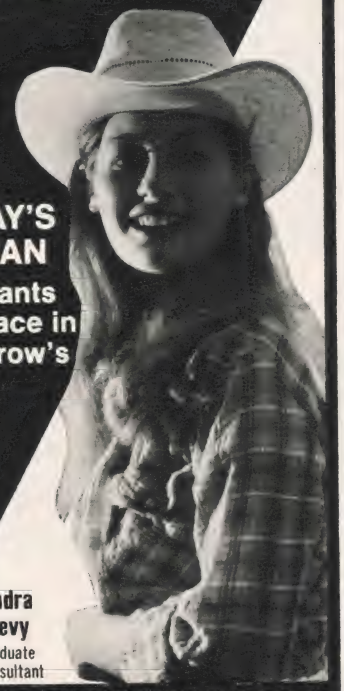

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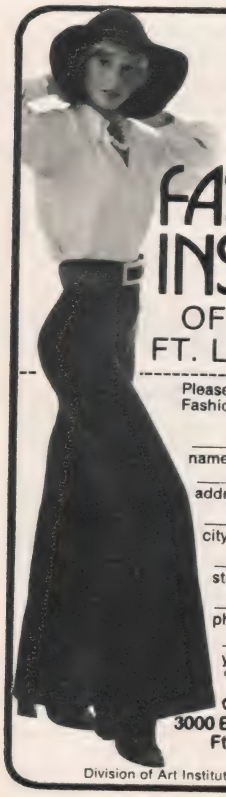

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A PARTICULAR GOD *continued from page 149*

with a built-in chauffeur." He shot off as the light turned green, then turned to Laurie and said, "And chauffeurs drive slowly."

They went to a restaurant in Greenwich Village. Their table was near a large fireplace, blazing forth the heat and light of a slow-burning hardwood log. Bob and Laurie sat on one side of the table, Larry and Mary on the other. Larry's hair was quite long but well-cut, brushed into place with his fingers; he retained more than a trace of boyishness. She wondered if there was still a chain about his neck.

"Mary says you're majoring in history too," said Larry. Laurie received the comment in stunned silence. Bob asked if she'd like a drink. "Let's all have a drink," he said.

"Yes, I'm majoring in history too," said Laurie. She didn't like her voice at all.

"How do you girls like Barnard?" asked Bob.

"Too much work," said Mary. "Much too much. I really don't see—"

"I have too much work too," said Larry. "But I don't care—I'm a real history buff."

"Your name," said Laurie suddenly, *"is* Larry Cabot, isn't it?" She had no idea how the words came out. It seemed to her that there had been nothing premeditated, but she picked up an incipient anger from Mary that struck an echo of guilt in her heart. "We went to camp together," she continued. "Summer camp. I—"

"You're kidding," said Larry.

"I had such a crush on you, it nearly made me die," said Laurie, smiling. But the smile won no acceptance. An awkward wedge had been pushed into a simple four-way conversation. Mary and Bob were already looking at each other in mutual discomfort. "And you didn't even go to the dance. I was so disappointed I cried."

"You're kidding," repeated Larry. He laughed out loud, with intense good humor; but for once, the strong infectiousness of his mood did not take root in those around him. Larry felt the sudden awkwardness at the table and did his best to dispel it with a simple show of good nature. "That's very hard to understand. I mean, in camp I wasn't much for girls."

The ride back was silent. Neither boy went further than the lobby of the dormitory, and Laurie allowed Bob to kiss her good night. She watched them leave the lobby together.

"Funny that you should know Larry Cabot," said Mary.

Laurie went back to her small room, turned on the radio, drank some soda and cried her eyes out. She knew nothing about him. It was precisely as it had been when she was thirteen. Nothing had changed. Her love, built on the purest part of her desire, was touched by no knowledge, by no qualification of the real world. She wanted Larry Cabot so badly that she stamped her foot on the hardwood floor.

She and Mary nodded pleasantly at each other when they passed on College Walk, and they chatted in short bursts after history class. Weeks later they had dinner and discussed social issues. Laurie had an idea that Larry had not called Mary, either.

Late in April, Mary missed a succession of three classes and, after the end of the third class, Laurie ran up to her friend's room to see what was wrong. Mary was quite composed, but her eyes looked dead. Larry Cabot had been in an automobile accident, and his friend Bob, who had been driving, had been killed instantly. It had happened in March, and Larry was still in the hospital. Mary had visited him. She told Laurie that she had never seen anything so sad in all her life.

Laurie responded with a fit of hysteria. She asked so many questions, so fast, that Mary thought she had gone mad. Every bit of Laurie's heart went out to Larry. She had a need to find him and heal him, to hold his beautiful head. Once again, he was nothing less than a knight, and the fact of his unknown pain went through her with such violence that her voice cracked and red fire flashed before her eyes. "I'm burning up," she said, shaking her head like a lunatic.

Larry was in a private room at an exclusive East Side hospital, paralyzed from the waist down. His mind had accelerated in the wake of the accident, in search of guilt. Because his heart had cursed his dead friend for having driven him into a land where he would never walk again, he blamed himself for treason. After all, Bob was dead.

There were flowers and persimmons and history texts in the room he had occupied for two months now. Laurie began visiting him every day after school, coming at five and staying until eight, if he was not too tired. His parents had come up from Dallas, for it would be a long while before Larry would leave New York. Laurie played chess and watched television with him. He taught her to play backgammon.

At the end of spring he left the hospital and moved in with his parents. He didn't enjoy going outside because of the wheelchair; he felt that every eye in the street was on him. It was Laurie who forced him outside, against his will, against the softer urgings of his shattered parents. It was Laurie who nearly slapped the family chauffeur's face for its pitying look. She understood that she was being looked at by his parents as a saint, and she did not care. Everything rushed by, and there was no sense of planning, for she was angry all the while, angry at the way in which she was gaining his love.

He attended clinics and a famous institute for rehabilitation therapy. He had a strong desire to keep up his studies, and Laurie registered for him, went to speak to his professors and obtained permission for him to take courses without attending classes. Not once did he tell her that she was throwing her life away or that she was offering her love to a dead man; he was not so rooted in melancholy that he could not see the strength of her desire.

Ten months after the accident he was moved into a hotel near New York University, and Laurie took an adjacent suite. She transferred from Barnard to NYU. She took him to all his classes; she looked after him all day. There was a practical nurse who visited daily. Naturally, Larry's parents paid all bills, and they were furious, furious without sham, when she refused presents for herself. They loved her for her love of their son, and they insisted on some form of repayment. After a while, she ceased to refuse their gifts.

Larry's love for her was like a child's, awesome, encompassing, inexpressible, but with a horrible thwarted urge to protect and cherish. Laurie never graduated. When Larry was through with school, they were married in Dallas. Laurie's parents showed careful smiles. They had not understood any part of Laurie's zeal for the paralyzed boy, but a long time had passed, and they had a sense of some extraordinary feeling beyond their ken.

At the small, private ceremony they were made uncomfortable by the sight of Laurie standing in a plain white dress beside the beautiful boy in the chair. They felt that Laurie was being inducted into a circle that would somehow exclude them; a circle of pain and power. But the shut-eyed kiss, to which Laurie bent slightly and eagerly, that ended the ceremony was like a song whistled out of a sudden lifting of wind on the stillest of days. There was no stronger kiss in the world at that moment, no love greater, for all its flaws.

Larry and Laurie were installed in a twelve-room house in a suburb of New York. Friends came to call, and after the looks of pity shifted to indifference they began to return those calls. Larry began to write books on American history, and some of them sold well. He was invited to appear on TV talk shows. His interests were Laurie's interests, and when they dined alone in their elegant dining room, flanked by an enormous fireplace and a wall of glass drawing in the night, his beautiful face looked on her with attentive regard. She was content.

What remained to fester was not the fact of virginity or horror of dead limbs, but the knowledge—a specter rising out of the depths of her soul—that had Larry been whole she would never have had the opportunity to prove the depth of her love and he, of course, would never have given himself over so completely to that love.

ON THE COVER

Meet the President's daughter and our new columnist, Susan Ford. Like many of you, Susan's excited about her upcoming prom (see her column, page 31). For our cover, she wears a Victorian-style dress (full-length photo, page 111) by Barbara Quincy for Murray Hamburger; $65. Catherine Stein earrings.

SEVENTEEN's crew, who went to the White House to photograph Susan, found her totally at ease in front of the cameras. Says New York makeup artist Sara Bandy, on hand to highlight Susan's natural good looks: "She has a flawless complexion—the type of skin that looks great with or without makeup. Best of all, she has a warm, radiant smile." Cover photographer: Steen Svensson.

WHERE TO BUY...

the fashions and accessories on our cover and pages 111-115, 120-125, 142-147. For additional stores in your city with Prom-going fashions, see page 158. For additional stores featuring our Super Natural Spring looks see page 152

Cover and Page 111

Barbara Quincy for Murray Hamburger polyester and cotton floral dress, sizes 5-13: Lord & Taylor, New York; Frankie Welch, Alexandria; The Union, Columbus; Myers Bros., Springfield; Sakowitz, Dallas.

Cathy & Marsha for Catherine Stein plastic earrings, $4, and satin bangles, each $2.50: Saks Fifth Avenue, New York.

Pages 112-113

Nadine Formals red dotted swiss with eyelet jacket, sizes 3-15: Jordan Marsh, Boston; Abdalla's, Opelousas; The Fashion, Monroe; Sakowitz, Dallas; The Colony, San Leandro.

Party Dress red dotted pinafore, sizes 3-13: Jordan Marsh Boston; Pomeroy's, Harrisburg; The Union, Columbus; Myers Bros., Springfield; Abdalla's, Opelousas.

Trivia white eyelet dress, sizes 3-13: Macy's, New York; Jordan Marsh, Boston; Frankie Welch, Alexandria; Watson's, Knoxville.

Barbara Quincy for Murray Hamburger green-checked dotted swiss, sizes 5-13: Lord & Taylor, New York; Leggett, Lynchburg; Frankie Welch, Alexandria; The Union, Columbus; Bacon's, Louisville; Watson's, Knoxville; Myers Bros., Springfield; Robeson's, Champaign.

Pages 114-115

Barbara Quincy for Murray Hamburger polyester and cotton peasant look dress, sizes 5-13: Wm. F. Gable, Altoona; Frankie Welch, Alexandria; Abdalla's, Opelousas; The Fashion, Monroe; Roland's, Bloomington; Myers Bros., Springfield; The Colony, San Leandro.

Miss Rita of California floral voile, sizes 3-13: Pomeroy's, Harrisburg; The Union, Columbus; Abdalla's, Opelousas; Myers Bros., Springfield.

Pages 120-121

Denise Designs smock and yoke-front skirt, sizes 3/4-13/14: Daniel's Den, Augusta; Belk-Beck, Burlington.

Cathy & Marsha for Catherine Stein jute obi, $6: Saks Fifth Avenue, New York.

Robert Zentall marbleized olive bracelet, $10: Bonwit Teller, New York.

Happy Legs side-slit topper and skirt, sizes 5-13: Bloomingdale's, New York; Belk-Beck, Burlington; Matthews-Belk, Gastonia.

Lids by Magpies brimmer, $8: Macy's, New York.

Trousers Up mint green dress, sizes 5-13: Bergdorf Goodman, New York; Bullock's, all stores.

Jacques Cohen espadrilles, $15: Miller Eye, New York.

Trousers Up yellow dress, sizes 5-13: Bergdorf Goodman, New York; Bullock's, all stores.

Pages 122-123

Renee Tener for Outlander white knit top, sizes S-M-L: Ann Taylor, New York; Bullock's, all stores.

Vivian Wang for Pranx striped skirt, sizes 5-13: Bloomingdale's, New York.

Glenora blue knit T-shirt, sizes S-M-L, and dirndl skirt, sizes 5-13: Benoit's, Portland; The Hecht Co., Washington, D.C.; Roland's, Bloomington; Foley's, Houston.

Cathy & Marsha for Catherine Stein wood bangles, each $3: I. Miller General Store, New York.

Famolare sandals, $30: Joseph's, Chicago.

Happy Legs wrap skirt, sizes 5-13: Bloomingdale's, New York; Floradora Shoppe, Morgantown.

Jasmine Teas turquoise T-shirt, sizes S-M-L: Bloomingdale's, New York (available at the end of April); Debbi's, La Jolla; Liberty House, Honolulu.

Red Cobra by Frank Giordano straw hat, $10: Bonwit Teller, New York.

Stuffed Shirt peach shirt, sizes 5-15: Floradora Shoppe, Morgantown; Higbee's, Cleveland; Wormser's, Lafayette; Liberty House, Honolulu.

Nitya for India Emporium drawstring pants and green cotton shirt, sizes S-M-L: Macy's, New York; Belk, Charlotte; Bullock's, all stores.

Vivian Wang for Pranx striped pants, sizes 5-13: Bloomingdale's, New York.

Pages 124-125

Classic of Boston tan shorts, sizes 5-15: Bloomingdale's, New York; Brooks, Summit; Scarbrough's, Austin; Bullock's, all stores.

Bee Wear scenic T-shirt, sizes S-M-L: Dick Schulman, Canton.

Red Cobra by Frank Giordano crew cap, $10: His Girl, all stores.

Ruby-T "escargots" T-shirt, sizes S-M-L: Sportique, New York; Colony Shop, Bowie; Belk-Beck, Burlington; Boston Store, Fort Smith; Mister R, Manitowoc.

Landlubber off-white pants, sizes 3-13: Wrangler Wranch, New York; Benoit's, Portland; The Place, Trenton; Colony Shop, Bowie; Belk-Simpson, Greenville; Rich's, Atlanta.

Ruby-T "Petits pois" T-shirt, sizes S-M-L: Sportique, New York; Colony Shop, Bowie; Belk-Beck, Burlington; Matthews-Belk, Gastonia; Mister R, Manitowoc; The Bijou, Ponca City.

Stuffed Jeans sea green pants, sizes 5-15: Wormser's, Lafayette; Roland's, Bloomington; The Bijou, Ponca City; Liberty House, Honolulu.

Ruby-T "coquilles" T-shirt, sizes S-M-L: Eve Lost Boutique, New York; Colony Shop, Bowie; Belk-Beck, Burlington; Matthews-Belk, Gastonia; Boston Store, Fort Smith; Mister R, Manitowoc; The Bijou, Ponca City.

Stuffed Jeans batik shorts, sizes 5-13: Belk-Beck, Burlington; Matthews-Belk, Gastonia; Higbee's, Cleveland; Liberty House, Honolulu.

Cathy & Marsha for Catherine Stein batik visors, each $7: I. Miller General Store, New York. Baseball cap, $5: Bullock's, all stores.

Pages 142-143

Alley Cat by Betsey Johnson tennis dress, sizes 5-13: Bloomingdale's, New York; Bullock's, Westwood.

Pony leather tennis shoes, $26: Saks Fifth Avenue, New York.

The Accessories Place cotton tennis hat, $4: B. Altman, New York.

AMF Head Sportswear white "head" T-shirt, sizes S-M-L, and white tennis shorts, sizes 6-16: Abraham & Straus, Brooklyn; Head First, Vail.

Ruby-T "pro" T-shirt, sizes S-M-L: Eve Lost Boutique, New York; Colony Shop, Bowie; Mister R, Manitowoc; The Bijou, Ponca City.

Aileen terry shorts, sizes 8-18: Mister R, Manitowoc; Fantle's, Sioux Falls.

Ruby-T appliquéd T-shirt, sizes S-M-L: Eve Lost Boutique, New York; Colony Shop, Bowie; Mister R, Manitowoc.

Josephine white shorts, sizes 5-13: for stores, write Josephine, 1411 Broadway, New York 10018.

Pages 144-145

In Sportswear olive drab maillot, sizes 5-15: Macy's, New York; Colony Shop, Bowie; Matthew-Belk, Gastonia; Higbee's, Cleveland; Fantle's, Sioux Falls.

Echo cotton scarf, $5: Saks Fifth Avenue, New York.

Monika for Elon bandeau top bikini, sizes 5-13: Saks Fifth Avenue, New York; Another Me, Cincinnati.

In Sportswear yellow maillot, sizes 5-15: Colony Shop, Bowie; Matthews-Belk, Gastonia; Higbee's, Cleveland; Fantle's, Sioux Falls.

Monika for Elon ombré-striped bikini, sizes 5-13: Bergdorf Goodman, New York; Jordan Marsh, Florida; Bullock's, all stores.

Pages 146-147

Monika for Elon geometric print bikini; sizes 5-13, and matching wrap pants, sizes S-M-L: Abraham & Straus, Brooklyn.

Catalina Jrs. Liberty print bikini, sizes 5-13, and matching smock coverup, sizes S-M-L: Bergdorf Goodman, New York; Higbee's, Cleveland; Bullock's, all stores; Liberty House, Honolulu.

Keep On Sprouting

More sprouting how-tos plus recipes for the specialties on pages 134-135

sprout fried rice

Turn leftover pork, ham or chicken into an Oriental favorite the gang will love!

- 2 EGGS
- 1 TABLESPOON WATER
- 3 TABLESPOONS VEGETABLE OIL, DIVIDED
- ½ CUP SLICED GREEN ONION
- 3 CUPS COOKED RICE
- 1 CUP COOKED DICED PORK, HAM OR CHICKEN
- 3 TABLESPOONS SOY SAUCE
- 1 CUP MUNG OR LENTIL SPROUTS

Beat eggs and water in a small bowl. In a skillet, heat one tablespoon of the oil. Add eggs; scramble in a thin layer until firm. Place eggs on a plate and cut into thin shreds. In the skillet heat remaining oil; sauté green onion for one minute. Add rice. Stirring constantly, cook over high heat for three to four minutes until rice begins to brown. Add diced meat. Stir in soy sauce, then shredded eggs. Mix well; cook for one minute, then add sprouts. Stir and toss over heat for one minute. Serves four.

veggie burger

- ¼ CUP SESAME SEEDS
- 3 EGGS
- 1 TABLESPOON INSTANT MINCED ONION FLAKES
- 1½ TEASPOONS SALT
- 1½ TEASPOONS GROUND CUMIN
- ¼ TEASPOON PEPPER
- ¼ CUP FLOUR
- 1 SMALL CLOVE GARLIC, MINCED
- 1½ CUPS SHREDDED CARROTS
- 1 PKG. (10 OZ.) FROZEN CHOPPED SPINACH, THAWED AND DRAINED
- 2 CUPS FRESH MUNG BEAN SPROUTS
- 2 TABLESPOONS VEGETABLE OIL
- 5 HAMBURGER BUNS
- PLAIN YOGURT OR SOY SAUCE

In a skillet, heat sesame seeds, stirring constantly, for one minute or until seeds are toasted. In a large bowl, beat eggs; stir in the sesame seeds and the next nine ingredients. Mix well. Heat oil in a large skillet. Shape vegetable mixture into patties, each four inches across. Fry in oil for three minutes on each side, turning only once. Serve veggie burgers on buns with yogurt or soy sauce. Makes five.

tuna-sprout melt

- 1 CAN (7 OZ.) TUNA, DRAINED
- ¼ CUP MAYONNAISE
- ½ TEASPOON INSTANT MINCED ONION
- ½ TEASPOON SALT
- ⅛ TEASPOON PEPPER
- 4 SLICES CRACKED WHEAT BREAD
- ½ CUP ALFALFA SPROUTS
- 1 RIPE TOMATO, SLICED
- 4 OZ. MUENSTER CHEESE, SLICED

Using a fork, break tuna into flakes in a small bowl. Add mayonnaise, onion, salt and pepper; mix well. Spread evenly on four slices of bread. Top with alfalfa sprouts; add slices of tomato then cheese. Place open-face sandwiches under broiler for about three minutes to melt cheese. Makes four.

fruit-sprout delight

- 3 CUPS FRESH SLICED FRUIT*
- ½ CUP ALFALFA SPROUTS
- 2 TABLESPOONS SESAME SEEDS
- ½ CUP VEGETABLE OIL
- ¼ CUP LEMON JUICE
- 4 TEASPOONS HONEY
- ¼ TEASPOON SALT

Arrange fruits and sprouts on a serving dish. Heat sesame seeds in a skillet, stirring constantly, for one minute or until seeds are toasted. Sprinkle seeds over fruit and sprouts. Combine remaining ingredients in a jar with a tight-fitting lid; cover and shake until well-blended. Serve dressing with salad; refrigerate leftover dressing. Makes four servings. *What's in our salad? We chose orange sections, apple and banana slices. Use any combination of your seasonal favorites.

sprouted wheat muffins

- 1¼ CUPS FLOUR
- 2 TEASPOONS BAKING POWDER
- ½ TEASPOON SALT
- ½ TEASPOON GROUND CINNAMON
- 1 EGG
- ¼ CUP MELTED BUTTER OR MARGARINE
- ½ CUP LIGHT BROWN SUGAR, FIRMLY PACKED
- ⅓ CUP MILK
- ½ CUP WHEAT SPROUTS

Combine flour, baking powder, salt and cinnamon in a medium-size bowl; mix well. In a small bowl, beat egg slightly; add butter, sugar and milk. Make a well in the flour mixture; pour egg mixture into well. Stir just enough to moisten ingredients (about fifteen strokes): batter will still be lumpy. Add sprouts; stir twice. Fill greased muffin cups with batter until each is two-thirds full. Bake at 375°F. for twenty to twenty-five minutes or until muffin tops are brown and firm to the touch. Turn muffins out onto wire racks. Makes nine "homegrown" muffins. *Note:* Wheat sprouts in the outer crust of the muffins will be hard and crunchy. Like yours soft? First, cool muffins for twenty minutes. Wrap in a plastic bag; wait twenty minutes more before serving.

THE NATURAL ROUTE *continued from page 135*

For small seeds, like alfalfa, use the **shallow pan method.** (It works well with other varieties too.) Line the bottom of a shallow glass or ceramic dish (never metal) with a few thicknesses of moistened cheesecloth or paper towels. Spread soaked and drained seeds on the cloth in a single layer.

Use a second layer of moistened cloth on top. Every morning and night, sprinkle top cloth with just enough water to keep it wet. Don't overwater. In three days, alfalfa should be one-half inch long; uncover and expose to the light. As chlorophyll develops, alfalfa will turn green.

SHEILA CAMERA

No health food stores nearby? You can order seeds by mail: Write to F. Sadtler, Inc., Box 323, Fort Washington, Pa. 19034 for their catalog (which includes all seeds and beans mentioned here plus many more).

Want to start sprouting without scouting around? The Sprout-Ease kit contains screened lids for your jars plus mung beans, wheat and alfalfa for you to try. Send check or money order for $1.98 to Dharma Products, 6505 57th Ave. South, Seattle, Wash. 98118. Another option: the Gourmet Bean Sprouter kit—all the equipment you need and enough mung beans for three batches. From Carefree Garden Products, West Chicago, Ill. 60185; $4.

Model is wearing Simply Blue, Quiet Violet and Crystal White

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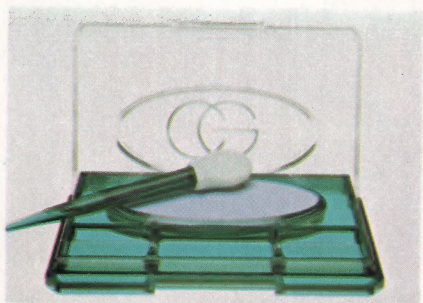

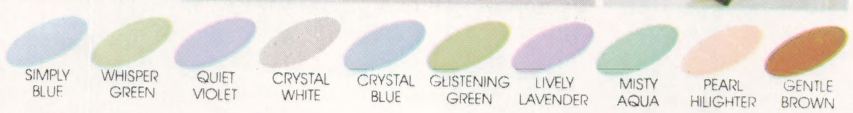

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